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Nuts

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BRITAIN'S BIGGEST SELLING MEN'S WEEKLY!

BUXOM
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PICS!



Big Boob Blowout!

No bras on Earth could hold them!

2011's coolest
new cars!



Nuts meets
Peep Show!



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When
animals
attack!



Premier
League
ponytail
crisis!

Flintoff on
the Ashes!



THIS WEEK

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IN Nuts!



CARS!

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IN THE Nuts OFFICE!



Red Stripe feed us Linford Christie's ackee and saltfish



Nuts NEWS

CAUSING TRAFFIC JAMS, EVERY WEEK

LA CAR SHOW SPECIAL!

Best bits from LA car show

The finest four-wheelers strutting their stuff across the Atlantic!

WORDS: JONNY SMITH
PHOTOS: FLY PHOTOS

It seems like only a couple of weeks ago that our motors chap was hitting up Las Vegas to take in the best the Sema car-modding show had to offer. Mostly because it was!

Well, our man had hardly unpacked his Y-fronts before we fired him off on another plane to the west coast of America to look

at more cars, this time at the Los Angeles Auto Show.

Like the Paris and Frankfurt shows before it, it's stuffed with new car launches, and even manages to squeeze in the odd modded special and movie car. And fewer frogs' legs and bratwursts. And the weather's better. Wins all round, then!

LAMBORGHINI GALLARDO LP 570-4 SPYDER PERFORMANCE 5.2-litre 562bhp engine gives 0-62 in 3.9 seconds and a 201mph max.

£190K+



£TBC

JAGUAR C-X75 A four-wheel drive electric concept that charges its batteries above 60mph using small diesel-drinking jet turbines!

NISSAN GT-R Same face (bar LEDs), more cash, but performance is up as well, with 45 more bhp and a sub-four second 0-62mph.

£70K





**THIS WAY FOR
MORE HOT CARS!**

MERCEDES CLS 63 AMG The four-door, 549bhp four-seater coupé will hit 62 in 4.3 seconds and has a top whack of 186mph.

£70K



PORSCHE CAYMAN R Hardcore special edition that's 55kg lighter than the Cayman S and boasts 0-62mph in 4.7 seconds.

£52K





£25K

SUBARU IMPREZA CONCEPT A half-handsome saloon (they call it a four-door coupé!) which will return to conquer the Rally world.



N/A

GREEN HORNET CAR The star of the new film has machine guns on the bonnet, shotguns by the lights and rocket launchers below.



£TBC

VOLVO AIR MOTION Three-seater roadster lighter than an F1 car, with compressed-air motors in place of a combustion engine.



£TBC

NISSAN ELLURE CONCEPT A futuristic hybrid, this packs a supercharged 2.5-litre four-cylinder with 25kW electric motor.



£144K

PORSCHE 911 SPEEDSTER Utterly gorgeous '50s-inspired roadster that'll hit 189.5mph and will do 62mph in 4.6 seconds.

**£TBC**

AUDI QUATTRO CONCEPT Based on the '80s classic, but the aluminium body and shortened RS5 chassis mean it'll do 155mph.

**£30K**

RANGE ROVER EVOQUE FIVE-DOOR This'll share the coupé's turbocharged power train but still be an able off-roader. Cool!

**£20K**

CHEVROLET CAMARO CONVERTIBLE Supposedly stiffer than a BMW 3-series drop-top and boasts a decent 155mph top speed.

**£TBC**

FORD FOCUS ECOBOOST RACE CONCEPT A 2011 BTCC car, this is powered by a turbocharged 2.0-litre EcoBoost engine.

**£28K**

FORD MUSTANG BOSS 302 USA's favourite muscle car boasts a special ignition key to unlock maximum hooliganism. Awesome!

FREDDIE!



Flintoff: 'England will win the Ashes!'

Cricket legend Freddie's seven reasons for optimism down under!

'KP loves playing Australia!'

"Kevin Pietersen's had a lean time of it, but he's a big-match player. He loves playing against Australia – it gets his adrenaline pumping. I know he'll be up for the challenge, which is important because England need an on-fire Pietersen if they're to win the series. He can take any game away from the opposition in an hour of brilliant batting."



PIETERSEN!

8 Nuts

'All the momentum is with us!'

"What did I think when I heard Ricky Ponting had predicted a 5-0 whitewash? I thought he was dreaming! England are the side that are in-form and winning Test series. Australia, on the other hand, look a bit vulnerable. With a settled side, and a good captain and management team behind them, I think England will be tough to beat."

'We've got a great captain!'

"The Australians will target Andrew Strauss, no doubt about that – they always try to put pressure on the England captain. But Strauss is a solid character, who'll lead from the front at the top of the order. When our backs are to the wall, he'll be a calm but tough influence on the team."



SWANNY!

'Our seam attack is better!'

"Steve Finn has come in and done great, and Stuart Broad has developed into a quality international bowler. And Jimmy Anderson is someone who can perform in any conditions. If it's swinging, he's lethal. If it's not, he's still got enough in the locker to cause batsmen problems. We've definitely got the edge in the seamer department."



'We've got Graeme Swann!'

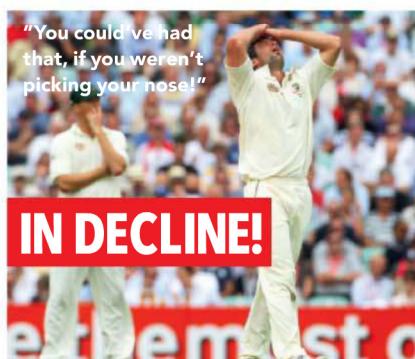
"Is there a better spinner in world cricket than Graeme Swann at the moment? I don't think so! Swanny will get a bagful of wickets, not just because he's a great bowler but because he always backs himself to do well. He won't be intimidated. You need that kind of confidence playing in Australia."

'We've got the right mentality!'

"As soon as you step off the plane in Australia, it feels like the whole country is on your back! The Aussies are fiercely proud, and so the locals and the media are in your ear from day one. It's mostly good fun, but you've got to be prepared for it. Looking through our team, we have the right sorts of people – real men who won't let all the hype get in their heads."

'The Aussies look very beatable!'

"They've lost their aura of invincibility. Any team would struggle losing greats like Warne, McGrath and Hayden. This team isn't as strong as the one of old. They used to go out and steamroller sides – maybe we can do the same to them! I predict we'll win the series by a couple of Tests!"



IN DECLINE!



"All that hard work and this is all we get!"

Nuts Ashes trivia

One cricket journalist said of the 1986-87 England team, "There are only three things wrong with this team. They can't bat, they can't bowl and they can't field." England ran out 2-1 victors!

In 311 Ashes Tests, Australia have won 126, England 97, with 88 draws. Shane Warne holds the record for the most wickets taken overall with 195. He's also claimed five wickets in an innings on 11 occasions!

The record for beers consumed by an Ashes cricketer on the flight between England and Australia is 52 – a feat performed by Aussie David Boon in 1989!

Hopefully, England will have Australia tearing their hair out – if they have any, that is! Aussie left-arm fast bowler Doug 'The Rug' Bollinger is a secret slapehead and wears a wig! Crikey mate!



Australia vs England
Wednesday, 11pm, Sky Sports 1/HD

"For God's sake,
I'm having a nap here!"

WOKEN UP!



Hippo goes mental!

Massive mammal gets angry!

WORDS: NICK WATKINS
PHOTOS: BARCHFOT MEDIA

Fun animal fact: hippos kill more humans in Africa than any other wild animal. So you have to wonder why vet Dr Markus Hofmeyr went toe-to-toe with a three-tonne male in South Africa's Kruger National Park.

The Doc was testing a new sedative on the beast when it woke up – and got a bit grumpy. By "a bit grumpy", we mean it nearly killed him!

Luckily, despite being trodden on, the vet suffered only minor injuries. Now, let him explain...



"Actually, I'm pleased you turned up – I've run out of Spam"

HUNGRY HIPPO!

"Right, that's it, sunshine – I'm having you for tea!"



"Mmm, tasty! The sauce is a bit watery, mind"



SURVIVOR!

'One bite and I'd have died'

Dr Markus tells his tale

Hi Markus! What on earth happened with this hippo?

We were testing out new drugs for hippos, but the dart didn't penetrate the skin enough so the animal didn't take in the full dose. **Then what happened?**

The hippo inhaled water and it woke him up! As he got up, he knocked me over. My colleague tried to get me away but inadvertently pulled me in front of the hippo, who stood on my leg!

Crikey! How did the weight not break it? I was lying on a sandbank when he stood on me, so my leg just sank into the sand.

What was going through your mind at that point?

I really thought that was it, because I saw him coming at me with his mouth open!

Just how close did the hippo come to biting you? His tooth did hit my leg but he didn't bite down on it. Luckily, when I fell, I sank under the water and the hippo went toward my colleague, saving my life!

How dangerous can these hippos be? They're the most dangerous large mammals because of their sharp teeth, which they use for fighting. One bite would have penetrated my whole body. They can easily shatter your bones as well!

Has this attack put you off working with hippos again? No, but we do give them additional drugs and strap their mouths shut now!

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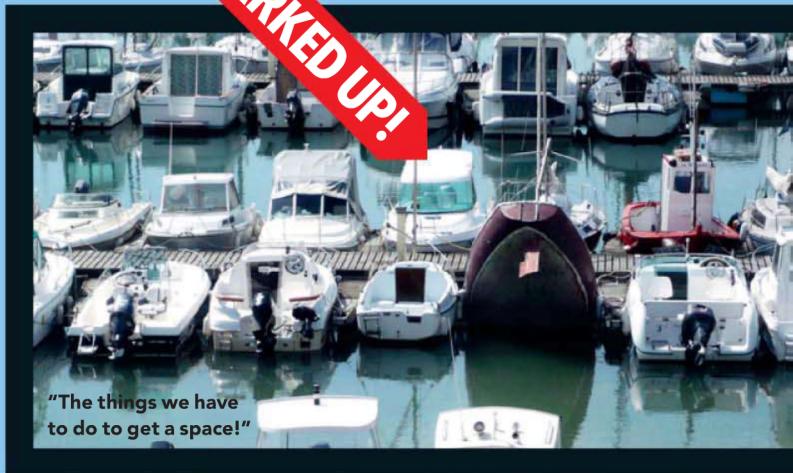
Abandon ship!

Semi-boat looks like it's sinking!

It may look like it's about to plummet to the ocean floor, but this fully working boat is actually meant to look like this – it's a work of art, you see. It's the creation of French artist Julien Berthier, who thought it would be *très bon* to slice a boat in half, then put it in the sea, to make it look like it's sinking.

Berthier cut a 6.5-metre yacht in half and added a new keel and motor, before proving it works by chugging across the Channel in the topsy-turvy vessel. Julien describes it as, "The permanent and mobile image of a wrecked ship that has become a functional and safe leisure object." But he would. He's French!

PARKED UP!



NOT SINKING!



A QUICK WORD WITH... **Al Murray**

The Guv'nor on politics, paella and fighting *The X Factor* judges

How do, Guv! It's been a while since we last had you in *Nuts*. What's new?

The big news is we said goodbye to Gordon Brown, so we're no longer living in the Brown era, though the new lot are keen to remind us we're still in the sh*t. England crashed out of the World Cup in a rubbish performance that had even James Corden lost for words (every cloud!). But the big news is that the brewery has accepted my request for a carvery, on the condition that I go on a f**king health and safety course. Christ!

What about that Icelandic volcanic ash cloud? Did smokers start lighting up again in your gaff and blame it on the cloud?

The volcanic ash cloud was the greatest health and safety fiasco in the history of Icelandic ash cloud fiascos. Clear blue skies everywhere. My pub full-to-bursting with regulars claiming to be stuck in Spain or about to catch the ferry. Fantastic!

Should the England team eat paella and grow moustaches to try to play football like Spain?

No. The Spanish scored the least goals with the least attempts on goal ever in the

history of World Cup football. Besides, the one time I ate paella, I got the sh*t. This is radical, but England need to play good football to win the World Cup.

The Apprentice is back, which means more Lord Sugar! What changes would you make if they made you a Lord? I'd fit in quite well at the House of Lords. I have a thorough grasp of common sense, I like the sound of my own voice and I love a good nap in the afternoon.

Abbey and Lisa had a fight on *The X Factor*. Who'd win a fight between you and the judges?

I'd start with some general b*tch-slapping, then escort the lovely Cheryl to safety and leave the others to fight it out.

The Pope came to visit. In what ways is running a pub similar to being the Holy Father? Aside from the obvious similarities of serving booze and bar snacks, running a pub's nothing like being the Pope. The crimes and misdemeanours of your British boozer (altering sell-by dates, watering down beer, burning pubs down for the insurance) aren't anything like the stuff the Catholics get up to. Where's Henry VIII when you need him?

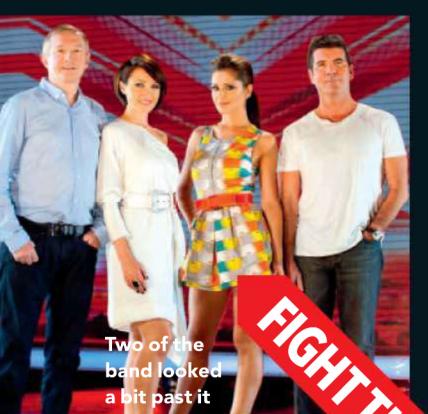
The Lib Dems and Tories got into power by joining forces. Who would you collaborate with?

No one. The British are naturals at world domination. We've never had a Hitler, Napoleon or a Stalin. We don't need short, maladjusted gits in uniform telling us to do it.

"I downed that Vimto far too quickly!"



INTERVIEW: RICH PELLEY PHOTOS: CAMERA PRESS



Two of the band looked a bit past it

The Pub Landlord's Great British Pub Quiz Book and his DVD Barrel Of Fun are out now.

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Jump in.

**Kayla Collins**

In a saucy video

Kayla's *I'm A Celeb* plan is the classic "keep your head down and take lots of showers" which, in fairness, worked for Myleene Klass and Gemma Atkinson. And Joe Swash, too, weirdly.

**Katie Green**

In her 2010 calendar

With Lembit Opik safely locked up in an Aussie jungle, Katie deemed it safe to disrobe for her 2010 calendar. So we get to look at Katie while he munches on kangaroo balls. We win!

RUDE NEWS

A veritable Cornish flood of booby beauties!

**Katy Perry**

At Victoria's Secret show

Not happy with just the 152 models shimmying down the catwalk in their pants, Victoria's Secret also threw Katy on. In that dress! Our eyeballs literally jumped out and high-fived us!

**Natalie Portman**

In Your Highness trailer

The trailer for comic flick *Your Highness* chugs along nicely, with silliness, swearing and then sweetJesuswouldyalookatthat! Natalie Portman's perfect bum. The *Nuts* pre-order is already in!



Adriana Lima

At Victoria's Secret show

The Victoria's Secret chaps must have the best contacts book in the world, as they managed to find 152 models for their catwalk show. 152! We haven't even got that many Facebook friends!



Chloe Saxon

In Nuts photo shoot

Chloe's bagged a starring role in the new Roll Deep music vid as a saucy copper. By saucy, we mean she's in a sexy uniform, not covered in ketchup. That'd be a *whole* different video!

NEWS FLASH!... NEWS FLASH!... NEWS FLASH!... NEWS FLASH!... NEWS FLASH!...

NEWS FLASH!... NEWS FLASH!... NEWS



Nuts news flash!

Emma Glover on the Royal Wedding!

"I'm sad Wills didn't marry me - as an Essex girl, I could've taught him lots about culture in today's society. But it's a good excuse for a party!"

THE Nuts LIP-READER!

When he watches a match, he sees every word!

John Cassidy is a **real** lip-reading expert. And an FA coach!



Frederic Piquionne:
"Ref! Ref! It's handball!"



Scott Parker: "It hit his hand!
Just ask your linesman!"

WEST HAM VS BLACKPOOL Upton Park, Sat 13 Nov, 3.47pm The Hammers players plead for a penalty after an apparent handball.



Ben Foster: "Too f**king easy!"

ENGLAND VS FRANCE Wembley, Wed 17 Nov, 8.17pm Foster vents his frustration after France waltz through the defence for the opener.

Joleon Lescott:
"Rio, get inside!"



ENGLAND VS FRANCE 8.42pm The England centre-back makes some tactical adjustments after pulling off a last-ditch interception.

TO CONTACT THE LIP-READER, WRITE TO: JOHNINYRCASS@HOTMAIL.COM



Paul Robinson: "What
the f**k have you done?"

SPURS VS BLACKBURN White Hart Lane, Sat 13 Nov, 4.25pm The Rovers keeper lays into Gael Givet after his error gifts Spurs a third.



Steve Bruce: "Who? Tell me!
Ah, my arse! My f**king arse!"

CHELSEA VS SUNDERLAND Stamford Bridge, Sun 14 Nov, 4.51pm Bruce goes potty at the fourth official after Ivanovic escapes a red.

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JOHNNY VAUGHAN, CAPITAL FM

“GRIPPING...IT WOULD BE A CRIME TO MISS IT” 9/10

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DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com

'My arm looked like this for a week and a half!'

Superbike racer's crash causes carnage!

We're coming to that time of year when we discover who'll bag the £1,000 prize for the goriest injury! A late contender is Tom Grant, a pro superbike rider from York.

Tom, 22, tells *Nuts*, "I was racing at Knockhill when I got sideswiped by an unmanned bike, causing massive swelling to my right forearm. I was taken straight to hospital and the wound was left open for a week and a half, followed by two months of skin grafts.

"The arm is fine now, but I'm always being asked how I got my gnarly scar!"



Wait till
you see
my leg!"

HE'S OK NOW!

"Just a few shavings
please – and extra
chilli sauce"



TO THE BONE!

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Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com

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Nuts GEAR

The Beosound 8 has manual room adaptation, to suit room shapes



£895

Bang & Olufsen Beosound 8

www.bang-olufsen.com

Nuts says: Iconic-looking iPhone/iPod/iPad dock from the Danish audio chaps. True to form, it's amazing-looking, sounds terrific and is way too expensive.



£520

Acer Liquid E Ferrari mobile

mobile.acer.com

Nuts says: Special edition "prancing horse" mobile that, alongside smartphone insides (Android OS, high-def video, GPS), has over 1,000 exclusive, pre-loaded images of super-rare Ferrari media content.

Sony Bloggie Touch

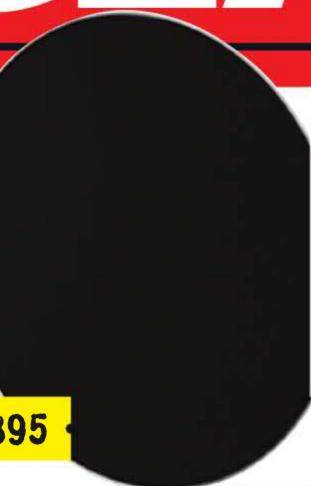
www.sony.co.uk

Nuts says: Another great HD-shooting handycam. This shoots HD movies onto 8GB of internal memory, plus 12.8MP stills, all organised via the 3in touch screen and downloaded to PC with a built-in USB arm.



£220

The Bloggie can shoot 360-degree video panoramas



£400

Beats Pro by Dr Dre

beatsbydr.com

Nuts says: Newest version of the footballers' headphones of choice, these are hewn from lightweight aluminium with all-metal hinges for hardiness, while flip-up ear cups aid DJ madness. Plus the huge bass, of course.

Check out more reviews at www.nuts.co.uk/reviews

Nuts EXCLUSIVE!

Forces sweethearts: topless!

Exclusive booby snaps from the Hot Shots calendar!

We don't usually feature one calendar three times in *Nuts*, but for the Hot Shots effort, we'll make an exception! First, the chaps invited us down to the shoot itself for a behind-the-scenes looksie. Story one!

Then we nabbed the shots themselves. Story two! And now, we've got exclusive topless pics of the ladies involved. Story three! The calendar's resolutely "boobs in", so this is the only place you'll see these delightful snaps. And it's in aid of the Help For Heroes charity, so simply by looking, you're doing a good deed!

WORDS: RORY BUCKERIDGE

Buy the calendar for £9.99 from www.hotshotscalendar.com

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YOUR LETTERS!

Send 'em in and make us laugh!

Send your Letters to nutsletters@ipcmedia.com or to the address on p74

S'only Eriksson

Dear Nuts,
We're a Take That tribute act called Take That Again. When performing in Leicester, some bloke called Sven said he'd heard Robbie was back in the band and asked if he could join us...

Alfie White, via email

Well, it's always good to have someone in the band who can get the ladies, isn't it?

"Hi lads, fancy playing for Leicester at the weekend?"



Savage wit

Dear Nuts,
The recent Twitter banter between Rio Ferdinand and Robbie Savage has been so funny, it inspired me to draw these caricatures.

Daniel Price, South Wales

We've said it before, and we'll say it again – our readers are an extremely talented bunch!

LETTER
OF THE
WEEK!



*EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 74 APPLY

CAMERAPHONE CUTIES!

Sexy snap-happy babes!

ONLY IN
Nuts!

"What do you think, guys?"

Mallissa, Cardiff

"Sorry about the glaring screen!"

Louise, via text

Send us your pics!

Text 'Nuts' and your sexy camera-phone pic to **0771 388 8008***

Howard I look?

Dear Nuts,
This is me in my Nuts combo. Not bad for a 31-year-old, eh?

Gemma Howard, via email

Gemma, 31's our favourite age!
At least, it is now!



Corps blimey

Dear Nuts,
One of the great pleasures of life in the US Marines is our weekly "Nuts run". Sometimes it tires me out, though...

Cpl Isaac Bates, US Marine Corps, Afghanistan

Isaac, we officially declare you chief of "Team Nuts US", our army of American fans.

"I'm just keeping my thumbs warm!"

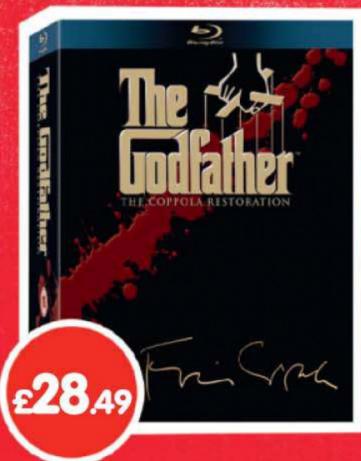
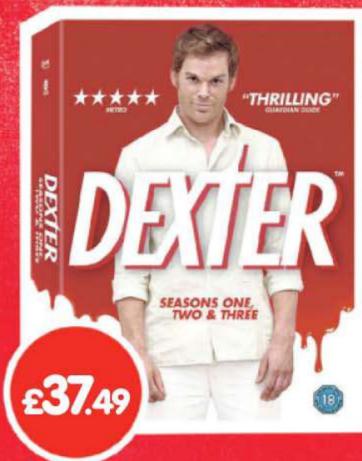


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SHORT JOKES!

My girlfriend dated a clown before we were together

I've got some pretty big shoes to fill!

Alan, Surrey

I was playing football with Jesus the other day when he swung a cross into the box. The back four were impaled

Brandon, Leicester

Have you heard about the guy selling lions? He's doing a roaring trade

Danny, Stoke

A woman has been attacked by a load of mime artists. The acts they performed were unspeakable

Francis, via email



JOKE OF THE WEEK!

Star signing

Two blokes are in their local boozer having a pint when Emile Heskey walks in. One of the blokes goes over to ask for an autograph, but he comes back to the table with a disappointed look on his face. His mate asks, "Well? What did he say?" To which he replies, "No luck. He says he doesn't see Gerrard much any more."

Craig, Wolverhampton

Blonde hike

Three blondes are hiking through a forest when they come across some tracks. The first blonde says to her friends, "They must be wolf tracks."

The second disagrees. "They look more like bear tracks to me," she says.

The third blonde says, "No, they're lion tracks!"

They've been arguing like this for ten minutes when a train hits them.

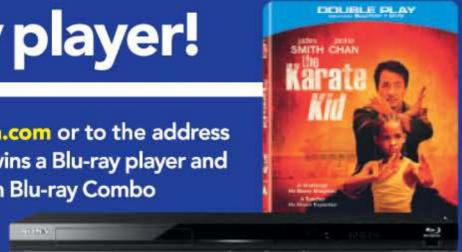
Tony Foster, Sunderland



"Right, send Mr Terry in"

Win a Blu-ray player!

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YOUR JOKES CTD...

Driven mad

Daft Darren is driving along the road, swerving all over the place. He passes a policeman who decides to pull him over. The copper approaches the car and says, "Excuse me, sir, can you tell me why you're driving so carelessly?"

Darren replies, "Yeah, the trees in the road keep getting in my way."

The policeman sighs, "Those are your air fresheners, sir." *Simon, via email*



"Clear off, pig"
"Shut up, cat"

A stalk tale

A young boy comes home from school and asks his father, "Where do I come from, dad?"

The dad takes a deep breath, sits his son down and explains all about the birds and bees. He spends the next hour going through books and diagrams until he thinks he's just about covered it. Finally, he asks the boy, "What made you ask that question, son?"

The boy replies, "Well, there's a new boy in our class and he said he comes from Manchester."

Joe Hamilton, Preston

30 Nuts

FAMOUS BLOKES' JOKES!



JIMMY CARR:

"I think Jeremy Kyle invented DNA as a way to get people to come back after the break!"



MICHAEL McINTYRE:

"People wear designer clothes to show that they can afford to wear them. They should just wear a T-shirt with a photocopy of their most recent bank statement on it!"



ED BYRNE:

"What's all the hype about the royal family visiting and shaking hands with Aids victims? Freddie Mercury used to f*k them!"**

JASON MANFORD:

"My nan has watched so much CSI, I'm sure she could commit a murder and get away with it"

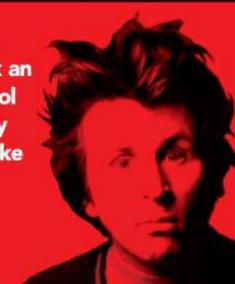


ALAN CARR:

"I've started cycling and people pretend they don't see you. I've got a red hat on, orange jacket and yellow trousers. What do they think is cutting them up, a f*king Solero?"**

MILTON JONES:

"When I was younger I took an apple tart to Leeds, Liverpool and Reading. All because my maths teacher told me to take pie to three dismal places"

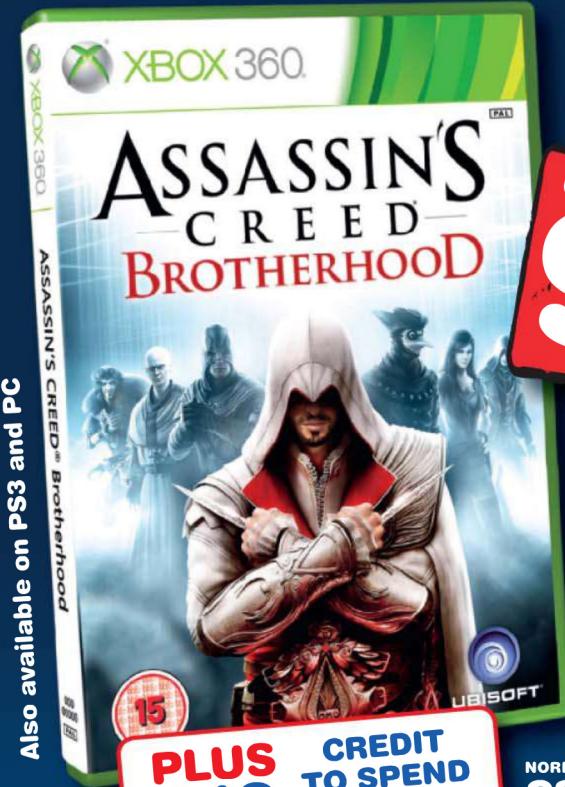


SEAN LOCK:

"Science was badly taught at my school. The only thing I learnt was how to say 'f*k off' using chemical symbols"**



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IN A WOOD!



SAMANTHA-JANE 20, from South Wales
"What a pretty little... stream!"

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WEEK'S
£100
WINNER!

IN THE SNOW!

CHARLEY 20, from Surrey
"Mum said that I shouldn't pop out without my coat on!"



OUT AND ABOUT!

AXA 25, from Leigh
"Here I am at my local garden centre!"

AT WORK!

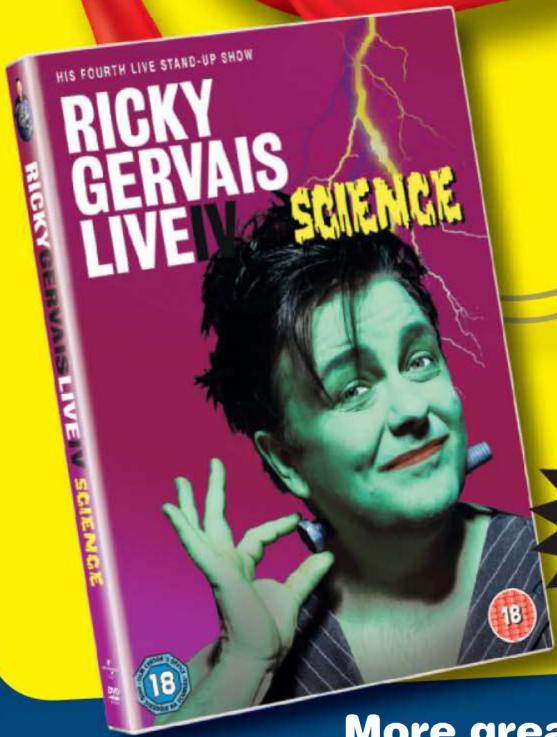


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JESS 22, from Manchester
"I thought I'd give all the fellas a lift!"

Christmas wrapped up for less



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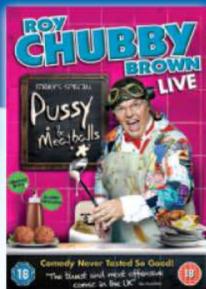
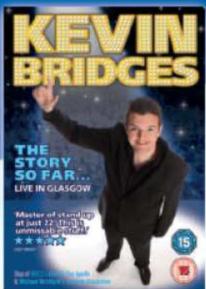
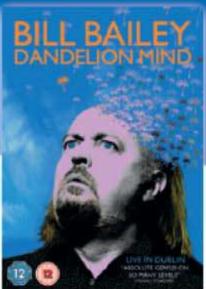
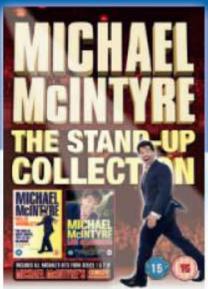
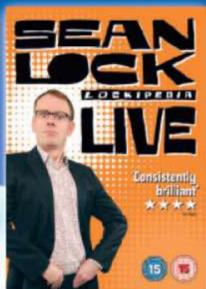
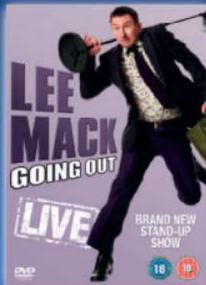
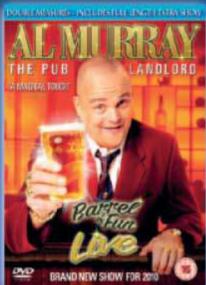
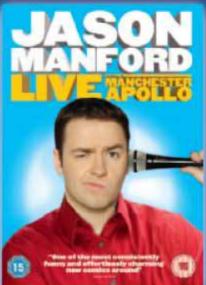
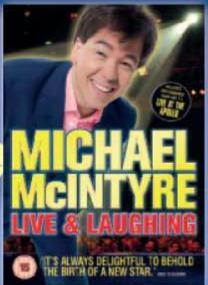
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0771 388 8008 (texts are free
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"We thought we'd tin-foil our mate's house!
He had a nice surprise!" **Anon, via text**

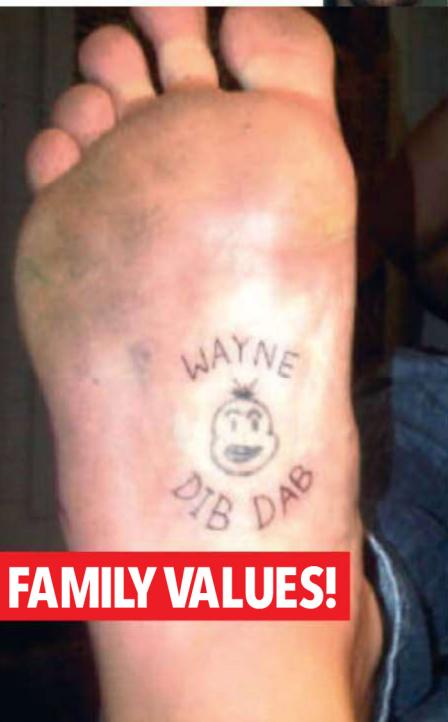
FOILED AGAIN!



"I saw this in Tesco. Great offer, eh?"
Alan Caldwell, Glasgow



"It's my brother's nickname
– he's 'Wayne Dib Dab' as he
looks like Rooney and sells
sweets!" **Liam Wood, Kent**



"This is what happens when your girlfriend
butters your bread!" **Joe Nichols, via text**



"Moved out of the missus' into my own gaff
– big shop, done!" **Jack Lightfoot, London**



"Sorry to whoever owns this van, but I'm
a very childish man!" **Anon, via text**



"It's a bit windy round my neck of the
woods!" **Mark, Worcester**

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THE TRUTH ABOUT SEX WITH... ROSIE JONES!

Nuts girls solve your bedroom bother!

Email questions to thetruth_sex@ipcmedia.com



IN OUR OFFICE!

She loves noise

My girlfriend is always on at me to "make a bit of noise" when we're in bed. Exactly what kind of noise does she mean? I have to admit, I'm a bit confused!

Gareth, Coventry

That's a difficult question to answer without actually being there, but noises should come naturally! Maybe you're being too quiet in bed. You don't have to do grunting or anything, but maybe start off with a little bit of vocal encouragement, just so she knows you appreciate what she's doing. Then decide how far you want to take it. Grrrr!

Her saucy finger

My other half slipped a finger up my bum when we were messing around last week – and I liked it! She's suggested getting in some sex toys now. Good idea?

Barry, Liverpool

If you like it and she's willing to do that for you, then you should take the opportunity because a lot of girls wouldn't be willing! You should definitely take a trip to Ann Summers together soon, and treat your girlfriend to something while you're there!

Is it disgusting?

Whenever I'm having sex with my missus, she likes me to "evacuate the troops" on her face at the end, but I find it disgusting. What should I do?

Andy, Telford

I love this! Most boys like it, don't they? But if it's not for you, I think you just need to be honest with her. Don't say outright that you don't like it, but just say you prefer other places!

Nuts BABES' SEX TIPS!

No.30: "Ladies, when giving your fella 'the orals', keep eye contact with him throughout! He'll love it!" **Daisy Watts**



Is ex-sex OK?

I keep meeting up with my ex for sex, and now I want more. Is she going to ditch me again?

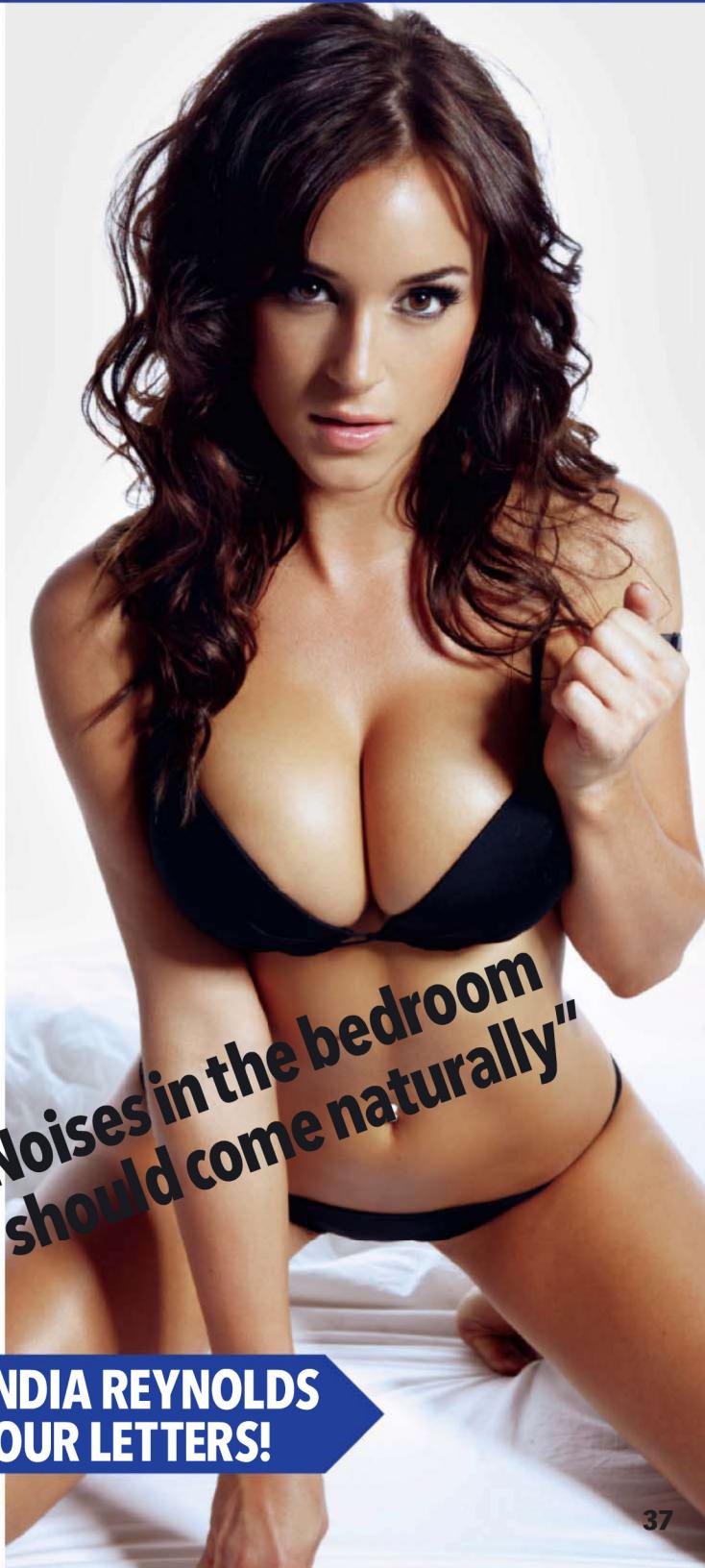
Robbie, London

This is difficult. I don't think anyone should meet up with their ex for sex because one person is always going to end up with more feelings than the other, and someone always gets strung along. You should tell her how you feel, and if she doesn't feel the same way, then get out of it before you end up really hurt.



NEXT TIME: INDIA REYNOLDS ANSWERS YOUR LETTERS!

"Noises in the bedroom should come naturally"





1 Hi David! It's time to find out how much you know about Robert. First, when's his birthday? It's 29 September 1972.

Correct!

2 What was odd about the barmen you played in 2001's *That Mitchell And Webb Situation on Living TV*?

We'd pretend someone had something on their shoes by going, "Click, squelch, click, squelch!" onomatopoeically.

Correct!

3 Why was Robert very surprised to see his penis in the 2006 film *Confetti*?

Because he'd been assured it would be pixelated out.

Correct!

4 What colour tie did Rob wear when he presented *Have I Got News For You* in April 2010?

Green?

Wrong! No tie!

That's a trick question! Unfair.

5 Who were the runners-up in 2009's *Let's Dance For Comic Relief*, which Robert won with his performance of *Flashdance*? Paddy McGuinness and the Bo! Selecta guy. He did a lot of work in the late '80s in front of a mirror in his bedroom, I reckon.

Correct!

6 What type of animal is in the toilet roll advert Robert does the voiceover for?

It's the new name for Charmin... Cushelle. It won't be a puppy – that's Andrex. Elephant?

Wrong! It's a koala.

7 In *New Woman* magazine's Sexiest Man In The World 2006 poll, where did Rob come?

This came up on *Would I Lie To You?* I'm going to guess 84th.

Nearly. It was actually 88th. Is Robert in your top three? I don't really rank the sexiest men in the world in my head. Even if I did, Rob wouldn't be in my top three. It would hurt our working relationship.

8 Who did Robert say would win in a fight to the death between the two of you when *Nuts* interviewed you in 2007?

Easy. That'll be me. I'm proud to say it still hasn't happened.

Correct!

9 Name three bands Jeremy has been in with Super Hans. The Hair Blair Bunch. Curse These Metal Hands. And Various Artists, to p*ss off iPod owners.

Correct! You could've had Spunk Bubble, Momma's Kumquat or Coming Up For Blair.

Well, there you are, then.

10 What's Jeremy wearing in the final scene of the last episode of *Peep Show*?

His camouflage green jacket?

Wrong! His underpants.

I'd forgotten that. What an idiot!

What's in the new Peep Show?

Mark has a baby, but issues continue with Sophie and Dobby. He's working in a restaurant as he's skint. You meet his mum and dad and it ends with a Christmas and New Year's episode.

Thanks, David. You got six right.
I knew I'd do well!

The new series of *Peep Show* starts on Friday 26 November at 10pm on Channel 4

SCORE:
6/10

INTERVIEW: RICH PELLEY
PHOTOS: VERA PRESS/PAUL STEWART

ND MFRB

Well they know each other!



1 Hi Robert! OK, here are some questions about David.

First up, when's his birthday?

14 July 1974. We do remember each other's birthdays. It's like being married. But we don't sleep together or share a house with a chimney with smoke coming out of it living happily ever after. **Correct!**

2 What did David want to be when he was growing up?

An evil emperor of the universe, although I believe he'd have settled for Prime Minister.

Correct!

3 What was odd about David's shop in *That Mitchell And Webb Sound* on Radio 4?

It had a "stargate" in it, which people used to wee out of and put their rubbish through. **Correct!**

4 Name David's character's assistant in *Magicians*?

Ah, f**k. This is bad.

You were also in *Magicians*.

Bernard?

Wrong! Linda.

5 Name the dog David voices in the FRANK advert?

Morris? Dwane? Lars? Fabio? Bernard The Drugs Mule?

Wrong. Pablo The Drug Mule.

Pablo. That does ring a bell. I haven't been keeping up with David's Pablo-based work.

6 Name the only two CDs David owns.

No Jacket Required by Phil Collins. And *The Best Of Phil Collins* by Phil "No Jacket Required" Collins? No?

The Best Of Shania Twain?

In Rainbows by Radiohead?

Half a point for Collins. The other CD's actually Susan Boyle.

Who gave him that? Somebody who doesn't like him, obviously!

7 Which male comedians (other than you) did David have on his quiz *The Bubble*?

Frank Skinner. Jack Dee? Boyle, Frankie not Susan? Vic or Bob?

No! Frank Skinner, Ed Byrne, Clive Anderson, Marcus Brigstocke.

8 Who did David say would win in a fight to the death when *Nuts* spoke to you in 2007?

He probably said he'd win as he was so fat at the time he could sit on my head and crush me.

Wrong! He said you'd win.

9 What's the name of the mag Mark writes for when you visit the University of Dartmouth in *Peep Show* series two? *Outlook*? *Prospect*? *Historical Review*? *The History C**ts*? *Chatty*? *Big Tits*?

Wrong! Rhombus.

10 What's Mark wearing in the final scene of the last series of *Peep Show*?

Pale slacks and a green shirt?

Wrong! He's in his dressing gown, in the car, as Sophie drives herself to the hospital.

Oh yes. I'm just in my pants.

What can we look forward to in series seven of *Peep Show*?

Jeremy starts going out with a girl called Zara whose boyfriend gives him a job. Oh Jeremy!

Thanks, Rob. You only scored a measly 3.5 out of ten.

That's fair. If I did well in a *Nuts* quiz, that'd reflect badly on me! ■

SCORE:
3.5/10

DANGER

WHEN ANIMALS ATTACK!

You'll never visit a zoo again!



BIRD-BRAINED!



**CLUMSY CAMEL!**

Camels are famous for spitting on unsuspecting victims. This one's decided to cut out the middle man and get his target straight down his gob!

FLYING FUR!

**PECKISH PANDA!**

Two panda facts: one, they eat bamboo; two, they don't like sex. This picture's confusing as we can't tell whether the panda's horny or hungry!

**POLAR BEAR SCARE!**

You wouldn't get this in Blighty! The bear seen here chased this bloke around the truck, clawing at his head, until the chap had the good sense to get inside!

GOOSE ON THE LOOSE!

Canadian geese like this were responsible for a plane crash in New York last year, and now they've moved on to humans! Will they ever be stopped?

**SEETHING SNAKE!**

Reason No.465 why keeping a pet snake is bad for your health: eventually they'll get bored of dead mice and crickets, and go for your conk!

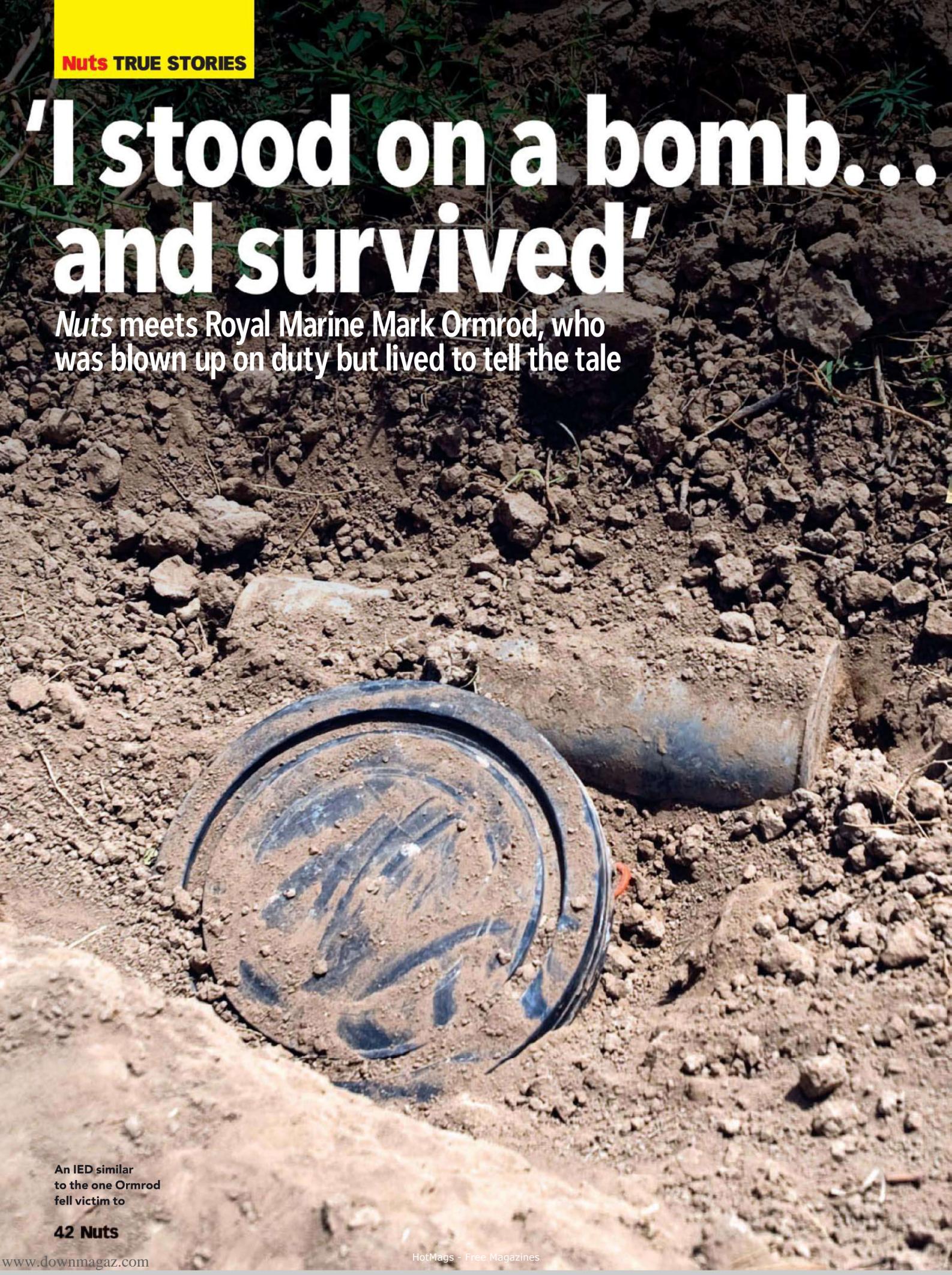
UNPLEASANT PHEASANT!

Is this woodland bird trying to attack the fella in this pic or doing some kind of mad dance routine? If it's the latter, get him on *Britain's Got Talent!* ■



'I stood on a bomb... and survived'

Nuts meets Royal Marine Mark Ormrod, who was blown up on duty but lived to tell the tale



An IED similar
to the one Ormrod
fell victim to



Royal Marine Mark Ormrod looked his comrade Sean in the eye and gave the command, "Shoot me."

He was deadly serious. Pinned to the floor in a ditch in Afghanistan and injured almost beyond recognition, he was all too aware of the enormity of his situation.

But Sean was having none of it. "No way," he snapped. "We're going to get you out of here. The helo's on its way."

In the distance, the rumble of a Chinook signalled the arrival of a MedEvac (Medical Evacuation) crew. Ormrod was going to be shipped out – but not in one piece.

Christmas Eve 2007 had started like any other day for Ormrod, a Marine from 40 Commando working out of Forward Operating Base Robinson in Southern Helmand. The plan was to head out in two sections, one to the north and one to the south, have a scout around the base for a couple of hours, then meet at the back gate. The other section were to enter the gate first and to facilitate this, Ormrod's section needed to get up on higher ground to give cover.

"I made my way up a waist-deep trench that ran across the slope of the hill opposite and into a bowl-shaped depression at the top," explains Ormrod. "The ground up there offered a commanding position. There were no signs of disturbance, no suspicious rock piles."

He stomped purposefully into the centre of the bowl, placed the lads exactly where he wanted them, got them into decent firing positions, unslung his rifle and took another step onwards.

Ormrod's full bodyweight and the 30kg of his kit sank into a layer of mud and closed the contact on the pressure plate of an IED (Improvised Explosive Device) detonator hidden beneath the soil.

"The blast wave and a cone of hot shrapnel hurled me into

the air and smashed my body to pieces," Ormrod recalls.

"The force gouged a crater out of the hill. It was measured later at eight feet deep by 15 feet across. Shrapnel tore up my back, burning the skin as it ripped my body armour clean away, along with my daysack. Weapons and ammunition were blasted in all directions."

The damage

At first, Ormrod thought someone had fired a mortar, and while his section were screaming through the dust, he tried to check for casualties. The main casualty, of course, was himself. But it took a while for him to realise.

"The state I was in started to come home to me," he says. "My left leg was gone below the knee. I could see loose, sand-covered flesh hanging where my right calf muscles once were. The stumps that were left were now throbbing like crazy, and I had the same feeling in my right arm.

"It had been

flayed open from the fold of the elbow down through the muscles on the inside of my forearm, exposing the bones. The palm of my hand was cleaved in two and I thought of that scene in *The Terminator* when Arnold Schwarzenegger cuts into his forearm and rips off his flesh like a glove."

As hard as it was for the rest of the Commandos, they couldn't run to Ormrod's aid because they now knew they were in a minefield. And neither could the Chinook perch on top of the mound for a speedy evacuation.

Painstakingly, the troops cleared a path to enable the medic from the FOB to attend to the casualty. "They put me on a canvas stretcher and as they pulled me up, I felt a fresh burst of pain rip up my right leg," recalls Ormrod. "I looked

down to see a huge muscle strand still connecting my thigh to my boot, which was on the ground and still had my foot in. I grabbed it and cradled it over my belly. I couldn't believe what I'd just done – picked up my own foot and rested it on my stomach."

Ormrod was conscious throughout the whole ordeal and half an hour after the blast, he was bundled into a Jackal All-Terrain Vehicle and pumped full of morphine.

"My condition was getting worse," he says. "I'd lost a lot of blood and my heart was struggling to pump enough to my brain. That and the morphine were making me talk garbage. The medic could see I was getting worse, and the next stages were unconsciousness and death."

Ormrod's last memory before he finally slipped into unconsciousness was the

sound of the idling Chinook as he was stretchered up the tail ramp.

He woke up in hospital on 28 December, passed out again, then

had fleeting moments of clarity before regaining full consciousness on New Year's Eve. The land mine had torn off both his legs and his right arm, but he's not a fan of self-pity.

"I now faced the greatest battle of my life – to walk again and, using bionic legs, to stand alongside my comrades to receive my campaign medal," he says. "I also wanted to dance with my new wife at my wedding in May 2009."

Mark has achieved all three of these aims, and a lot more, since. ■

"I picked up my foot and rested it on my stomach"

Man Down
by Mark
Ormrod
(Corgi,
£7.99) is
out now



BIG BOOB SPECIAL

Sophie Reade presents



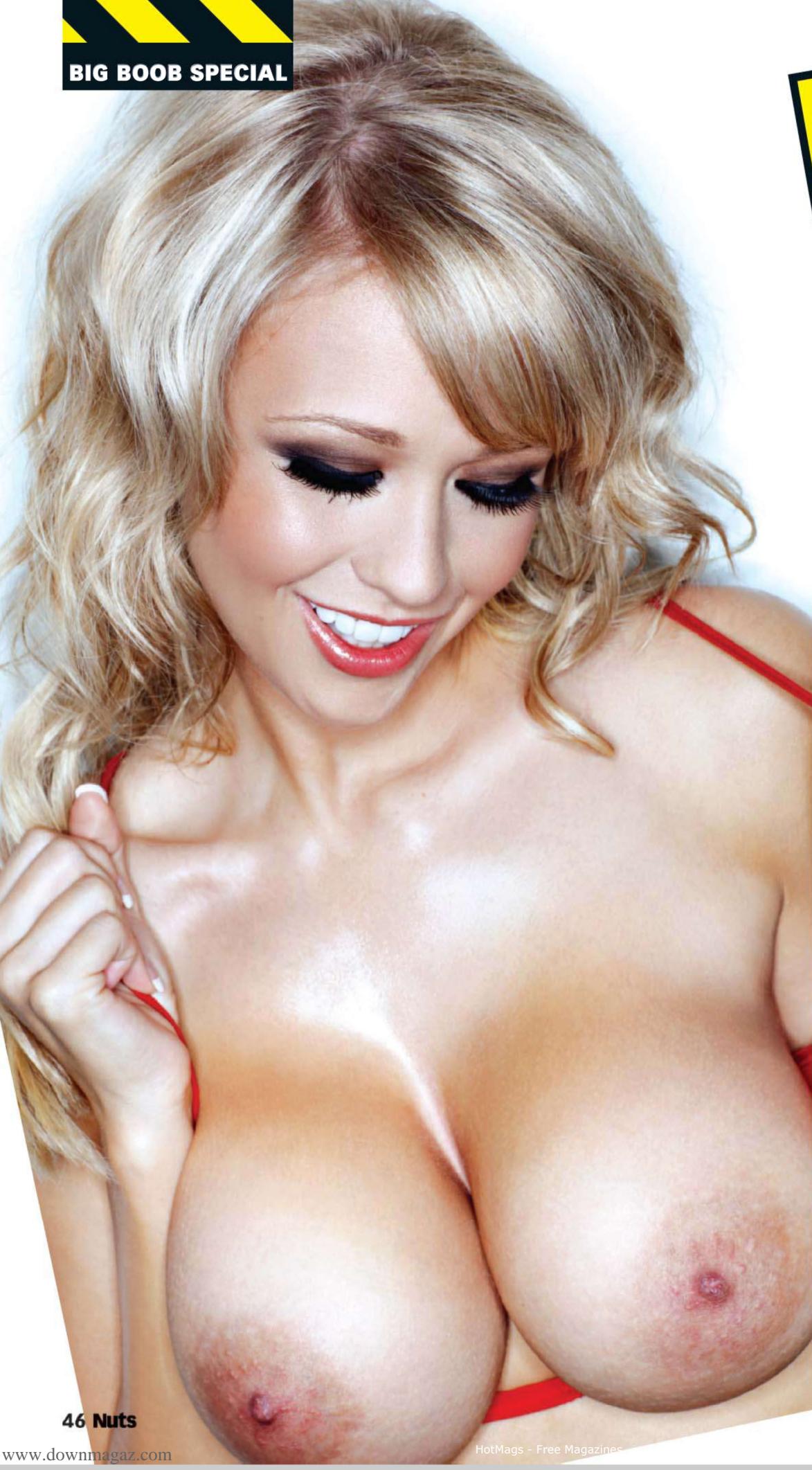
The Big Boob Blowout!

Feast your eyes on 12 pages of top-heavy goodness!



Welcome, gents, to our biggest boob-filled collection of beauties ever! We've thought long and hard about how to cram as many of our fittest ladies with the most-blessed chests as possible into one photo shoot, and here's the result. We're confident you'll like it. First up, it's the queen of boobs, Sophie Reade! ➔



**SOPHIE
READE!**

Hi Sophie! Have your boobs ever got you in trouble? No, but I think I get guys in trouble with their girlfriends on nights out! When I go out, I like to have my boobs pushed up, looking massive, and girls don't like their fellas staring!

If you could swap boobs with anyone else, who would it be?

Out of the girls on this shoot, it'd be Stacey Massey because her boobs are really perky. I've had a feel and they're nice and firm, so I could play with them a lot! All the *Nuts* girls have great boobs, though. I'd like to have any of them on my chest!

Do you have any party tricks involving your boobs? I do this thing called "hands-free drinking". I carry my handbag in one hand and my phone in the other, then just rest my glass in my boobs and drink using a straw! I can eat a banana from my cleavage, too!

Have you got a funny story about your boobs? I was in the sea on holiday and a wave tore my bikini bottoms off! As I went to tie them up, another wave hit me and my top fell off, so I was naked. It wasn't even a nudist beach, so that was pretty embarrassing!

Have you got names for your boobs? I call them Mary-Kate and Ashley because one of them's bigger than the other, and the one of the Olsen twins is taller than the other.

Do guys comment on your boobs when you're on a night out? A lot of people ask if they're real! I let girls have a squeeze if they want, so they can feel the weight of them!

Blimey! How often do you play with your boobs? All the time! I've been playing with them while I've been talking actually! It's like a bit of a habit really. They're nice and soft, so it's pretty hard to resist!

Do your boobs ever pop out when you're dancing? They have done, yeah, then I have to stuff them back in my bra. I'm always spilling drinks down my boobs when I'm out as well, so that's another excuse to give them a nice rub!

Do you compare boobs with your friends? Yeah, me and my friends are always having a squeeze of each other's to see what they feel like. I've got the biggest boobs out of all my friends though, which is good! **Which celebrity boobs would you most like to touch?** Eva Mendes' – she's got great boobs. I saw her topless in a film the other night, so I'd like to give hers a good feel!

Do your boobs get you any special perks? They get me served quicker in bars. I rest them on the bar so the barman has to come over and have a look! I get free drinks and get in places quicker as well!

If you were down to your last £10, what would you spend it on? I'd buy *Nuts*, then go to the betting shop and gamble the rest of it to try to get some more money! You can't get much with a tenner, can you?

You were on *Come Dine With Me* recently. If you could cook for anyone, who would it be? Travis McCoy. He'd be a really good guest! I cooked burger and chips last time, so I think I'd do something a bit different this time, like a Sunday roast.

What are you most looking forward to in 2011? Doing more photo shoots for *Nuts* readers, obviously. We always have loads of fun running around naked. It's great fun!

What's the best thing about being on a *Nuts* shoot? It's a great excuse to see beautiful naked girls running around all day! Stacey's so much fun. She just makes me laugh!

Thanks, Sophie! Finally, how can a guy impress you in one minute? Be funny! I don't like chat-up lines, though. A guy came up to me once and said, "I've lost my number. Can I have yours?" and I nearly fell for it before I realised it was a really bad chat-up line! →



"I was left totally naked in the sea!"



**"I play with
my boobs
every day!"**

HOLLY PEERS!

Hi Holly! If you could spy on anyone for a day, who would it be? I'd like to see what Jeremy Kyle does behind closed doors. He's always telling people how to live their lives, so it'd be good to see what he gets up to!

Which female celebrity would you like to do a photo shoot with? Katy Perry, because she's got a fantastic body! Kim Kardashian would be good as well, though. That'd be fun!

Do people comment on your boobs when you're out? I always get people asking if they're real because they can't believe the size of them!

How often do you play with your boobs? Every day! I can't help it! They do weigh quite a lot, so I feel like I have to play with them so they don't feel uncomfortable. I've been playing with them a lot today!

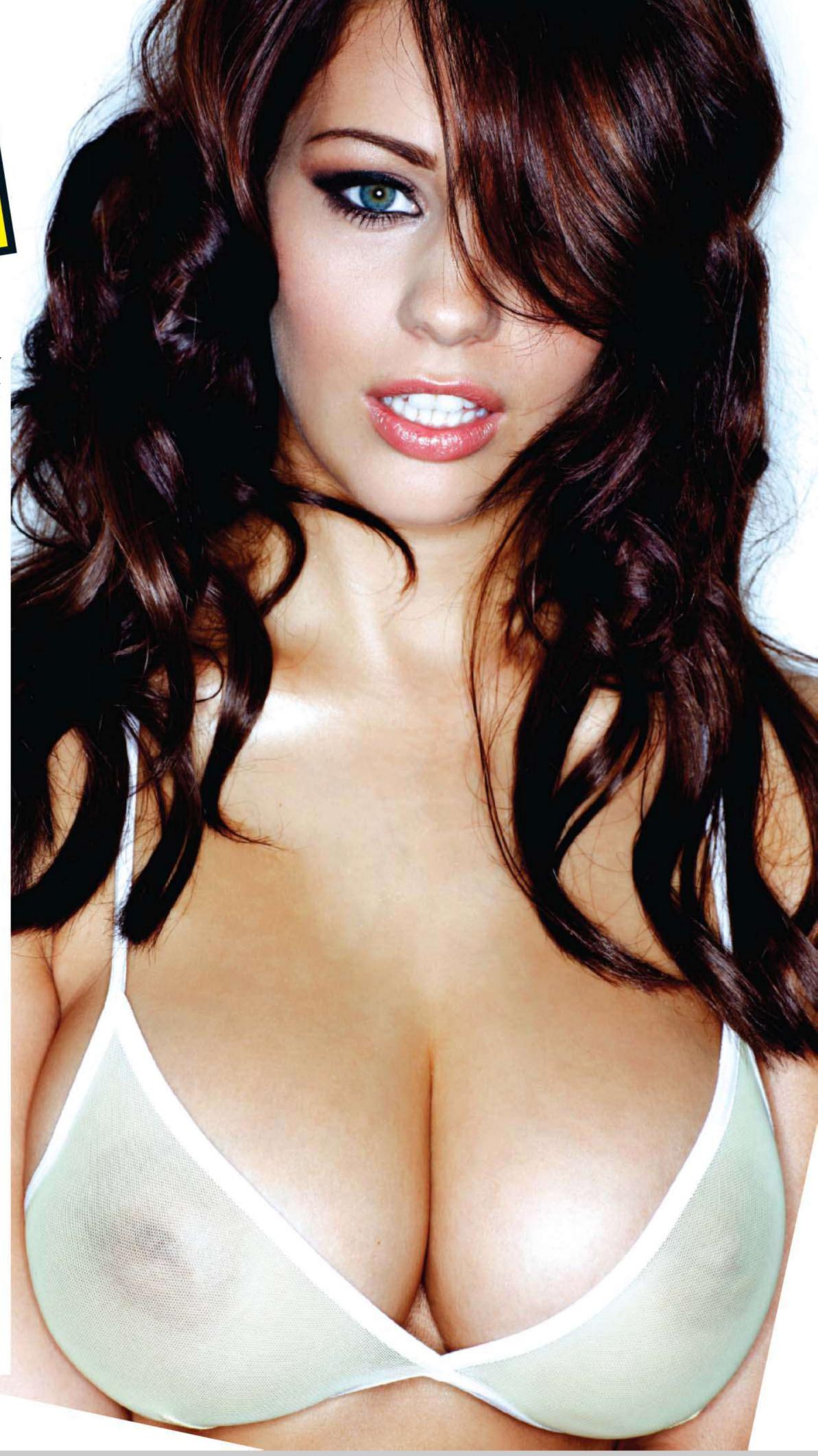
Do you have a party trick involving your boobs? It's not a trick but I've got a bad habit of resting my boobs on the table in restaurants! My friends have to remind me to take them off all the time!

Do girls look at boobs as much as blokes? Not quite as much, but girls look at them if they catch their boyfriend having a look – probably to see what they're staring at!

Do your boobs get you any perks? I get free drinks when I'm out, which is a good perk. Other than that, I don't notice any special treatment as I've had big boobs since I was 17!

Do your boobs help in the bedroom? Yeah, it gives you something to hold, doesn't it? I feel like I have to grope them as I'm telling you this! Ha-ha!

Thanks, Holly! Finally, do you have a killer outfit to show off your boobs? Yeah. I've got a tight outfit that pushes them up, so they look massive! ➤



KELLY HALL!

Hi Kelly! What have you been up to since you were last in *Nuts*? I've been partying with Stacey! That, and running around naked on a beach!

What's the sexiest thing you've done lately? I got my boobs out for a very posh art exhibition but they didn't like it much. I enjoyed it, though!

Sounds good to us! What's your favourite takeaway? A full house Domino's pizza with extra dip! If any guys want to impress, send me a pizza and you'll be in my good books!

When was the last time you got angry? I get annoyed every time West Ham lose, which is a lot at the moment!

What's the best compliment you've had about your boobs? Someone once said they wanted my boobs to stay exactly the same forever because they're the most beautiful pair he'd ever seen!

Do your boobs ever pop out when you're dancing? They don't normally fall out but my friends try to get them out!

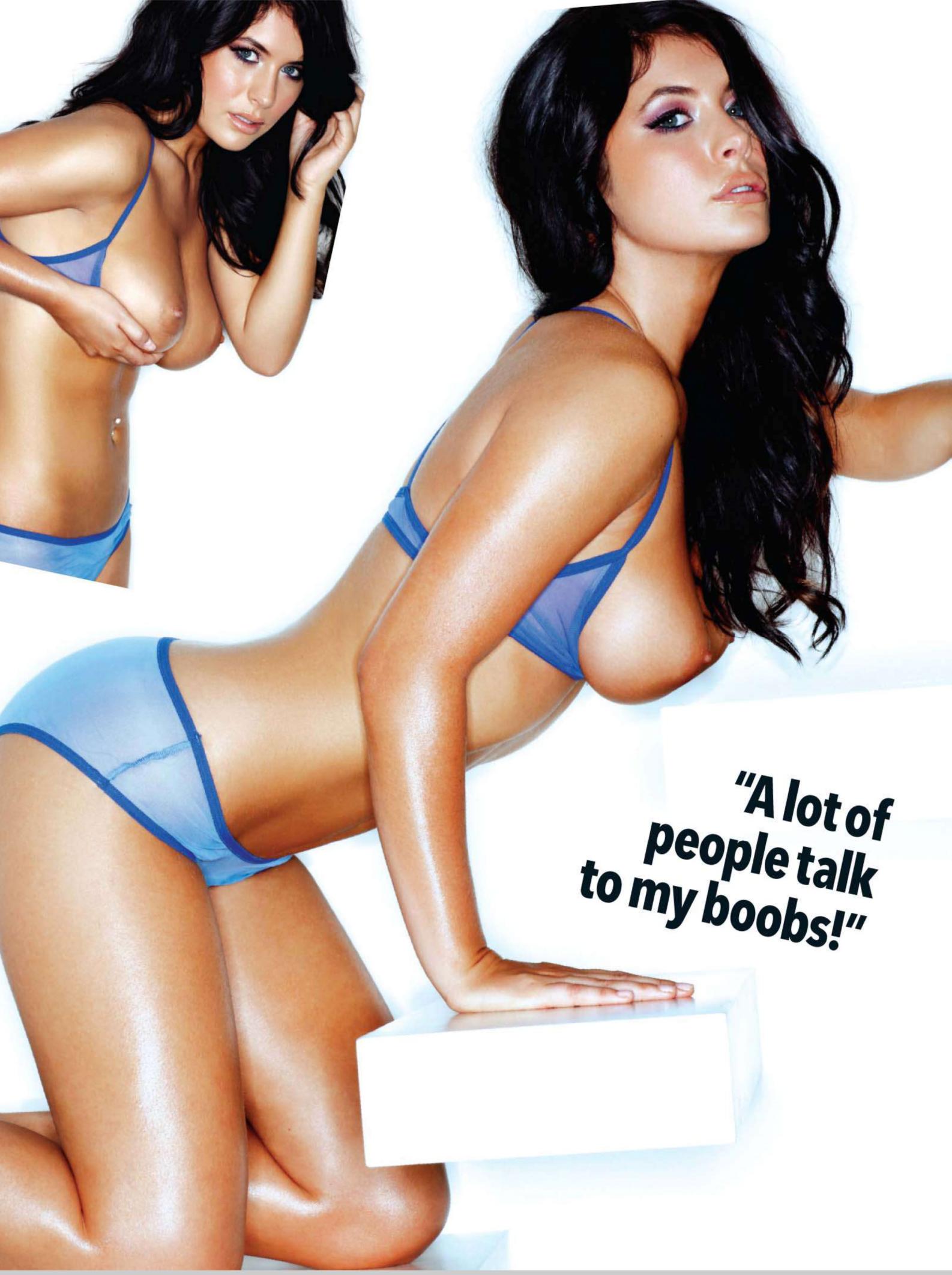
I come home with lipstick on my boobs because the girls love putting their face in there, kissing my boobs and stuff!

Which celebrity boobs would you most like to touch? Halle Berry has lovely boobs, hasn't she? She's a bit older as well, so they're good for her age. I'd love to "motorboat" them!

What's the most embarrassing wardrobe malfunction you've had? I've worn a see-through top out before and people could see my nipples but I didn't realise until I was out! I had an outfit that showed my thong once as well. That wasn't very sexy!

Thanks, Kelly! Finally, how do boobs help in the bedroom? Just use your imagination! ➤





***"A lot of
people talk
to my boobs!"***

EMMA
FRAIN!

Hi Emma! Tell Nuts a secret about yourself. When I was younger, I wanted to be a sniper! My dad used to watch loads of Army stuff on TV and I always thought snipers were cool because they never got shot! **You didn't pursue that career then?** No, my mum got me away from it! I don't think I'd be good in the Army anyway! **What's on your Christmas list?** I really want a Great Dane but I've not got anywhere to keep it. I doubt I'll get one anyway, so I'm not getting my hopes up! Lots of little surprises are always good as well, though. **What are you looking forward to in 2011?** I'm most looking forward to summer, doing more shoots for *Nuts* and my birthday! The problem is my birthday's on New Year's Eve, so everyone's having a party that day anyway and I get the rubbish presents left over from Christmas. I get lots of socks and bubble bath sets! **Have your boobs ever got you in trouble?** No, they normally get me out of trouble! If I've got them on show when we're queuing up for a club, we get in quicker! I don't flaunt them too much though because I get embarrassed! I get guys in trouble with their girlfriends if they catch them looking, but that's not really my fault! **Do your boobs ever pop out when you're dancing?** Yeah that happens more than it should! If I'm really going for it on the dancefloor, my boobs go out of control so there's not much you can do about that! **Thanks, Emma! Finally, have you got a killer outfit to show off your boobs?** I show my legs more when I'm out, so people talk to my face more.

"My boobs go out of control when I dance!"





STACEY MASSEY!

Hi Stacey! What's the best thing about being on a *Nuts* shoot? I get to look at boobs all day! We just have a laugh and play around and stuff. Kelly Hall's the joker out of us, and she lets me feel her boobs. I love her!

Do your boobs often get you in trouble? Yeah, I've got a tendency to flash my boobs when I'm out. My mum told me off for flashing recently!

Who has the biggest boobs on this shoot? Sophie's are huge, but Holly has amazing boobs as well. There are lots of nice boobs on this shoot!

Speaking of big, what's the biggest thing you've held between your boobs? Emma Glover's head! She's always putting her face in my boobs and "motorboating" them!

Do you have a party trick involving your boobs? I can down a bottle from my boobs. I'm not sure that's much of a trick, though – most girls with big boobs can do that!

Which celebrity boobs would you most like to touch? Katie Price, because I want to see what big boobs feel like after having surgery a few times!

What was the last gig you went to? I went to the Help for Heroes one in London. I was cheering for Robbie Williams and I'm not even a fan of his. The Saturdays were good – they're so hot, aren't they?

Who's your favourite? Mollie's cute but Frankie's so hot. I'd like to feel her boobs because I like small boobs on people!

Thanks, Stacey! Finally, if you were down to your last £10 what would you spend it on? If it had to last a week, I'd buy some noodles and *Nuts*, then sit around watching rubbish daytime TV with friends! ➤

BIG BOOB SPECIAL



54 Nuts

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HotMags - Free Magazines

KELLY ANDREWS!

Hi Kelly! If you could do a shoot anywhere in the world, where would it be? In Africa, with lions and tigers. That'd be cool! Might be a bit dangerous but that'd be a fun place to go!

Has anything embarrassing happened to you recently? I was doing a shoot at a club and there was a hissing sound, so the fire brigade came and evacuated us from the building. I was just stood there wearing a coat with nothing underneath. That was pretty embarrassing but I don't think the firemen minded!

Have your boobs ever got you in trouble? I was in Miami and loads of Christians came up to me on the beach and told me off for shooting topless there! It was 6am and no one was around, so I don't know why they were complaining!

Do you compare boobs with your friends? Yeah, all the time! My friends are all really pretty and have nice boobs!

Do your boobs get you any special perks? A taxi driver the other day let me off my fare because I had a low-cut top on and didn't have any money!

What's the best compliment you've had about your boobs? Someone once said

they look juicy and full. I'm not sure what blokes mean when they say juicy, though. I think he just meant they look nice!

What reaction do your boobs get from blokes? Guys tend to just stare at them! People talk to my boobs a lot, then others try really hard not to look, so they just stare at my eyes!

Thanks, Kelly! Finally, winter's coming – will you be keeping your boobs wrapped up? No! Not on nights out anyway – I'm from Liverpool after all! ■



**"The girls
love kissing
my boobs!"**

Nuts SPORT

MISSING OUT ON A TOP-FOUR SPOT, EVERY WEEK!

"Hey, Carra, does
my breath smell?"

STAR
SIGNING!

Spurs vs Liverpool

The inside track on this weekend's big game!

Van der Vaart: "Redknapp could manage England!"

Hi Rafael! How's life at Spurs going? I'm having the time of my life, I feel very blessed. It's normal for new players, especially those coming in from other countries, to take time to settle in, but I've had no difficulties at all.

People are already saying that you're the signing of the season! I can't comment on that, but of course it's nice when you do your job well. I'm just grateful to Tottenham and the manager for allowing me to come here. I needed to move on after what happened at Madrid.

You've been quite vocal in your praise for Harry Redknapp. How good is he at this management lark? He trusts the players, which

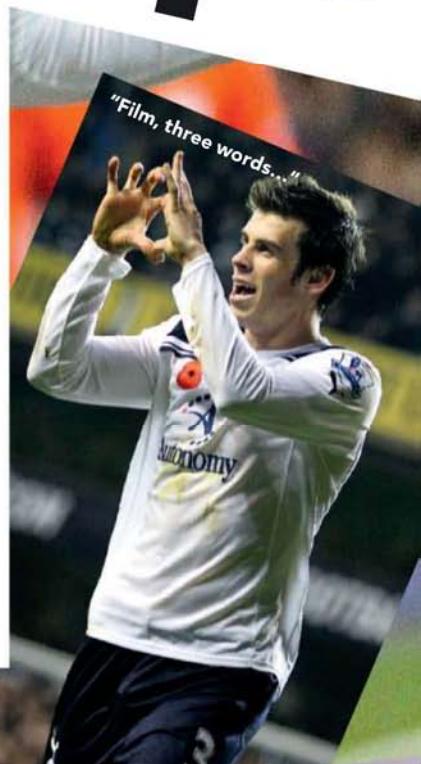
is important. He has brought the team together for a purpose – to win football matches – but he also allows us to express ourselves. It's not boring tactics all the time. He's one of the finest coaches I have come across!

Could he manage England? Of course! His qualities are there for all to see. He's a manager who can work with all players. Football's a simple game and he sees it that way. Yes, you have formations, but it's the quality of the players that's most important.

How exciting is Gareth Bale to play alongside? Here's a young man with incredible ability, who terrifies defenders when he runs at them. You can see it in their eyes! His pace and technique are

fantastic, but so is his mentality. He shows what Tottenham can achieve in the future.

And what can you achieve? I feel good about our chances. We've had to learn quickly about what it takes in the Champions League, but we're ready! As for the League? I believe we can finish in the European places, for sure. **Thanks for talking to us, Rafael.** **One more thing – how does it feel for you and your wife being called "the new Beckhams"?** We're always asked this and the answer is the same! We're just normal people who have amazing lives. I'm just happy to be playing with a fantastic club, in a fantastic league in a fantastic country. I consider myself a very lucky man!



"Oh heck, I just remembered I left the iron on!"



ol special!

KOP
LEGEND!

Carragher: "No more excuses!"

Hi Jamie! What do you make of the season so far? It's been a bit grim for Liverpool, hasn't it?

It's been difficult, yeah! Being in the bottom three was horrible for everyone associated with the club. We just had to try and win some games and get some points on the board, so we could look at climbing up the table rather than messing around at the bottom. Now we've done that, we must kick on for the rest of the season. **What's gone wrong at Anfield this season then?** It's been an interesting time, that's for sure, with the change of ownership and new management coming in. But it's too easy to make excuses. We just haven't been good enough – it's as simple as that. You can look at injuries, but the bottom line is we haven't played well. To be a Liverpool player you have to perform in every game and we haven't done that. **Doesn't sound good! Is it all doom and gloom then?** No! I'm confident that as the season progresses we'll get better and better. It's down to the players to sort things out.

Roy Hodgson has been under lots of pressure. Is this unfair? Anyone who manages Liverpool Football Club is under pressure.

There's an expectation for success and when that doesn't happen, questions are asked. But it's still early days and we're getting used to what the manager wants from us. You saw how we can play when we beat Chelsea. **How important is Steven Gerrard to Liverpool, in both the good times and the bad?** I can't speak highly enough of Steven. He's a superb player, a great man and an amazing captain. I've lost count of the number of times he's driven us on when it's seemed a lost cause. He's a Liverpool legend!

Your supporters have been through the wringer a bit over the last season and again so far this term. What can they expect from the lads in the next year or so? The fans are always 100 per cent behind Liverpool Football Club. It's a special place with incredible support and we're all desperate to give them what they want. Obviously it's been hard and just because we've got new owners, that doesn't mean we're going to be transformed overnight. But with a lot of hard work on and off the pitch and the new stability about the place, I'm sure we can get the club back up where we belong. We have to!



Spurs vs Liverpool
Sunday, 4pm, Sky Sports 1/HD1

KAMMY!

ONLY IN
Nuts!



He's footy's funniest pundit – and he's only in *Nuts*!

Capello's lost the plot!

Another night where the fans hoped England would live up to their expectations. Another night that ended up in desperate disappointment and genuine fear about the future.

I watched the France game in the hope that the second-string players on display would grab

"We've all had enough of this doom and gloom"

their opportunity with both hands and make a real case for future selection. But Andy Carroll aside, we saw nothing of the sort. Instead, it was a display that shows we don't have enough strength in depth to be a force.

We all criticised England in the World Cup, and rightly so, but the harsh truth is the likes of John Terry, Frank Lampard, Adam Johnson, Ashley Cole and Wayne Rooney are far and away our best players.

Something else also became apparent. Fabio Capello seems

to have run out of ideas and – dare I say it – it looks like it'd be best for all concerned if he steps down. Yet again, England were flat. Rio Ferdinand has come out and said that the dressing room are all behind the manager, but the performances suggest something else.

I was also mystified by Capello's squad selection. He picked Kevin Davies for the last game, played him for 15 minutes, and the next time he's dropped – yet the lad is in the form of his life! Then there's Scott Parker.

By all accounts, he was brilliant in training at the World Cup but never played. And now he's not even getting in the squad! Capello has lost the plot.

It's time for a change, it's time to bring in a new manager with fresh ideas, charisma and enthusiasm. We've all had enough of this doom and gloom so we want someone who can turn things around – quickly! And who should that be?

Please step forward, Harry Redknapp – your country needs you more than ever!

"Well, at least I didn't pay to watch that"

PHOTOS: GETTY IMAGES, BACK PAGE IMAGES



KAMMY'S UNBELIEVABLE-OMETER™

UNBELIEVABLY GOOD!

CANNY CATS!
Sunderland's ace win against Chelsea threw the title race wide open and just goes to show you can't take anything for granted in this league!

UNBELIEVABLY BAD!

NO RAY OUT!
Chelsea's decision to get rid of Ray Wilkins as their number two beggars belief. He did a brilliant job there and is one of the nicest men in football. Shocking!

Bad boys can be good too!

So, some pundits don't believe Andy Carroll's the "right sort" to be selected for his country. They say he gets into too many scrapes off the field to merit wearing an England shirt. I'm not condoning the things he's done, but what do we expect from a lad who grew up on one of the roughest estates in Newcastle? He is what he is – a 21-year-old lad who's a product of his surroundings. Within reason, I don't care what he does as long as he plays well for England. In fact, that devil in his personality helps him be the player he is!



"If I score on Boxing Day, is that a Christmas Carroll?"

DRAW KAMMY!

Nice work! But do I really look that grumpy? I hope not!

Kammy needs you!

Send Kammy your jokes, pics etc to kammy@ipcmedia.com. The sender of the best one each week will win a signed Nuts T-shirt!



By L. Ellis, Royston

CHRIS' CRYSTAL BALL!

Chris predicts the week's big games!



1 NEWCASTLE VS CHELSEA 28 NOV, 1.30PM, SKY SP 1/HD

"I think Chelsea had their wake-up call against Sunderland, so they'll be fully focused here. The home side will get a goal but the Blues will get one more!"

KAMMY SAYS: 1-2



2 SPURS VS LIVERPOOL 28 NOV, 4PM, SKY SP 1/HD

"Liverpool fans would kill to have a squad like Spurs. Take Gerrard and Torres out and the Reds are pretty weak! Tottenham to win this one comfortably."

KAMMY SAYS: 2-0



3 MAN UTD VS BLACKBURN 27 NOV, 3PM

"It's fair to say that United aren't the force of old and don't have that same aura about them. That said, they'll still be too strong for Rovers, so no dramas here."

KAMMY SAYS: 3-1

NUTS INVESTIGATION!

Pants Prem ponytails!

Top stylist Lee Stafford rates their rubbishness!

Seeing pictures of David Beckham sporting a ridiculous ponytail in a recent LA Galaxy game, and then Andy Carroll doing the same in England colours made us realise something rather disturbing – this ghastly, girly hairstyle is slowly but surely

making an unwelcome comeback into the great game!

It seems no club in the Premier League is safe, with more and more players embracing the utter berkiness of the ponytail.

Therefore, in order to halt this march of horror hairdos, we've named and shamed the worst

offenders currently plying their trade in the top flight and asked celeb hairdresser Lee Stafford to run the rule over their utterly rubbish styles.

So which stars – if any – can pull this look off? And who puts the "pony" in ponytail? Mr Stafford, it's over to you...



CELEB CRIMPER!



DISASTER!

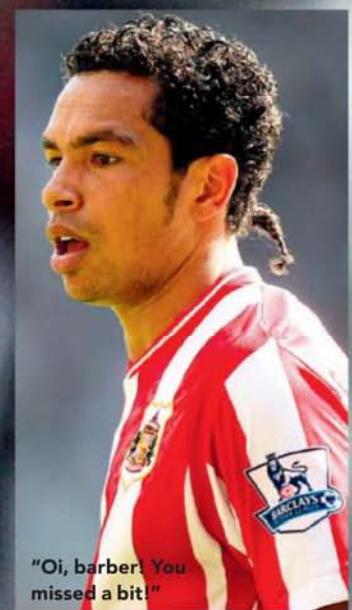
"It's there so Ancelotti can pull me off"



"I missed an Iron Maiden gig for this"



"This wig is so realistic"



"Oi, barber! You missed a bit!"

WORDS: FRANK TENNYSON PHOTOS: GETTY, PA

FLORENT MALOUDA

Chelsea

"This is just plain silly! If someone came into my salon with a ponytail like this, I'd tell him to cut off that absurd little bit at the back and start all over again. A very poor effort indeed!"

PONY
RATING:



SOTIRIOS KYRGIAKOS

Liverpool

"I don't think this works either! It looks like he's thinning on top and trying to over-compensate. He reminds me of those old blokes who grow their hair long to hide a thinning thatch. What a mess!"

PONY
RATING:



GLEN JOHNSON

Liverpool

"This isn't too bad. If you're going to wear a ponytail you've got to have all the hair the same length – and this fits the bill. I don't like ponytails with big undercuts so Johnson has the right idea here."

PONY
RATING:



KIERAN RICHARDSON

Sunderland

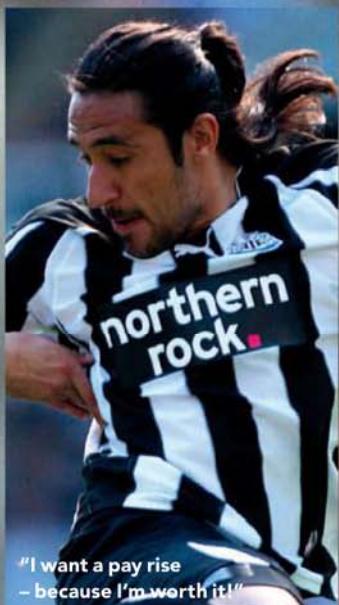
"This is really naft! What's going through his head? You don't see many people with a normal looking barnet and then a weird rat's tail at the back. I don't like it! Totally unacceptable!"

PONY
RATING:

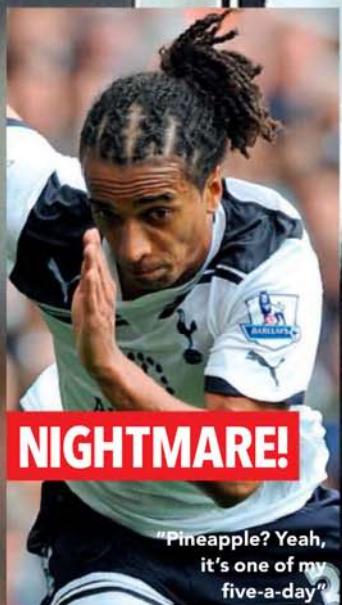


"Hey, Nicky Clarke!
Woo-hoo! Loving
your look!"

SCARY HAIR!



"I want a pay rise
– because I'm worth it!"



NIGHTMARE!

"Pineapple? Yeah,
it's one of my
five-a-day"



"Now, where did I put
my spare bootlaces?"

JONAS GUTIERREZ

Newcastle

"This is a real '80s look, which seems to be coming back into fashion a bit. He's got the unshaven thing going on too. I think this looks OK – well, at least one of the best of a bad bunch!"

PONY
RATING:

BENOIT ASSOU-EKOTTO

Tottenham

"It looks like a lot of hassle to have a pattern like that on your head with a great big pineapple at the back! Rubbish! 'Pineapple head' doesn't sound like a great nickname, does it?"

PONY
RATING:

STEVEN PIENAAR

Everton

"Nope, not for me. This barnet is way too busy – it's neither here nor there. He probably spends more time doing his hair than he does with his girlfriend. Selfish!"

PONY
RATING:

ANDY CARROLL

Newcastle

"He's got this reputation for being a bit of a bad boy, so having a wild haircut mirrors that. I actually don't mind this but I'd add some facial hair to complete the image."

PONY
RATING:

Lee's view on Prem ponytails...

The future of football or just a haircut horror?

"Footballers don't seem to have a lot of style when it comes to haircuts. Unless it's David Beckham, I wouldn't be looking for any fashion inspiration from these blokes! As for the dreaded ponytail, I can't see it catching on – at least I hope not. It's a hairy mistake of mammoth proportions!"

RING OF TRUTH!

Football seen through the *Nuts* comedy glasses!

ONLY IN
Nuts!

LUCKY WINKER!

GOING DOWN!

PANTS PULLING!

"You're lovely, but
can't we wait until
the showers?"

TWO UP
FRONT!

BRUCE: BRUISED!

"I've just dropped
a water bottle
on my toe!"

Modric
mouthful!
"I'm cautioning you for
using your teeth!"

HELLO
SAILOR!

"If the wind
changes, will my
face stay like this?"

"I'm a little
teapot..."

WAILING
WOLVES!



MAN-LOVE CORNER!

"We've only just met, young man!"



FRISKY!

"Quick, the wife's watching EastEnders!"



GET UP HIM!

"It's ribbed for your pleasure!"
"Thanks!"



HAVE AT IT!

"Where's the toilet? That way, mate!"

"A bit lower. Yep, that's lovely!"

"I'll kill that sodding puppy!"

OOF!

BOG OFF!

"Smell my finger, ref!"
"No, thanks!"

"Can leetle Ribery come out to play?"

POINTY PAV!

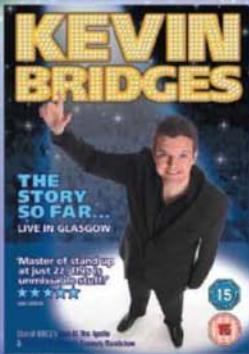
BECKS: BOTHERED!

"A bit lower. Yep, that's lovely!"



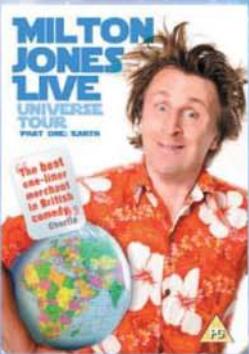
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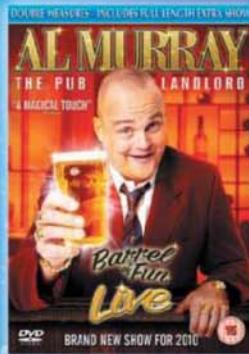
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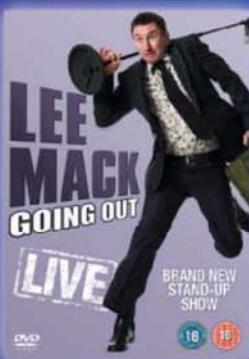
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Part One: Earth



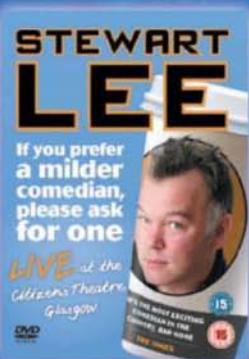
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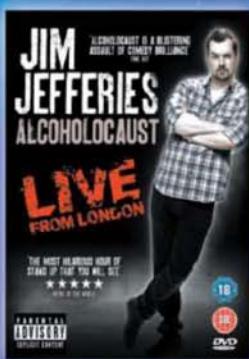
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'QUOTE ME ON THAT!'

This week's biggest match debaters!

"I read that Kylie Minogue wrote *I Should Be So Lucky* after she heard Phil Neville fancied her"

Neville Jr is dreaming again.



"At the airport, I realised my flies were wide open with the goods on show. Good job I had clean Reg Grundies on"

Graeme Swann is talking pants.



"At Boro, we called Adam Johnson 'Meerkat' as he's the spitting image of one!"

Watford's Andrew Taylor on a "simples" lookalike.

"Today was like a throwback to when your mate broke your nose then bought you a pint"

Don't go drinking with Mick McCarthy.



"Three points separate these two teams. It really couldn't be any tighter"

Unless perhaps it was one or two points, Richard Keys?



COMPILED BY: GRAHAM WRAY PHOTOS: GETTY, BACKPAGE IMAGES, OFFSIDE



"I was like, 'Wow, Fernando Alonso's legs are so shiny!'"

Lewis Hamilton admires his rival's wax job.



"To boost team spirit I've organised sandcastle-building competitions"

Ian "Mr Motivator" Holloway.

"Three into five just doesn't go"

Maths isn't a strong point for BBC footy pundit Steve Claridge.

'OO-ER SOUNDS A BIT RUDE' CORNER!

"At Arsenal, we always like to play with each other"

Nicklas Bendtner on Arsenal's team bonding.



"Alan Hutton came inside another player"

Scott Minto spies some action.



"Cesc Fabregas is always touching it. And then he touches it again"

Jens Lehmann gets touchy.



Nuts REAL GIRLS

THE BIGGEST BUSTS IN THE ISSUE

BEDROOM BABE!

Sarra 21, Worthing, student

"I've got a few explosive tricks up my sleeve in the bedroom that no man could ever forget – I'll say no more!"

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The Pic She
Sent Us!

**"I'm a great
catch because
I've got big
boobs!"**

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BEDROOM BABES!

Vote for your favourite – and she'll star in *Nuts*!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, *Nuts*, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

**ONLY IN
Nuts!**



Tania

20, Plymouth, student

"I'm great to get on with as I enjoy watching football and I'm always up for a laugh!"

Hayley

20, Manchester, student

"I'd give a man a night to remember with a sexy dance, then take him home early!"



Kimberley

21, Chorley, office assistant

"I have a suitcase full of underwear, from cute and cuddly to bondage stuff!"



Louise

21, West Kirby, dancer

"Men should shave! Beards and moustaches are a real turn-off, so get it trimmed!"



Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*!

Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

REAL GIRLS, REAL PLACES!

ONLY IN
Nuts!

Ladies, would you like **Nuts** to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 74. You must be at least 18 years old.

THIS WEEK:

Name: Tina
Age: 21
Boobs: 32E. "They're all natural and I love them!"
Likes: "Tattoos!"
Ever kissed a girl?
"All the time!"
Strangest place had sex:
"In a swimming pool!"
Sex tip: "Lots of foreplay!"



Tina's busty guide to Broxbourne

Nuts meets another hottie from Hertfordshire!

HELLO!



Tina on... her home!

"We're in Hertfordshire. There's not much to do and there are lots of weird country folk, but I love it! There are lots of pubs and only one club that's tiny!"

PHOTOS: ELIS O'BRIEN



Tina on... getting ready!

"It only takes me ten minutes to get ready – I prefer the more natural look, it suits me best. I don't want to go out looking all orange and plastic and fake!"



Tina on... her friends!

"I have loads of awesome friends all over England, which rules! I've got lots of girlfriends and lots of boyfriends. I like everyone. I'm very nice!"



Tina on... her bed!

"I'm the laziest person in the world! I work late and sleep late. It rules! I'm a big cuddler in bed but I haven't got anyone to hug at the moment. Any offers?"



Tina on... her boobs!

"I love my big boobs, they're good pillows! I like to show off some cleavage and some legs when I go out. Nobody believes that my boobs are real!"

**"I'm a big
cuddler
in bed!"**



Tina on... her clothes

"I spend a ridiculous amount of my money on underwear. I must have at least three wardrobes dedicated to it! I'm a typical girl, I love my clothes!"



Poker's minted main man

Scott Shelley went from £100 to £130k in one sensational game!

Scott Shelley's a bit of a Nuts legend. At just 24 years old, he's absolutely minted. How? Well, the PKR customer service rep entered a staff tourney for £100. The prize? A mighty £1,000, which he then used as his stake into the World Series of Poker. The rest is history, after he took home a massive £133,857 – and the legendary gold bracelet that only WSOP champions win. Want to get in on the action? Scott tells us how.

Hi Scott! So, how did you get into poker? When I was 16, I used to go to the local tennis club, and when it rained, we'd just go inside and play poker.

And now you're a poker legend! What's the highest number of poker tournies you've played at the same time online? It's 16! But I've learnt not to do that again – it affects my performance and not for the better! I've got two computer screens so I could see all the games at the same time, but I wouldn't do it again.



What are your best tips for Nuts PKR players? Only play what you can afford so you're not chasing money, because then your emotions come into play and change your game. And definitely start in small-stake tournaments as they don't last too long and it's a good payout structure, with the top three places getting paid out of nine or ten players.

Very wise. What have you spent your prize money on? I'm still sitting on a lot of it but I did treat myself to a lovely

'I'm going to Vegas for the World Series!'

TAG Heuer watch, which cost me about £2,000. I'm now on the lookout for a nice motor! **And where do you keep your super-bling winner's bracelet?** It's actually hidden behind a few shoeboxes in my room! It's apparently worth between five and ten grand, but I never wear it. I only get it out to show my friends. **We suggest you might want to find a better hiding place for it!** Finally, what's your next step for poker domination? I'm going to Vegas next June, possibly for up to a month, to enter the next World Series of Poker, so I'll definitely be playing in that, then hopefully, the main event, which costs \$10k to enter. Wish me luck!



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let's play

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Nuts REAL GIRLS



IT'S LOU!



CONFESION OF THE WEEK!

'I took him in my mouth'

My parents bought me some golf lessons for my birthday. On the morning of my first lesson, I was a bit nervous but really excited. When I saw my coach, I was even more excited – he was really sexy! At one point, he stood behind me to help with my posture. I couldn't resist sticking my hips out and wiggling my bum into his crotch. I felt his hands squeeze around my chest and that was all the encouragement I needed. Within seconds, we were kissing and grabbing each other all over. We then slipped off into the rough and I let him take off my top. Soon, I sank to my knees, unzipped his hard erection and took him gratefully in my mouth. He wouldn't accept payment on my next lesson – I wonder why!

Claire, Kent

'I was lying spread-eagled'

I recently went on holiday with a group of friends after I'd split up with my boyfriend. There was a big group of us – some couples

as well as a few single people. Thankfully, I had a room to myself and after a day round the pool, I'd take a long shower, moisturise my body and have a lie down. I've always been a sexual person and as I was now single, I spent a lot of time fantasising and I often

liked to masturbate. One night, I decided to play with myself a little after moisturising. As I was lying spread-eagled on the bed facing the door, to my surprise the door slowly opened and there stood one of the guys. At first he went bright red, and so did I, then we both cracked up laughing. He sheepishly asked me if I wanted a hand and instead of being horrified, I got really turned on. He replaced my hand, which was already down my knickers, with his, and worked his mouth around my nipples. I never made it down to dinner and neither did he, so we were the talk of the whole pool the next day!

Alexandra, Hull

'I like a bit of shower time'

My boyfriend and I used to love having sex in the shower but as we both now lead such busy lives, we seem to have neglected each other a bit. I mentioned this one morning as we left for work and thought no more of it. Taking a shower that evening after one of my daily jogs, the door burst open and there stood my man with a wide grin on his face. He couldn't get his clothes off quickly enough, awkwardly hopping about on one foot as he raced to pull his trousers off. He jumped under the warm water and in no time we were kissing and stroking each other. I turned around and presented my bottom to him. He took me hard from behind as I was pressed up against the glass

wall of the shower. We now make "shower time" a must each week!

Shel, Oxford

'We got caught on camera'

A friend of mine is filthy rich, or more truthfully, her parents are. They have an amazing house in west London complete with an indoor pool. One night, they had a party and I cheekily asked her if me and my new man could nip down for a skinny dip. We got completely naked and slipped into the warm water, splashing about and grabbing each other for little kisses. We ended up in the deep end, clinging to the side for support. I wrapped myself around him and we slowly and quietly rocked away in the water. After a few minutes in the water and with a little friction, I was getting very aroused and I wanted him hard and fast. I hopped out of the pool and he soon followed. He then climbed on top of me by the water's edge and we screwed loudly and passionately. As we returned to the party, everyone was giggling – it seemed my "mate" had turned on the CCTV to the pool in the kitchen and everyone had watched our show!

Chantelle, London

Win £50!



Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on page 74. The best one each week* wins £50! Come on, girls!

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Email us at: nutsmagazine@ipcmedia.com **Website:** www.nuts.co.uk

Editor Dominic Smith

Deputy Editor Nick Soldinger 020 3148 6941 **PA/Office Manager** 020 3148 6948

Editor-At-Large

Pete Cashmore 020 3148 6940

Associate Editor - Entertainment

Sam Riley 020 3148 6921

Associate Editor - News

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Associate Editor - Features

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TV & Fashion Editor

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Nuts REVIEWS

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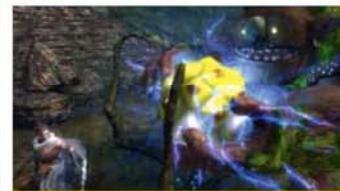
GRAN TURISMO 5

PLAYSTATION 3



Your eyes do not deceive! GT5's finally hitting stores and luckily it's worth the (long) wait as this once again defines the

virtual racing game. With over 1,000 cars to snare, 71 tracks and whizzy visuals, this retakes its crown as the hardcore driver's game of choice. And the casual driver's. And the hobbyist's. Anyone, really. ★★★★



MAJIN AND THE FORSAKEN KINGDOM

PS3, XBOX 360



Beautiful adventure game that sees you work with the Majin – a cuddly giant – to save your land. The antithesis of *Call Of Duty*. ★★★★



NBA JAM

PS3, XBOX 360



Once, the funniest basketball game was *NBA Jam*. So huzzah to EA for bringing back the mad power-ups and fiery dunks. ★★★

APPS!



BOILING FROG

IPHONE, BLACKBERRY, OVI, ANDROID



Developed by experts including an ex-Royal Marine, this vital app provides top travel, safety and first aid advice. Perfect if you're off abroad! ★★★★★



FLUX CAPACITOR

IPHONE, IPOD, IPAD



Embrace your inner Emmett Brown with this *Back To The Future*-themed app, featuring a flux capacitor and time-travel sequence. Fun! ★★★

MUSIC!

DVDS/BLU-RAY!



There are a staggering 302 characters in the film!

TOY STORY 3

CERT U DVD & BLU-RAY



The fifth-highest grossing film of all time (yes, really!) comes to DVD and Blu-ray for the last of the trilogy about a group of toys that

come to life and embark on a life-changing adventure. The toys are sent to a day-care centre instead of the attic, leaving Woody to lead the others back home. With adult gags galore, this is hardly a kids' film but it's definitely ace. ★★★★

LETHAL WEAPON 1-4

CERT 15 BLU-RAY



All four fun-filled flicks following Mel Gibson and Danny Glover as the ultimate pair of mismatched cops. ★★★★

SEAN LOCK: LOCKIPEDIA

CERT 15 DVD & BLU-RAY



The goggle-eyed comic gets our sides splitting with a brill routine of random observations and improvised wit. Top class. ★★★★

TOP GEAR APOCALYPSE

CERT PG BLU-RAY



Explosive stocking-filler with the *Top Gear* boys exploring what motoring would be like in a post-apocalyptic world. ★★★

JLS

OUTTA THIS WORLD



We reckon that JLS wuz robbed in *The X Factor* back in 2008 and this set of assured ladies-oriented R'n'B just underlines it. Guaranteed to get her jiggy! ★★★★

KANYE WEST

MY BEAUTIFUL DARK TWISTED FANTASY



A galaxy of stars pop up on Kanye's latest album – Kid Cudi, Jay-Z, Q-Tip, RZA – but it's slightly overshadowed by the fact that he's such a berk. ★★★

The latest action-packed releases!

Ratings: ★★★★ Genius ★★★ Very good ★★★ Investigate ★★ Alright ★ Rubbish

MOVIES!



Lindsey Lohan dresses as a nun with a blazing Magnum

MACHETE

CERT 18

Remember the cool fake trailer that accompanied Tarantino's *Grindhouse* double-bill of *Planet Terror* and *Death Proof*? Well, here's the film for real. Robert "Sin City" Rodriguez directs this awesome kill-fest in which

ex-cop-with-a-grudge Danny Trejo goes on a killing spree – featuring decapitation by blade and bullet – with politician Robert De Niro in his sights. With help from Michelle Rodriguez and Jessica Alba, the body count soon rises. ★★★★

The screenplay to *Machete* was written by director Rodriguez in 1993



THE AMERICAN

CERT TBC

George Clooney plays a hitman on the run in a tense thriller. It's a game of cat and mouse with the mercenaries sent to take him out. But our man still finds time to fondle Violante Placido. ★★★★



THE GIRL WHO KICKED THE HORNET'S NEST

CERT 15

It's the final part of Stieg Larsson's epic Swedish thriller trilogy. With hacker extraordinaire Lisbeth Salander on trial for triple murder, it's up to Blomkvist to prove her innocence. ★★★★

DAN CLARK LIVE 2011
Star of BBC's hit sitcom **HOW NOT TO LIVE YOUR LIFE**

'Clark is that rare combination – a great gagsmith and actor, and the result is a stand-up set that is both strong on jokes and drama.'

THE GUARDIAN

'Uninterrupted comic ecstasy.'

★★★★ METRO

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28	BRISTOL Hen And Chicken	0117 902 0344	17 SWINDON Wyvern Theatre
29	BRISTOL Hen And Chicken	0117 902 0344	18 ST ALBANS Alban Arena
30	BRISTOL Hen And Chicken	0117 902 0344	19 CARDIFF Glee Club
APRIL 2011			20 WARRINGTON Parr Hall
01	CHESTERFIELD Winding Wheel	01246 345 334	21 OXFORD Glee Club
02	DERBY Derby Theatre	01332 255 800	22 STOCKTON ARC
03	BATH Komedia	0845 293 8480	23 SOUTHAMPTON Nuffield Theatre
05	IPSWICH Corn Exchange	01473 433 100	27 BRIGHTON Komedia
06	SHEFFIELD Memorial Hall	01142 789 789	28 BUXTON Opera House
07	WOLVERHAMPTON Wulfrun	08703 207 000	29 HARROGATE Theatre
08	BIRMINGHAM Town Hall	0121 780 3333	30 EPSOM Epsom Playhouse
09	LIVERPOOL Empire	0844 847 2525	17 SWINDON Wyvern Theatre
10	YORK Opera House	0844 847 2322	18 ST ALBANS Alban Arena
12	CANTERBURY Gubenkin	01227 769 075	19 CARDIFF Glee Club
13	WORCESTER Huntingdon Hall	01905 611 427	20 WARRINGTON Parr Hall
14	FOLKESTONE Leas Cliff Hall	08448 471 776	21 OXFORD Glee Club
15	THE CORE at The Cube	01536 470 470	22 STOCKTON ARC
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Nuts TV

Seven days of brilliant telly for blokes!



TV PICK OF THE WEEK!

TUESDAY!

Boyle's back!

Tramadol Nights, Channel 4, 10pm

The bearded funnyman returns to TV with this six-part series, which is a mix of stand-up and sketches. Welcome back, Frankie!

6am

BBC
ONE

6.00am Breakfast 9.15 Rip Off Britain
10.00 Homes Under the Hammer (R)
11.00 Real Rescues 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt
1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Missing (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

7pm

BBC
TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Animal Park: Wild in Africa (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 Coast 2.00 **LIVE** Tennis: ATP World Tour Finals: Day six of racket-wafting at the O2 in London. 3.45 Flog It! (R) 4.30 Pointless (R) 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

1am

REGIONAL VARIATIONS

BBC1 NORTHERN IRELAND: 11.30pm **LIVE** Thirteen Days: Drama starring Kevin Costner. 1.45am Where Music Matters
1.50am Sign Zone: Panorama **BBC2 SCOTLAND:** 7.00pm Landward 7.30pm Órlaí BBC2 NORTHERN IRELAND: 6.00pm **LIVE** Ulster Rugby: Treviso v Ulster, kick-off 6.05pm.

8.00pm Strictly Come Dancing - It Takes Two **10.00pm** LOL **BBC2 WALES:** 7.00pm **LIVE** Scrum V: Newport-Gwent Dragons vs Munster, kick-off 7.05pm. **9.00pm** **SPORT** Sport Wales **STV:** 8.00pm Postcode Challenge **11.00pm** **SPORT** STV Sports Centre: Friday Night Football **11.30pm** STV News, Weather **11.45pm**

TODAY'S SPORT

sky SPORTS 1

6.00am **LIVE** Cricket: The second day of the first Test between Australia and England in Brisbane. (HD)
8.00 Ringside (HD)
9.00 The Rugby Club (HD)
10.00 Cricket (HD)
11.00 Ringside (HD)
12.00noon **LIVE** Tennis: The ATP World Tour finals at the O2 in London. (HD)
4.00pm World Sport
4.30 Premier League World (HD)
5.00 Cricket (HD)
6.00 Football League Weekend (HD)
7.00 Sky Sports News at Seven (HD)
7.30 Premier League Preview (HD)
8.00 Cricket (HD)
10.00 **LIVE** Boxing: Matthew Hatton vs Roberto Belge in Bolton. (HD)
11.30-6.00am **LIVE** Cricket: The third day of the first Test between the Aussies and England in Brisbane. Come on! (HD)

sky SPORTS 2

6.00am Good Morning Sports Fans (HD)
9.00 WWE: Raw (HD) **11.00pm** Racing News
11.30 Aerobics
12.00noon Transworld Sport
1.00pm Ringside (HD)
2.00 Cricket (HD)
3.00 The Rugby Club (HD)
4.00 Ringside (HD)
5.00 IEX Magazine
5.30 Sailing
6.00 **LIVE** Tennis: The ATP World Tour finals from the O2 in London. (HD)
10.00 Snow Ride
10.30 IEX Magazine
11.00 NFL: Total Access (HD)
12.00pm Golfing World
1.00am Golf (HD)
2.30 Take It Like a Fan
3.00 Football League Weekend (HD)
4.00 Rugby Union
HD) **5.30-6.00am** Take It Like a Fan

ON DIGITAL, SATELLITE

FILM4 (315)

6.25pm Master and Commander: The Far Side of the World: Seafaring drama.
9.00 AVP: Alien Vs Predator: Sci-fi thriller.
10.50 The Host 1.05-3.50am Vanilla Sky

COMEDY CENTRAL (126)

6.00pm Two and a Half Men 7.30 Mike & Molly 8.00 Two and a Half Men 9.00 Michael McIntyre at the Comedy Store 9.30 South Park 11.00 Chris Rock: Kill the Messenger 12.40am **LIVE** Anger Management 2.45 Comedy Central at the Comedy Store 3.15 South Park 3.45 Two and a Half Men 4.10 Shortcuts

ESPN

7.00pm Goal!
7.30 **LIVE** German Football 9.30

Premier League Preview **10.00pm** Dutch League **11.45pm** UFC 12.45pm MMA Live **1.30pm** NBA Action **2.00pm** **LIVE** NBA Basketball **4.30-5.00am** Total Italian Football

26 NOVEMBER

FRIDAY

FULL 7
DAY TV
GUIDE!

4

6.25am Sali Mali (R) **6.30** Planet Cook (R)
6.50 Yo Gabba Gabba (R) **7.15** Freshly Squeezed **7.40** Everybody Loves Raymond (R) **8.35** Frasier (R) **9.05** According to Jim (R) **9.35** Cook Yourself Thin (R) **10.05** **NEW** One Tree Hill **11.05** Smallville **12.00noon** Channel 4 News Summary **12.05pm** Supporting Acts (R) **12.20** A Place in the Sun: Home or USA? (R) **1.25** **FI** The African Queen **3.25** Countdown **4.10** Deal or No Deal Fifth Anniversary **5.00** Come Dine with Me **5.30** Four in a Bed **6.00** The Simpsons **6.30** Hollyoaks

7.00 News**7.25 4thought.tv**

UKIP MEP Gerard Batten calls for a hard line on law-breakers. "String 'em up!" etc.

7.30 Unreported World**8.00 Come Dine with Me****9.00 The Event**

Blake searches for the mole.

10.00 Peep Show**MUST-SEE** Yes! One of the best sitcoms ever is back! Mark waits for the birth of his child.**10.30 Robert's Web****MUST-SEE** Now Peep Show bloke Robert Webb hosts a new show offering an alternative take on the week's online news and events.**11.05 Ricky Gervais: Politics (R)****12.40am Music on 4:****Inputoutput****NEW** Music show presented by Rich Fulcher.**12.55 360 Sessions:**

Linkin Park (R)

1.25 On Track (R) **1.40** Deftones (R)**1.50** **FI** Garage **3.15** Studio 60 on the Sunset Strip (R) **4.05** This Week's 4Music Top 20 **5.50-6.35am** Countdown (R)Cheetah Kingdom **12.10am** Brain Box **1.00** The Jeremy Kyle Show **2.00-5.30am** The Nighshift **11.00pm** **SPORT**UTV Live, Weather **11.05** Swingtown: Roger reverses roles with Janet. **12.00m't** Brain Box **2.30am** Countrywise

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** House Doctor (R) **12.10pm** House Doctor (R) **12.40** Five News **12.50** Police Interceptors: Special Edition (R) **1.45** Neighbours **2.15** Home and Away **2.50** Animal Rescue Squad (R) **3.05** **FI** An Old Fashioned Thanksgiving: Family drama starring Jacqueline Bisset and Helene Joy. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 Five News at 7**7.30 Fifth Gear**

More petrol-headed fun as Vicki B-H takes a trip in the Volvo S60 saloon.

8.00 White Van Man

Two builders explain how they earn extra money by working topless. Aaagh! We weren't expecting that! Avoid!

9.00 The Mentalist

The team investigate a death threat.

10.00 Law & Order: Special Victims Unit

A rent boy is murdered.

10.55 CSI: Miami

The team try to clear Alexx of murder. (R)

11.55 Cops in Crisis

Plod in peril. (R)

12.15am SuperCasino

sky1

6.00am The Biggest Loser US (R) **6.50** Bite Size Brainiac (R) **7.00** Brainiac: Science Abuse (R) **8.00** Oops TV (R) **9.00** It's Me or the Dog USA (HD) **10.00** Vet Adventures (R)(HD) **11.00** Kim's Rude Awakening (R) **11.30** Adoption Diaries (R) **12.30pm** Emergency Animal Rescue **1.00** UK Border Force (R)(HD) **2.00** Stargate Atlantis (R)(HD) **3.00** Stargate Atlantis (R)(HD) **4.00** Bones (R)(HD) **5.00** **SPORT** WWE Superstars (HD) **6.00** Oops TV (R) **6.30** The Simpsons (R)

7.00 The Simpsons

Homer is jailed for ten years. D'oh! (R)

7.30 The Simpsons

Homer becomes a masked vigilante, taking revenge on wrongdoers by throwing pies at them. Careful, Homer - you'll finish up back in jail again. (R)

8.00 Oops TV

Selection of video out-takes. (R)

9.00 Ross Kemp on Gangs

The actor meets teenage gang members in Liverpool. (R)

10.00 House

Disease control official Dr Dave Broda closes down the hospital. (R)(HD)

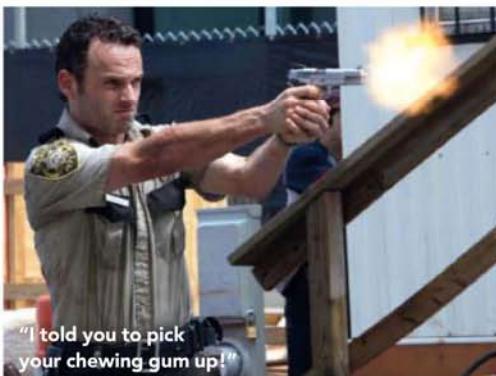
11.00 Stargate Universe

Ginn discloses details of an impending Lucian attack. (R)(HD)

12.00m't Road Wars

More pesky vehicle crime. (R)

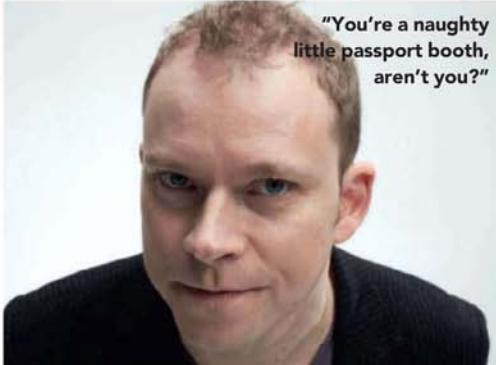
TODAY'S MUST-SEES

**The Walking Dead**

FX/HD, 10pm

DRAMAThe group decide to retrieve Rick's big bag of guns. However, there are other survivors in the city who have designs on the weaponry. Best show on TV, hands down. **★★★★★****Peep Show**

Channel 4, 10pm

COMEDYSacrifice your missus to the god of comedy, for he has verily smiled down upon us. Peep Show's back with a bang, with a new baby in tow for the hapless twosome to look after. But whose baby is it? **★★★★★****Robert's Web**

Channel 4, 10.30pm

COMEDYRobert Webb, Robert's Web – yes, very clever! The Peep Show bloke takes an alternative look at the week's online news. Watch out, that "hilarious" Facebook status you posted might even feature somewhere! **★★★★****ELITE AND CABLE TV TONIGHT**Shuffle **4.20** The King of Queens **5.10** Frasier **6.00-9.00am** Teleshopping**DISCOVERY (520)**

6.00pm Mythbusters **8.00** How Do They Do It? **8.30** How It's Made **9.00** Beyond Survival with Les Stroud **10.00** Wheeler Dealers **11.00** Monsters Inside Me **12.00m't** Deadliest Catch **1.00am** Bear Grylls: Born Survivor **2.00** Mark Williams on the Rails **3.00** World War Two in HD Colour **3.50** How the Universe Works **4.40** Unsolved History **5.30-6.00am** How Does That Work?

BBC3 (115)

7.00pm Doctor Who **8.30** The Real Hustle: Celebrity Scammers **9.00** Russell Howard's Good News **9.30** Coming of Age **10.00** EastEnders **10.30** Family Guy **12.15am** Russell Howard's Good News **12.45** How Not to Live Your Life **1.15** Freak Like Me

1.45 Coming of Age **2.15** Don't Tell the Bride **3.15** The Real Hustle: Celebrity Scammers **3.45** Freak Like Me **4.15-5.15am** Young Hairdresser of the Year

E4 (136)

7.00pm Hollyoaks **7.30** Friends **9.00** How to Look Good Naked **10.00** Natalie Cassidy: Becoming Mum **11.05** Desperate Housewives **12.05am** Scrubs **1.05** How to Look Good Naked **2.00** Natalie Cassidy: Becoming Mum **2.55** What About Brian **3.35** Rick & Steve: The Happiest Gay Couple in All the World **4.00** Switched **4.20** Accidentally on Purpose **4.45-6.00am** Switched

D4 (111)

6.40pm Have I Got News for You **7.20** QI **8.00** Top Gear **9.00** QI **9.40** Mock the Week **10.20** Have I Got News for You **11.00** Mock the Week **11.40** QI **12.20am** Have I Got News for You **1.00** Mock the

Week **1.40** Star Stories **2.05** Pulling **2.35-3.00am** Whose Line Is It Anyway?

MTV (350)

7.00pm Hogan Knows Best **8.00** Celebrity Bites **8.30** Katy Perry: MTV Hoods **9.00** Gonzo **10.00** Making the Video **11.00** World Stage **12.00m't** Jersey Shore **3.00-6.00am** All the Hits

SFV (129)

7.00pm A Town Called Eureka **8.00** Warehouse 13 **9.00** Haven **10.00** **FI** Bruce Lee's Big Boss **12.00m't** Mindhunters **2.00am** Medium **3.00** Mysterious Ways **4.00** Quantum Leap **5.00-6.00am** Buffy the Vampire Slayer

FX (164)

7.00pm NCIS **10.00** **NEW** The Walking Dead **11.00** Burn Notice **12.00m't** Nip/Tuck **1.00am** Farscape **2.00** Babylon 5 **3.00-4.00am** ReGenesis

BBC
ONE

6am

6.00am Breakfast 10.00 Saturday Kitchen
11.30 Nigella Kitchen (R) 12.00noon BBC News, Regional News, Weather 12.15pm **SPORT** Football Focus 1.00 **SPORT** MotoGP 2.00 **LIVE** Tennis: ATP World Tour Finals: The semi-finals from the O2 in London. 4.30 **SPORT** Final Score 5.15 BBC News, Regional News, Weather 5.30 Walk on the Wild Side (R) 6.00 The Impressions Show with Culshaw and Stephenson (R) 6.30 Strictly Come Dancing

BBC
TWO

6.00am CBeebies 7.00 CBBC 12.00noon BBC Switch: The Cut 12.25pm Teensville: My Bar Mitzvah Diary 12.50 Popatron 1.20 The 5:19 Show 1.35 The Season (R) 2.05 **FILM** Waterloo: Historical drama starring Rod Steiger and Christopher Plummer. 4.15 Escape to the Country (R) 5.00 **LIVE** International Rugby Union: Wales vs New Zealand, kick-off 5.15pm.

itv 1

5.30am ITV News 6.00 CITV 10.00 All New You've Been Framed! (R) 10.30 The Crocodile Hunter Diaries (R) 11.30 This Morning: Saturday 12.30pm News, Weather 12.35 **LIVE** FA Cup Football 2.50 **FILM** Tim Burton's Corpse Bride 4.20 Harry Potter and the Deathly Hallows: Part 1 - Behind the Magic (R) 5.20 Regional News, Weather 5.30 ITV News 5.45 New Britain Does the Funniest Things 6.45 All New You've Been Framed!

4

6.35am Planet Cook (R) 6.55 **SPORT** World Sport 7.25 **SPORT** Sailing 7.55 **SPORT** The Morning Line 8.50 T4: Friends (R) 9.20 The Album Chart Show: Alesha Dixon Special 9.55 Ugly Betty (R) 10.55 Koko Pop 11.25 Friends (R) 11.55 4Music Video Honour 12.55pm Scrubs (R) 1.55 **LIVE** Channel 4 Racing: Coverage from Newbury and Newcastle. 3.55 Jamie's 30 Minute Meals (R) 4.25 Come Dine with Me (R) 6.55 The Political Slot

FIVE

6.00am Milkshake! 10.00 **SPORT** Your Sport 10.15 Fifth Gear (R) 10.45 The Gadget Show (R) 11.45 Emergency Bikers (R) 12.50pm **FILM** Murder Most Foul: Murder mystery starring Margaret Rutherford. 2.35 **FILM** Fly Away Home: Children's adventure starring Anna Paquin and Jeff Daniels. 4.40 Five News 4.45 **FILM** Cahill: United States Marshal: Western starring John Wayne. 6.50 Five News 6.55 The Mentalist (R)

7pm

7.45 Merlin
Hocus-pocus gubbins as Arthur and Merlin set out to retrieve a magical cup.

8.30 The National Lottery
Saturday Night Draws

8.40 Casualty
Jay starts a petition against an administrative adviser, then loads of people die in a freak accident. Probably.

9.30 The Armstrong & Miller Show
Posh sketches, with characters including art historian Dennis Lincoln-Park.

10.00 BBC News, Weather

10.20 Match of the Day

SPORT Highlights of Villa vs Arsenal, among others.

11.40 The Football League Show

SPORT Lower-league ball-banging, including QPR vs Cardiff.

12.35-6.00am BBC News

7.15 Coast

Watery witterings.

7.30 Johnny Kingdom's Year with the Birds

NEW The wildlife expert sets out to film birds across the seasons.

8.00 Dad's Army

"Left, right, left, right, left, right..." (R)

8.30 American Dream

Or otherwise, according to this.

9.30 Have I Got a

Bit More News for You

Comedy-eared Martin Clunes hosts.

10.15 QI XL

Guaranteed laughs with Jeremy Clarkson, David Mitchell and Ross Noble. (R)

11.00 Youth Without Youth

PREMIERE A crinkly old linguistics professor undergoes a miraculous rejuvenation after he is struck by lightning.

7.15 Harry Hill's TV Burp

It's the last in the series. No!

7.45 The X Factor

MUST-SEE The remaining contestants compete for a place in next week's semi-final, leading to much ribbing of Louis from Simon, Cheryl and Dannii along the way.

9.40 I'm a Celebrity

Get Me Out of Here!

More surprises await the increasingly hungry contestants.

10.40 ITV News, Weather

10.55 FA Cup Highlights

SPORT Action from today's second-round ties featuring loads of minnows hoping to bag a dream draw against the big boys.

12.25am Dating the Enemy

A party lover dates a near teetotal fitness fanatic. This is bound to end well. (R)

12.55 The Zone

7.00 News

7.25 4thought.tv

Former drug smuggler Howard Marks bangs on about being banged up.

7.30 Grand Designs

An ambitious couple's attempts to build a split-level home cascading down a Belfast hillside, er, hits the rocks. (R)

8.30 Apocalypse: The Second World War

How the war turned against Germany.

9.30 Sweeney Todd - The Demon Barber of Fleet St

MUST-SEE Tim Burton's gory horror musical.

11.45 Genova

PREMIERE An English academic moves to Italy with his two daughters, one of whom is haunted by a recent family tragedy.

1.30am **FILM** Downfall: German historical drama starring Bruno Ganz. 4.05 The OC (R) 4.50 The OC (R) 5.35-6.20am Countdown (R)

7.45 CSI: NY

A body is dug up at a football stadium. (R)

8.45 NCIS

An officer is found dead. Can you see a theme developing here? (R)

9.40 CSI: Crime Scene Investigation

Warrick is accused of murdering a notorious Las Vegas gangster. Yep, we're definitely onto something. (R)

10.45 CSI: Crime Scene Investigation

More murder as a comedian is found dead in a locked room. (R)

11.40 Forensic Files

How the latest scientific and forensic techniques can help save a load of unnecessary brow-furrowing.

12.10am SuperCasino

REGIONAL VARIATIONS

BBC2 SCOTLAND: 7.15pm Making Scotland's Landscape 8.15 Coast BBC2 NORTHERN IRELAND:

8.00pm Banriam on Cheoil 8.55 Seinn Liam 9.00 Mastermind 9.30 American Dream 10.30 The Stephen K Amos Show BBC2 WALES: 7.30pm

Mastermind **STV**: 10.55pm An Audience with Michael Bublé: The title says it all. Avoid!

12.05am Brain Box 2.00-5.30am The Nightshift

ULSTER: 10.55pm An Audience with Celine Dion

12.00m't Brain Box 2.25am Countrywise

TODAY'S SPORT

sky SPORTS 1

6.00am **LIVE** Cricket: Ball-clobbering with the third day of the first Test between Australia and England in Brisbane. (HD)

8.00 **LIVE** Golf: The third day of the Dubai World Championship. (HD)

1.00pm Cricket: Highlights of Australia vs England from earlier. (HD)

2.00 **MUST-SEE** Rugby Union: The autumn international between England and South Africa, kick-off 2.30pm. (HD)

5.00 Cricket (HD)

7.00 **LIVE** Spanish Football: A top match from the tika-taka world of La Liga. (HD)

9.00 **LIVE** Spanish Football: More of the above. Not that we're complaining. (HD)

11.00 Champions League Weekly: A review of the matchday five fixtures, including Braga vs Arsenal. (HD)

11.30-6.00am **LIVE** Cricket: The fourth day of the first Test between Australia and England in Brisbane. (HD)

sky SPORTS 2

6.00am Aerobics

6.30 World Sport

7.00 Take It Like a Fan

7.30 Football League Weekend (HD)

8.30 Champions League Weekly (HD)

9.00 Premier League Preview (HD)

9.30 Take It Like a Fan

10.00 Soccer AM

12.00noon Take It Like a Fan

12.30pm **MUST-SEE** Football: Villa vs Arsenal, kick-off 12.45pm. (HD)

3.15 Sky Sports Classics

3.30 Boxing: Action from Matthew Hatton vs Roberto Belge in Bolton. (HD)

5.00 **LIVE** Football: Burnley vs Derby County, kick-off 5.20pm. (HD)

7.30 You're on Sky Sports!

8.25 Football First (HD)

4.15am Spanish Football (HD)

5.45-6.00am Sky Sports Classics: Liverpool vs Chelsea from 2005.

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

6.20pm Coach Carter: Sporting drama starring Samuel L Jackson. 9.00 In Bruges: Black comedy starring Colin Farrell and Brendan Gleeson. 11.10 Six Shooter 11.35 Alien³: Sci-fi thriller sequel starring Sigourney Weaver.

1.45-3.40am All Tomorrow's Parties: Documentary about the music festival.

COMEDY CENTRAL (126)

7.00pm The Office: An American Workplace 8.00 Two and a Half Men 9.00

FILM Anger Management 11.05 Peter Kay at the Comedy Store 11.35 Peter Kay:

4.45pm **LIVE** Premiership Rugby Union: Bath vs London Wasps. 7.45 **LIVE** Rugby Union: France vs Australia. 9.45 Series A 11.00 Bundesliga 1.15am ESPN Kicks Extra 1.30-5.00am **LIVE** College Football

The Early Days 12.05am Chris Rock: Kill the Messenger 1.45 Comedy Central at the Comedy Store 2.15 South Park

3.15 Two and a Half Men 4.10 Shortcuts

4.20 Everybody Loves Raymond

5.10 Frasier 6.00-9.00am Teleshopping

DISCOVERY (520)

7.00pm Bear Grylls: Born Survivor 8.00 How It's Made 9.00 Frontline Battle

Machines with Mike Brewer 10.00 Weird or What? 11.00 How the Universe Works

12.00m't Wheeler Dealers 1.00am Mythbusters: Anti-gravity devices.

5.30-6.00am How Does That Work?

BBC3 (115)

7.00pm **SPORT** World Cup's Most Shocking Moments 7.20 **SPORT** International Rugby Union 8.20 Top Gear

9.25 **FILM** Scary Movie 3 10.40 Russell Howard's Good News Extra 11.25 Family Guy 12.10am American Dad! 12.55 **FILM**

The Girl Next Door: Comedy. 2.35 Russell Howard's Good News Extra 3.20

Special 1 TV 3.25 **SPORT** International Rugby Union 4.25 Freak Like Me 4.55

SPORT World Cup's Most Shocking Moments 5.15-5.20am Special 1 TV

4 (136)

6.30pm Ugly Betty 7.30 The Big Bang Theory 8.00 How I Met Your Mother

8.30 Friends 10.00 **FILM** Cellular: Thriller.

11.50 Scrubs 12.50am Gok's Fashion Fix 1.45 Supernanny USA 3.05 Switched

3.30-6.00am Hollyoaks

DAVE (111)

7.00pm Genius 7.40 Have I Got News for You 8.20 QI 9.00 Live at the Apollo

2.40-3.00am **SPORT** Radical Highs

MTV (350)

7.00pm Celebrity Bites 7.30 Katy Perry: MTV Hoods 8.00 Teen Mom 9.00 MTV's

27 NOVEMBER

SATURDAY

FULL 7
DAY TV
GUIDE!

sky1

6.00am Brainiac's Test Tube Baby (R) **7.00**
 The Zoo UK (R) **7.30** The Zoo UK (R) **8.00**
 Malcolm in the Middle (R) **8.30** Malcolm in the Middle (R) **9.00** **SPORT** Wayne Rooney's Street Striker (R)(HD) **10.00**
SPORT Soccer AM **12.00** **noon** Best of Oops TV (R) **1.00pm** Malcolm in the Middle (R) **1.30** Malcolm in the Middle (R) **2.00**
 Modern Family (R)(HD) **2.30** Modern Family (R)(HD) **3.00** Liza and Huey's Pet Nation (R)(HD) **4.00** The Real A&E (R)(HD) **5.00** Futurama (R) **6.00** The Middle (R)(HD) **6.30** The Simpsons (R)

7.00 The Simpsons

Bart is sent to a juvenile correctional facility, where he meets fellow tearaway Gina, who helps him plot his escape. (R)

7.30 The Simpsons

Homer takes the family to New York. (R)

8.00 Steve Jones in the Jones Boys' Amazon Adventure

The presenter tries to survive in a rainforest. Take an umbrella! (R)(HD)

9.00 The Siege

FILM An FBI agent races to stop a terrorist cell responsible for a series of bombings while New York is placed under martial law. (HD)

11.15 Fringe

Olivia is sent Over There to investigate the case of a serial kidnapper. (R)(HD)

12.15am Classic Albums

The making of Nirvana's *Nevermind*. (R)

1.20 It's Me or the Dog USA **2.15** Night Cops **3.05** Road Wars **3.55** Oops TV **4.20** Don't Forget the Lyrics **5.10-6.00am**
 Are You Smarter Than a 10 Year Old?

Best Live Performances **1.00am** Making the Video **2.00** Celebrity Bites **2.30** JLS Meet Melvin **3.00-6.00am** All the Hits

SYFY (129)

7.00pm Fact or Faked: Paranormal Files **10.00** **FILM** Mindhunters: *Thriller* starring Christian Slater **12.00m¹⁵** **FILM** Derailed: Action thriller starring Jean-Claude Van Damme. **1.40am** **FILM** Airline Disaster **3.30** 3rd Rock from the Sun **4.00-6.00am** Thunderbirds

FX (164)

6.00pm The Listener **8.00** King of the Hill **9.00** Family Guy **10.00** Robot Chicken **10.15** Eastbound & Down **10.50** Metalocalypse **11.05** American Dad! **12.05am** The Venture Brothers **12.35** Family Guy **1.35** Titan Maximum **1.50** Family Guy **2.50** American Dad! **3.20** Robot Chicken **3.35** Metalocalypse **3.50-4.05am** Titan Maximum

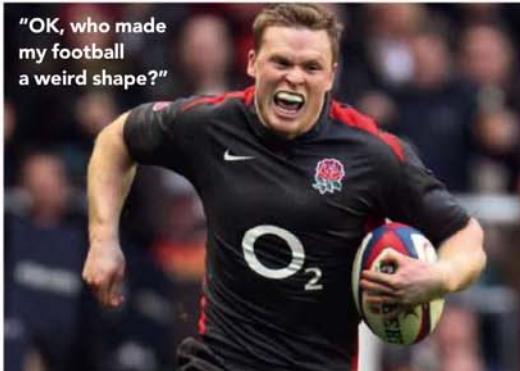
TODAY'S MUST-SEES

"Oi, leave it alone, it matches my boots!"

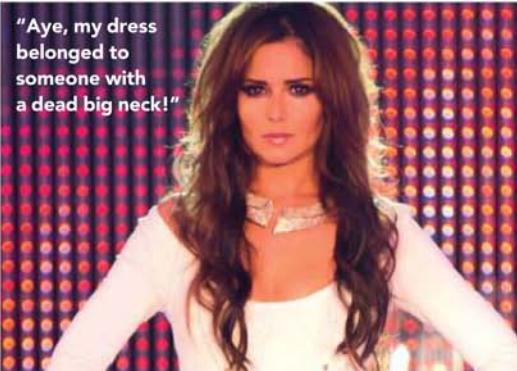


EARLY KICK-OFF!

"OK, who made my football a weird shape?"

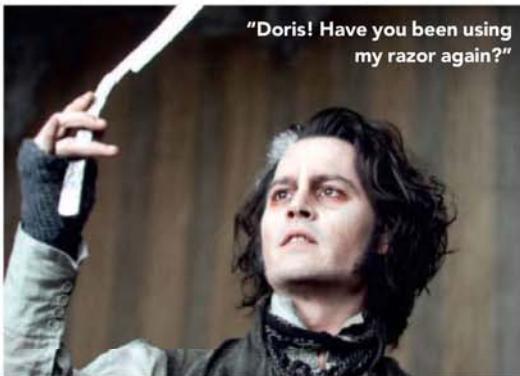


"Aye, my dress belonged to someone with a dead big neck!"

**England vs South Africa**

Sky Sports 1/HD, 2pm

SPORT After running riot over the Aussies, Martin Johnson's men hope to do the same to the world champions here. The Springboks look weak but rule them out at your peril! ★★★★

**Sweeney Todd** Channel 4, 9.30pm

FILM Tim Burton's ultra-gory adaptation of the '70s musical, starring Johnny Depp (naturally) as a loopy barber who goes on a killing spree in Victorian London. Some people will love it, but all the singing means it loses two stars! ★★

Aston Villa vs Arsenal

Sky Sports 2/HD, 12.30pm

SPORT We're off to Villa Park, where the two sides who top the Premier League before any games have been played (when the teams are listed in alphabetical order) lock horns. Villa's young guns are looking pretty darn tootin' at the moment – remember what they did to Manchester United a couple of weeks back? – but, when it comes to young players playing fluid football, Arsenal surely trump them all. ★★★★

The X Factor ITV1, 7.45pm

REALITY Only a few weeks to go in the TV karaoke contest that's become more and more about the judges. We love barmy Brazilian Wagner, but we reckon it'll be Matt, Rebecca and One Direction battling it out in the final. ★★★★

BAMMA 5

BOB SAPP VERSUS **STAV ECONOMOU**

LIVE ON BRAVO **SATURDAY** DECEMBER 4TH 2010

SKY CHANNEL 123 VIRGIN CHANNEL 136

OFFICIAL PARTNERS: **GEICO**, **LONSDALE**, **RODGER'S NUTS**, **PKR**

WWW.BAMMA.COM

BBC
ONE

6am

6.00am Breakfast 7.35 **SPORT** Match of the Day (R) 9.00 The Andrew Marr Show 10.00 **NEWS** Fern Britton Meets June Brown 11.00 Country Tracks 12.00 **NOON** Regional Programme 1.00pm **LIVE** Match of the Day: Norwich vs Ipswich at Carrow Road, otherwise known as the Old Farm derby! It kicks off at 1.15pm. 3.20 EastEnders (R) 3.50 Drop Zone 4.50 Points of View 5.05 Songs of Praise 5.40 BBC News, Regional News, Weather 6.00 Jimmy's Food Factory (R) 6.30 Countryfile

BBC
TWO

6.00am CBeebies 7.00 CBBC 10.00 Something for the Weekend 11.30 **SPORT** International Rugby Union 12.20pm EastEnders 2.15 **LIVE** International Rugby Union: Ireland vs Argentina at the Aviva Stadium, kick-off 2.30pm. 4.45 Flog It! (R) 5.15 **LIVE** Tennis: ATP World Tour Finals: The final at the O2 in London.

itv 1

5.30am ITV News 6.00 CITV 9.25 **SPORT** FA Cup Highlights (R) 10.55 This Morning: Sunday 11.40 The X Factor (R) 1.35pm News, Weather 1.40 Coronation Street 3.55 Midsomer Murders (R) 6.00 **LIVE** FA Cup Football: The third-round draw. 6.20 Regional News, Weather 6.30 ITV News 6.45 Harry Hill's TV Burp (R)

4

6.20am Sali Mali (R) 6.25 The Treacle People (R) 6.35 Yo Gabba Gabba (R) 7.00 **SPORT** Freesports on 4 7.30 **SPORT** Great Salford Swim 8.25 **SPORT** World B-Boy Series 8.55 T4: The Album Chart Show: N-Dubz Special 9.30 Hollyoaks 12.00 **NOON** Live and Lost 12.05pm The Wanted: Video Exclusive 12.15 Ugly Betty 1.10 Friends (R) 1.40 The Simpsons (R) 2.45 **FILM** Ice Age 2: The Meltdown: Animation. 4.25 The Simpsons (R) 5.00 Deal or No Deal 5.50 **FILM** Alvin and the Chipmunks: Musical comedy.

FIVE

6.00am Milkshake! 10.00 Shake! 11.10 **SPORT** Your Sport 11.20 Street Market Chefs (R) 11.50 André Rieu Live in Dublin 12.50pm The André Rieu Story 1.20 **SPORT** Extreme Fishing with Robson Green (R) 2.25 **FILM** Gattaca: Sci-fi drama starring Ethan Hawke. 4.25 **FILM** Grounded: Kids' comedy starring Dylan Christopher. 6.10 Five News 6.15 **FILM** Spider-Man 3: Fantasy adventure starring Tobey Maguire.

7pm

7.30 Strictly Come Dancing
More pansying around.

8.00 Antiques Roadshow
Here's a great day out. Borrow your gran's favourite teapot and get it valued. Or, alternatively, you could get a life.

9.00 Garrow's Law
The lawyer takes on a libel case that pits him against Sir Arthur in court.

10.00 BBC News, Weather

10.25 The Impressions Show with Culshaw and Stephenson
Another dose of celebrity parodies, including some pretty good ones!

10.55 The Apprentice
The contestants have to sell a range of crisps to hotels, bars and restaurants in Germany. Easy! Er, isn't it? (R)

12.00m't Sign Zone: Coast
Neil Oliver explores Brittany. (R)

8.00 Making Scotland's Landscape
How public opinion shaped the fate of Scotland's marine life.

9.00 Donald Trump: All-American Billionaire
A profile of the mad-haired tycoon, exploring how he is so absolutely minted.

10.00 The Trip
Steve and Rob visit Hipping Hall near Kirkby Lonsdale in Cumbria. Amazing if slightly peculiar comedy. Watch it! (R)

10.30 Match of the Day 2
SPORT Highlights of this afternoon's top-flight ball-bashing fixtures, featuring Spurs vs Liverpool and Newcastle vs Chelsea.

11.30 Never Mind the Buzzcocks
Tim Minchin hosts. (R)

12.00m't The Stephen K Amos Show
More sketches and stand-up. (R)

12.30am Stolen Summer
FILM Period drama starring Adi Stein and Mike Weinberg.

7.15 All Star Family Fortunes
Actors John Thomson and Ricky Whittle are joined by their families. Bless 'em.

8.00 The X Factor
The results of another public vote, and thankfully from now on, the judges have no-say in it. Wagner to win! Vote Wagner! Er, assuming he's still in.

9.00 I'm a Celebrity Get Me Out of Here!
We've really been enjoying this. Shaun Ryder's a legend!

10.30 ITV News, Weather

10.45 Intolerable Cruelty
FILM Coen Brothers comedy starring George Clooney and Catherine Zeta-Jones. A divorce attorney meets his match when he encounters a gorgeous gold-digger.

12.30am Premiership Rugby Union

SPORT Action from the latest egg-hurling fixtures, including Leicester vs Newcastle, Bath vs Wasps and Gloucester vs Saracens.

7.30 News
7.55 4thought.tv
An argument about capital punishment.

8.00 Undercover Boss USA
The co-owner of a fast-food chain goes undercover on the shop floor.

9.00 Any Human Heart
Logan is shocked by the brutality of the Spanish Civil War.

10.25 Desperate Housewives
Bree becomes embarrassed about going through the menopause.

11.25 8 Out of 10 Cats
It's a repeat, but it's still funny. Jimmy Carr is joined by guests Sarah Millican, Johnny Vaughan, Jon Richardson and Louie Spence for top list-based laughs. (R)

12.15am The Real Housewives of New Jersey

9.00 Beowulf
MUST-SEE Epic fantasy adventure that turns live actors into computer-generated animation, starring Ray Winstone, Anthony Hopkins and Angelina Jolie. In sixth-century Denmark, a mighty warrior vows to defeat a terrible monster. It's set in Ye Olde time, but it's got quality CGI and you get to see Angelina topless, albeit as a computer character and painted in gold. Still, just watch it. It's cool!

11.10 Anacondas: The Hunt for the Blood Orchid

FILM Really bad B-movie starring Johnny Messner, KaDee Strickland and Morris Chestnut (er, who?). An expedition heads into Borneo to find a flower with miraculous restorative properties, only to stumble upon a nest of giant anacondas. Cue everyone getting picked off, one by one.

1am

1.00am Louis Theroux: Law and Disorder in Lagos (R) 2.00 Holby City: Jac makes a poor decision. (R) 3.00 Who Do You Think You Are? (R) 3.45-6.00am BBC News

1.55-3.40am BBC News

1.15 The Zone 2.00 **SPORT** Motorsport UK 3.00-5.30am ITV Nightscreen

1.10 **LIVE** American Football: Indianapolis Colts vs San Diego Chargers. 4.45 **SPORT** Triathlon (R) 5.10 Grudge Match (R) 5.25-6.10am Countdown (R)

1.00am SuperCasino 4.00 HouseBusters (R) 4.50 Your Sport (R) 5.00 Hana's Helpline 5.10 Milkshake! 5.35 Thomas 5.45-6.00am Roary the Racing Car (R)

REGIONAL VARIATIONS

BBC1 NORTHERN IRELAND: 10.25pm The Conference 10.55 The Impressions Show with Culshaw and Stephenson 11.25 The Apprentice 12.25am BBC News BBC1 WALES: 10.25pm Kim Howells - A Valleys View of the World 11.05 The

Impressions Show with Culshaw and Stephenson 11.35 The Apprentice 12.35am BBC News, Weather BBC2 SCOTLAND: 8.00pm **SPORT** The Adventure Show 10.00 The BBC Scottish Symphony Orchestra at 75 11.30 **SPORT** International Rugby Union

12.20am The Trip 12.50 Never Mind the Buzzcocks 1.20 The Stephen K Amos Show 1.50 **FILM** Stolen Summer: Period drama starring Adi Stein and Mike Weinberg. 3.15-3.45am BBC News BBC2 NORTHERN IRELAND: 10.00pm Pop Goes

Northern Ireland BBC2 WALES: 8.00pm **SPORT** Scrum V 11.30am **SPORT** Scrum V STV: 6.45pm Cheetah Kingdom 10.45 **SPORT** STV Sports Centre: Rugby 11.30 Harry Hill's TV Burp 12.00m't **FILM** The Three Musketeers: Swashbuckling comedy

TODAY'S SPORT

sky SPORTS 1

6.00am **LIVE** Cricket: The fourth day of the first Test between Australia and England at the Brisbane Cricket Ground. (HD) 8.00 Rugby Union (HD) 9.00 Champions League Weekly (HD) 9.30 The Sunday Supplement 11.00 Goals on Sunday (HD) 1.00pm **MUST-SEE** Football: Newcastle vs Chelsea, kick-off 1.30pm. (HD) 3.30 **MUST-SEE** Football: Spurs vs Liverpool at White Hart Lane, kick-off 4pm. (HD) 6.30 Super Sunday: The Last Word (HD) 7.00 **LIVE** Spanish Football: Second-half coverage of a match from La Liga. (HD) 8.00 **LIVE** Spanish Football: This time we get treated to a full La Liga match. (HD) 10.00 Football: Action from Newcastle vs Chelsea and Spurs vs Liverpool. (HD) 11.30-6.00am **LIVE** Cricket: The Last day of the first Test between Australia and England in Brisbane. (HD)

sky SPORTS 2

6.00am Aerobics 6.30 Football First (HD) 9.30 IEX Magazine 10.00 Cricket (HD) 11.00 Racing News 11.30 Rugby Union (HD) 12.30pm Seamaster Sailing 1.00 Watersports World 2.00 Cricket (HD) 3.00 **LIVE** Tennis: The finals of the doubles and singles at that ATP World Tour thingy at the O2 Arena in London. (HD) 8.00 Cricket (HD) 10.00 Golf (HD) 11.30 Tennis (HD) 1.00am Football (HD) 1.30 Spanish Football (HD) 3.30 Football: Action from Newcastle vs Chelsea and Spurs vs Liverpool. (HD) 5.00 Super Sunday: The Last Word (HD) 5.30-6.00am Football (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

7.15pm How She Move: Dance drama starring Rutina Wesley. 9.00 A Mighty Heart: Fact-based drama starring Angelina Jolie. 11.05 Final Destination 3: Horror sequel starring Mary Elizabeth Winstead. 12.50-3.55am The Death of Mr Lazarescu: Romanian comedy drama.

COMEDY CENTRAL (126)

6.00pm Mike & Molly 8.00 Two and a Half Men 10.00 Michael McIntyre: Live & Laughing 11.20 South Park: Cartman tries to become a professional racing driver. 11.50 Comedy Central at the

Comedy Store 12.20am The Office: An American Workplace 1.20 Two and a Half Men 2.20 South Park 3.20 The King of Queens 4.15 Shortcuts Shuffle 4.20 Everybody Loves Raymond 5.10 Frasier 6.00-9.00am Teleshopping

DISCOVERY (520)

7.00pm How Do They Do It? 8.00 How It's Made 9.00 Speed of Life 10.00 Beyond Survival with Les Stroud 11.00 Octoboy: Shocking Story 12.00m't Frontline Battle Machines with Mike Brewer 1.00am Mythbusters 5.30-6.00am How Does That Work?

BBC3 (115)

7.00pm The Real Hustle: Celebrity Scammers 7.30 **MUST-SEE** Sherlock 9.00 James Gacy & Stacey 9.30 How Not to Live Your Life 10.00 Family Guy 10.45 American Dad! 11.30 Gavin & Stacey 12.00m't How Not to Live Your Life 12.30am Being

Human 2.25 **FILM** Scary Movie 3: Spooftorror movie starring Anna Faris and Pamela Anderson. 3.40 Young Hairdresser of the Year 4.40-5.10am The Real Hustle: Celebrity Scammers

E4 (136)

7.00pm Life Unexpected 7.55 Friends 9.00 **FILM** Zoolander: Comedy starring Ben Stiller. 10.45 Rude Tube 11.50 **FILM** Slither: Horror. 1.45am Supernanny USA 3.20-6.00am Hollyoaks

DAVE (111)

7.00pm QI: With John Sessions. 9.00 James May on the Moon 10.00 QI 12.00m't James May on the Moon 1.00am Bottom 2001: An Arse Oddity 2.30-3.00am Whose Line Is It Anyway?

MTV (350)

7.00pm Randy Jackson's America's Best Dance Crew 8.00 If You Really Knew Me

28 NOVEMBER

SUNDAY

FULL 7
DAY TV
GUIDE!

sky1

6.00am Hour of Power **7.00** The Zoo UK (R) **7.30** The Zoo UK (R) **8.00** It's Me or the Dog USA (R)(HD) **9.00** It's Me or the Dog USA (R)(HD) **10.00** SPORTS WWE Superstars (R)(HD) **11.00** SPORTS WWE: Experience (R)(HD) **12.00** noon Real Filth Fighters (R)(HD) **12.30pm** Super Nurses (R)(HD) **1.00** Dog Squad (R)(HD) **1.30** Modern Family (R)(HD) **2.00** Modern Family (R)(HD) **3.00** Fat Families: Second Helpings (R)(HD) **4.00** The Real A&E (R)(HD) **5.00** Futurama (R) **6.00** The Simpsons (R)(HD) **6.30** The Middle (HD)

7.00 Street Striker

MUST-SEE The remaining players compete in an obstacle course challenge, before Wayne and his team select three hopefuls to participate in the final. (HD)

8.00 The Simpsons

Homer and Marge get married for a second time. (R)(HD)

8.30 Modern Family

Jay does some internet-based self diagnosis. (R)(HD)

9.00 Bones

The team try to identify the charred body of a woman. (R)(HD)

10.00 House

MUST-SEE A patient is admitted after being injured in a Crucifixion re-enactment. Ouch. (HD)

11.00 Cold Case

The case of a missing marine. (R)(HD)

12.00m't Night Cops

Officers in Swindon exhaust their supply of handcuffs. (R)(HD)

1.00am Law & Order **1.50** Ross Kemp: Gaza **2.40** Road Wars **3.30** Family Court (R) **4.20** Don't Forget the Lyrics (R)(HD) **5.10-6.00am** Are You Smarter... (R)(HD)

adventure starring Chris O'Donnell. **1.50am** Highland Highlights **2.00** **5.30am** The Nightshift **ULSTER: 1.15am** Countrywise **1.45am** UTV Rewind

9.00 Jersey Shore **10.00** Teen Mom **11.00** Scream Queens **12.00m't** Pranked **12.30am** South Park **1.30** The Dudesons in America **2.00** Jersey Shore **3.00-6.00am** All the Hits

SYFY(129)

7.00pm Warehouse 13 **8.00** Haven **9.00** FILM Derailed: Action adventure starring Jean-Claude Van Damme and Laura Elena Harring. **10.40** FILM Stir of Echoes: Psychological thriller starring Kevin Bacon. **12.40am** FILM Snakes on a Train: Horror starring Alby Castro. **2.30** 3rd Rock from the Sun **3.00** Painkiller Jane **4.00-6.00am** Thunderbirds

FX(164)

6.00pm Burn Notice **8.00** NCIS **10.00** The Walking Dead: Rick's mission to Atlanta is jeopardised. **11.00** Eastbound & Down **12.10am** Life **1.10** Burn Notice **2.10** American Dad! **3.10-4.10am** Cops

TODAY'S MUST-SEES**THE BIG MATCH!****Sherlock** BBC3, 7.30pm**DRAMA**

Another chance to see this fun, modern re-imagining of the classic *Sherlock Holmes* stories. If you like brilliant acting, ingenious plotting and super-brainy sleuthing, this is most definitely the mini-series for you! ★★★★

**Beowulf**

Five, 9pm

FILM

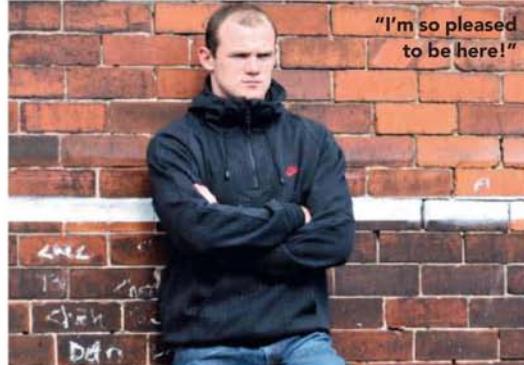
An all-star cast that includes Ray Winstone, Anthony Hopkins, John Malkovich and Angelina Jolie lend their vocal talents to the classic tale of a mighty warrior in ancient Denmark who must slay a terrible beast. Fun CGI nonsense. ★★

Newcastle vs Chelsea & Spurs vs Liverpool

Sky Sports 1/HD, 1pm

SPORT

Football's bonkers, isn't it? Newcastle beat Sunderland 5-1, then just three games later, the Black Cats hammered Chelsea. By that logic, Ancelotti's men should be on the end of a monumental cuffing this afternoon, but they start as favourites. Later, Spurs attempt to inflict more misery on Liverpool, who've won just once away from Anfield in the league all season. Look away, Kopites! ★★★★

**Street Striker**

Sky1/HD, 7pm

SPORT

Fresh from his American break, Wazza's back prowling the streets of Manchester looking for the latest talent. No, not like that! He's on the lookout for the UK's most skilful street striker, obviously. This week, it's the semi-finals. ★★★★

**House**

Sky1/HD, 10pm

DRAMA

The world's grumpiest doctor and his team find themselves caught in a conflict between science and religion when a patient is admitted to their care after being injured in a re-enactment of the crucifixion. The loon! ★★★★

BBC
ONE

6am

6.00am Breakfast 9.15 Rip Off Britain
10.00 Homes Under the Hammer: *From Kent*. 11.00 Real Rescues 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt (R)
1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Missing (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC
TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Animal Park: Wild in Africa (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 Film 2010 with Claudia Winkleman 2.15 Ready Steady Cook (R) 3.00 Murder, She Wrote: *Jessica testifies in court*. (R) 3.45 Flog It! Ten of the Best 4.30 Pointless (R) 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

itv 1

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 **NEW** House Gift: *From Cheam, Surrey*. 3.00 Dickinson's Real Deal (R) 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

4

6.10am Sali Mali (R) 6.15 The Treacle People (R) 6.30 Planet Cook (R) 6.50 Yo Gabba Gabba (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.35 Frasier (R) 9.10 According to Jim (R) 9.40 Friends (R) 10.10 One Tree Hill 11.05 Smallville 12.00noon Channel 4 News Summary 12.05pm A Place in the Sun: Home or Away (R) 1.05 **FILM** The Undefeated: *Western*. 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Four in a Bed 6.00 The Simpsons 6.30 Hollyoaks

FIVE

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House Doctor (R) 12.15pm House Doctor (R) 12.40 Five News 12.50 Ice Patrol (R) 1.45 Neighbours 2.15 Home and Away 2.50 The Family Recipe (R) 2.55 **FILM** Sherlock Holmes Returns: *Offbeat crime adventure starring Anthony Higgins*. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7pm

7.00 The One Show
7.30 Inside Out
8.00 EastEnders
Ryan realises he has one last chance to persuade Stacey to stay. Don't do it, Ryan!
8.30 Fifa's Dirty Secrets:
Panorama
Corruption allegations against some Fifa officials. This could be very interesting.
9.00 Accused
A woman resorts to desperate measures to discover how her son was killed.
10.00 BBC News, Weather

10.35 A Question of Sport
With Michael Vaughan and Frank Skinner.
11.05 Freddie Flintoff:
Ashes Warrior
MUST-SEE The past 12 months in the life of the former England cricketer and pedalo fan.
11.45 The Graham Norton Show (R)
12.40am Sign Zone:
The Apprentice (R)

7.00 Johnny Kingdom's Year with the Birds
7.30 Paxman Meets Hitchens: A Newsnight Special
8.00 University Challenge
It's geeks vs geeks in a nerd face-off.
8.30 Miranda
Rubbish sitcom.
9.00 Ian Hislop's Age of the Do-Gooders
NEW Hislop explores 19th-century individuals. Yawn.

10.00 The Trip
MUST-SEE Steve and Rob visit the Yorke Arms. Sounds dull, but we guarantee it's not!
10.30 Newsnight
11.20 Donald Trump: All-American Billionaire
Emily Maitlis profiles the tycoon. (R)
12.20-4.10am BBC News

7.00 Emmerdale
Not much doing on ITV until later.
7.30 Coronation Street
Not now! Come back later!
8.00 The Victim's Tale: Tonight
A look at the treatment of victims in the criminal justice system.

8.30 I'm a Celebrity
Get Me Out of Here!
This has been on a while now - the celebs'll be in full-on loopy mode!
10.00 ITV News, Weather
10.35 Real Crime with Mark Austin: PC Sharon Beshenivsky - Death on Duty
How the police officer's killers were brought to justice. (R)
11.35 Robson Green's Wild Swimming Adventure
The actor prepares to swim to Holy Island, but pesky jellyfish cause bother. (R)
12.30am The Zone

7.00 News
7.55 4thought.tv
8.00 Dispatches: The Kids Britain Doesn't Want
The treatment of young people by the British asylum system.
9.00 Coppers
Truncheon-based antics.
10.00 Chris Moyles' Quiz Night

With Jimmy Carr (funny), Holly Willoughby (nice) and Gavin Henson (bronzed, bland and boring).

10.55 3 Minute Wonder:
The Turner Prize 2010

11.00 Peep Show
Jeremy is attracted to a woman whose boyfriend is in a coma. Ace! (R)
11.30 The Lazarus Effect (R)
12.10am The Album Chart Show: N.E.R.D
12.45 Premier League Poker
SPORT Action from the second heat, held in Kent.

7.00 Five News at 7
7.30 How Do They Do It?
The manufacturing process behind ballpoint pens. Almost as dull as Gavin Henson. Not quite though.

8.00 The Gadget Show
Jon Bentley puts three wood-burning stoves to the test. Have they run out of ideas for this show? Er, yes!

9.00 Extreme Fishing with Robson Green

The actor catches peacock bass.

10.00 Hard to Kill
FILM Thriller starring Steven Seagal. Well, this is Five - it was always going to be him or JCVD. Seagal's an LA cop who plots revenge against the vicious drugs gang that murdered his family.

12.00m't The Gadget Show
That wood-burning stoves test again. (R)

1.40 MasterChef: The Professionals
(R) 2.10 The Story of Science - Power, Proof and Passion (R) 3.10 Secret Iraq (R) 4.10-6.00am BBC News

BBC1 SCOTLAND: 7.30pm Jimmy's Food Factory 10.35 Still Game 11.05 **SPORT** Sportscene 11.45 A Question of Sport 12.15am **SPORT** Freddie Flintoff 12.55 The Graham Norton Show 1.40 Sign Zone: The Apprentice 2.40 MasterChef **BBC1 NORTHERN**

IRELAND: 7.30pm Getaways 10.35 House on the Hill 11.05 A Question of Sport 11.35 **SPORT** Freddie Flintoff 12.15am BBC News **BBC1 WALES:** 7.30pm X-Ray 10.35 The Royal Mint 11.05 A Question of Sport 11.35 **SPORT** Freddie Flintoff 12.15am The

Graham Norton Show 1.10am See Hear **BBC2** **SCOTLAND:** 7.00pm Dè a-nis? 11.00 Newsnight **BBC2 NORTHERN IRELAND:** 10.00pm **SPORT** Laochra Loch Lao 11.20 Stormont Today 11.50 The Trip 12.20am Donald Trump 1.20 BBC News **BBC2**

WALES: 7.00pm Railway Walks 11.20 Made in Wales 11.30 Donald Trump 12.30am BBC News

STV: 10.30pm STV News 10.40 Celebrity Juice 11.25 Blasad 12.00m't A Reir na h-Aimsir 12.30am **FILM** A Shock to the System 2.00 The Nightshift

REGIONAL VARIATIONS

BBC1 SCOTLAND: 7.30pm Jimmy's Food Factory 10.35 Still Game 11.05 **SPORT** Sportscene 11.45 A Question of Sport 12.15am **SPORT** Freddie Flintoff 12.55 The Graham Norton Show 1.40 Sign Zone: The Apprentice 2.40 MasterChef **BBC1 NORTHERN**

IRELAND: 7.30pm Getaways 10.35 House on the Hill 11.05 A Question of Sport 11.35 **SPORT** Freddie Flintoff 12.15am BBC News **BBC1 WALES:** 7.30pm X-Ray 10.35 The Royal Mint 11.05 A Question of Sport 11.35 **SPORT** Freddie Flintoff 12.15am The

Graham Norton Show 1.10am See Hear **BBC2** **SCOTLAND:** 7.00pm Dè a-nis? 11.00 Newsnight **BBC2 NORTHERN IRELAND:** 10.00pm **SPORT** Laochra Loch Lao 11.20 Stormont Today 11.50 The Trip 12.20am Donald Trump 1.20 BBC News **BBC2**

WALES: 7.00pm Railway Walks 11.20 Made in Wales 11.30 Donald Trump 12.30am BBC News

STV: 10.30pm STV News 10.40 Celebrity Juice 11.25 Blasad 12.00m't A Reir na h-Aimsir 12.30am **FILM** A Shock to the System 2.00 The Nightshift

TODAY'S SPORT

sky SPORTS 1

6.00am **LIVE** Cricket: *The last day of the Test between Australia and England*. (HD)
8.00 Football (HD) 9.30 Super Sunday: *The Last Word* (HD) 10.00 Cricket (HD)
11.00 Spanish Football (HD)
1.00pm Cricket (HD)
2.00 Football (HD)
3.30 Super Sunday: *The Last Word* (HD)
4.00 Cricket (HD)
5.00 Super Sunday: *The Last Word* (HD)
5.30 Soccer AM: *The Best Bits*
6.30 Netbusters
7.00 Sky Sports News at Seven (HD)

7.30 **MUST-SEE** Spanish Football: *Barcelona vs Real Madrid, kick-off 8pm*. (HD)
10.30 Netbusters 11.00 SPL Round-Up (HD) 11.30 Premier League Review (HD)
12.30am A League of Their Own (HD)
1.00 Spanish Football (HD) 2.30 Football (HD) 4.00 FIFA Futbol Mundial 4.30 Max Power 5.30-6.00am **FIFA Futbol Mundial**

sky SPORTS 2

6.00am Good Morning Sports Fans (HD)
9.00 Golf (HD) 10.30 Football (HD)
11.00 Ringside (HD)
12.30pm Rugby Union (HD)
2.00 Canterbury
2.30 Golf (HD)
4.00 Football (HD)
4.30 Ringside (HD)
6.00 Snow Ride
6.30 Extra Time
7.00 Sailing
7.30 **LIVE** Football: *Leicester vs Forest*, kick-off 7.45pm. (HD)
10.00 Sailing
10.30 Extra Time
11.00 Show Jumping
12.00m't Cricket (HD)
2.00am Show Jumping
3.00 Sailing
3.30-4.30am Premier League Review: *A look back at recent fixtures*. (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

6.50pm Gallipoli: *First World War* drama starring Mel Gibson and Mark Lee. 9.00 Jumper: *Fantasy thriller*. 10.45 **MONSTER:** Fact-based drama starring Charlize Theron. 12.50-3.10am **MIRROR:** *Russian drama*.

COMEDY CENTRAL (126)

6.00pm **Two and a Half Men** 7.30 **SCRUBS** 8.30 **Two and a Half Men** 10.00 **MIKE & MOLLY** 10.30 **PETER KAY AT THE COMEDY STORE** 11.00 **SEX AND THE CITY** 12.10am **Two and a Half Men** 1.10 **SOUTH PARK** 2.10 **PETER KAY: THE EARLY DAYS** 2.40 **SCRUBS** 3.40 **Two and a Half Men** 4.05 **SHORTCUTS**

ESPN

6.30pm **TALK OF THE TERRACE** 8.00 **NBA** 8.30 **Premiership**
Rugby Union 10.00 Between the Lines 10.30 **TALK OF THE TERRACE** 12.00m't **NFL** 1.30am **LIVE NFL: Monday Night Football** 4.30-5.00am **Press Pass 2010**

Shuffle 4.20 *The King of Queens* 5.10 **FRASIER** 6.00-9.00am **TELESHOPPING**

DISCOVERY (520)

6.00pm **MYTHBUSTERS** 8.00 **HOW DO THEY DO IT?** 8.30 **HOW IT'S MADE** 9.00 **MYTHBUSTERS** 10.00 **FRONTLINE** **BATTLE MACHINES** with Mike Brewer 11.00 **GREATEST TANK BATTLES** 12.00m't **DEADLIEST CATCH** 1.00am **BEAR GRYLLS: BORN SURVIVOR** 2.00 **INDUSTRIAL REVELATIONS** 3.00 **WORLD WAR TWO** in 11D Colour 3.50 **HOW THE UNIVERSE WORKS** 4.40 **UNSOLVED HISTORY** 5.30-6.00am **HOW DOES THAT WORK?**

BBC3 (115)

7.00pm **MERLIN** 7.45 **DOCTOR WHO** 8.30 **FREAK LIKE ME** 9.00 **THE WORLD'S STRICTEST PARENTS** 10.00 **EASTENDERS** 10.30 **HOW NOT TO LIVE YOUR LIFE** 11.00 **FAMILY GUY** 11.45 **THE WORLD'S STRICTEST PARENTS** 12.45am **FREAK LIKE ME** 1.15 **HOW NOT TO LIVE YOUR LIFE** 1.45 **MAD ABOUT THE HOUSE**

2.45 **LOVE ME, LOVE MY FACE** 3.45 **THE REAL HUSTLE** on **Holiday: Top Cop** **tricks**. 4.15-5.15am **MAD ABOUT THE HOUSE**

E (136)

7.00pm **HOLLYOAKS** 7.30 **Friends** 9.00 **SCRUBS** 10.00 **THE IT CROWD: MAD COMEDY**. 10.30 **PETE VERSUS LIFE** 11.00 **MISFITS** 12.05am **SCRUBS** 1.05 **THE IT CROWD** 1.30 **PETE VERSUS LIFE** 2.00 **MISFITS** 2.55 **WHAT ABOUT BRIAN** 3.35 **RICK & STEVE: THE HAPPIEST GAY COUPLE IN ALL THE WORLD** 4.00 **SWITCHED** 4.20 **ACCIDENTALLY ON PURPOSE** 4.45-6.00am **SWITCHED**

DAVE (111)

6.40pm **QI: WITH HUGH LAURIE** 8.00 **TOP GEAR** 9.00 **QI XL** 10.00 **MOCK THE WEEK** 10.40 **HAVE I GOT NEWS FOR YOU** 11.20 **QI XL** 12.20am **MOCK THE WEEK** 1.00 **HAVE I GOT NEWS FOR YOU** 1.40 **CHANDON PICTURES** 2.05 **LEAD BALLOON** 2.35-3.00am **WHOSE LINE IS IT ANYWAY?**

29 NOVEMBER

MONDAY

FULL 7
DAY TV
GUIDE!

sky1

6.00am X-Weighted (R) **7.00** Brainiac: Science Abuse (R) **8.00** Oops TV (R) **9.00** It's Me or the Dog USA (HD) **10.00** Bones (R)(HD) **11.00** Super Nurses (HD) **11.30** The Real A&E (R)(HD) **12.00noon** X-Weighted (R) **1.00pm** UK Border Force (R)(HD) **2.00** Stargate Atlantis (R)(HD) **3.00** Stargate Atlantis (R)(HD) **4.00** Bones (R)(HD) **5.00** Malcolm in the Middle (R) **5.30** Futurama: Cartoon. (R) **6.00** Oops TV (R) **6.30** The Simpsons (R)

7.00 The Simpsons

Lisa embraces her creative side at a performing arts camp. (R)(HD)

7.30 Modern Family

Manny's biological father visits, and Jay's reaction to him causes problems with Gloria. Cue top laughs. (R)(HD)

8.00 Best of Oops TV

You've Been Framed clone. (R)

9.00 Road Wars

The po-po tackle more car crime. (R)

10.00 NCIS: Los Angeles

The hunt for the elusive black book continues, apparently. (HD)

11.00 Cold Case

The homicide squad reopens a 1981 case of a missing single mother. (R)

12.00m't Road Wars

Police officers deal with a man running amok with an axe in Leamington Spa. (R)

1.00am Road Wars **1.50** Alaska's Toughest Prison **2.40** Oops TV **3.30** Lost **4.20** Sell Me the Answer **5.10-6.00am** Are You Smarter Than a 10 Year Old? (R)

ULSTER: **10.30pm** UTV Live Tonight **11.05** Stephen Tompkinson's Australian Balloon Adventure **12.00m't** **2.30am** **Film** The Day of the Jackal **ITV1 WALES:** **8.00pm** Anna's Welsh Zoo **10.30** Wales Tonight

MTV (350)

7.00pm Hogan Knows Best **8.00** Teen Mom **9.00** Jersey Shore: US reality show. **10.00** Scream Queens **11.00** Jackass: The Beginning **12.00m't** South Park **1.00am** Scream Queens **2.00** South Park **3.00-6.00am** All the Hits

SYFY (129)

7.00pm A Town Called Eureka **8.00** Sanctuary **10.00** Haven **11.00** Warehouse 13 **12.00m't** **Film** Out for a Kill: Action adventure starring Steven Seagal. **1.50am** Fact or Faked: Paranormal Files **4.00** Quantum Leap **5.00-6.00am** Buffy the Vampire Slayer

FX (164)

7.00pm NCIS **9.00** Family Guy: Double-bill. **10.00** NCIS **11.00** The Walking Dead **12.00m't** Nip/Tuck **1.00am** Farscape: Pilot finds a wormhole. **2.00** Babylon 5 **3.00-4.00am** ReGenesis

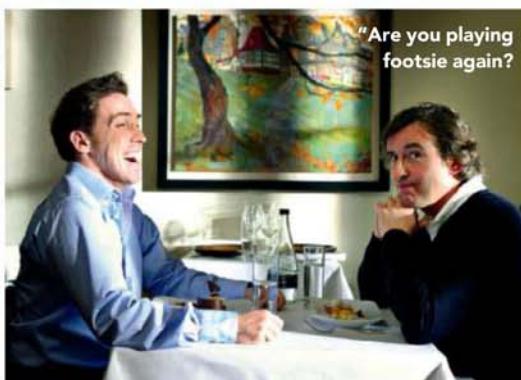
TODAY'S MUST-SEES

"Think I'll use the drive-thru next time!"

Zombieland

Sky Movies Premiere/HD, 10.40pm

FILM The whole world seems to have gone zombie mad at the moment, doesn't it? In this comedy horror, set in a world that's been taken over by the living dead, nerdy young Columbus (Jesse Eisenberg) teams up with hardened zombie-killing expert Tallahassee (Woody Harrelson) on a journey across the American wastelands. On the way, they encounter two more survivors, including the foxy Wichita (Emma Stone), and decide to head for a distant amusement park believed to be a zombie-free zone. Fun, but not as cool as it thinks it is. ★★★★

FLESH EATERS!

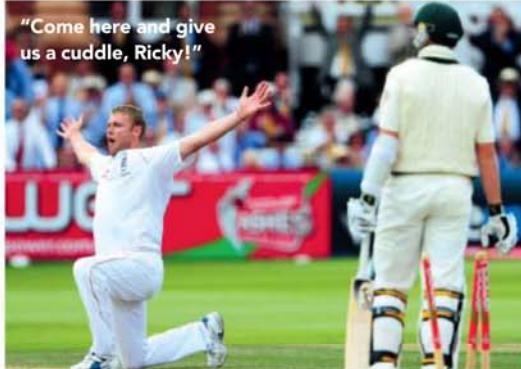
"Are you playing footsie again?"

The Trip

BBC2, 10pm

COMEDY

If it wasn't for the fact that Rob Brydon and Steve Coogan are such funny blokes, this programme would be awful self-indulgent nonsense. But they're pulling it off. This week, two more restaurants get the treatment. ★★★★

**Freddie Flintoff: Ashes Warrior**

BBC1, 11.05pm

SPORT The Ashes hero, TV star and all-round decent bloke talks us through the highs and lows of his career. What a legend! ★★★★

**Barcelona vs Real Madrid**

Sky Sports1/HD, 7.30pm

SPORT

La Liga's normally exciting, but when El Clásico comes around, things get seriously ace! How will Mourinho's Real cope with Messi? We might need a lie down after this. ★★★★★



BBC
ONE

6am

6.00am Breakfast 9.15 Rip Off Britain
10.00 Homes Under the Hammer 11.00
Real Rescues 11.45 To Buy or Not to Buy
12.15pm Bargain Hunt (R) 1.00 BBC
News, Weather 1.30 Regional News,
Weather 1.45 Doctors 2.15 Missing (R)
3.00 BBC News, Weather, Regional News
3.05 CBBC 5.15 Weakest Link: Game
show. 6.00 BBC News, Weather 6.30
Regional News Programmes, Weather

BBC
TWO

6.00am CBeebies 7.00 CBBC 8.30
CBeebies 11.30 Animal Park: Wild in
Africa (R) 12.00noon Daily Politics
12.30pm GMT with George Alagiah
1.00 Due South (R) 1.45 Car Booty (R)
2.10 Ready Steady Cook (R) 3.00 Murder,
She Wrote (R) 3.45 Flog It! Ten of the
Best 4.30 Pointless (R) 5.15 The Hairy
Bikers' Cook Off 6.00 Eggheads 6.30
Strictly Come Dancing - It Takes Two

itv 1

5.30am ITV News 6.00 Daybreak 8.30
Lorraine 9.25 The Jeremy Kyle Show
10.30 This Morning 12.30pm Loose
Women 1.30 ITV News 1.55 Regional
News, Weather 2.00 House Gift 3.00
Dickinson's Real Deal: From Monmouth,
South Wales. (R) 4.00 Midsomer Murders
(R) 5.00 The Alan Titchmarsh Show 6.00
Regional News, Weather 6.30 ITV News

4

6.35am Sali Mali (R) 6.40 The Treacle
People (R) 6.50 Yo Gabba Gabba (R) 7.15
Freshly Squeezed 7.40 Everybody Loves
Raymond (R) 8.40 Frasier (R) 9.10
According to Jim (R) 9.40 Friends (R)
10.10 One Tree Hill 11.05 Smallville
12.00noon Channel 4 News Summary
12.05pm River Cottage Bites (R) 12.15 A
Place in the Sun: Home or Away (R) 1.20
■ Film Legend of the Lost: Desert adventure.
3.25 Countdown 4.10 Deal or No Deal
5.00 Come Dine with Me 5.30 Four in a
Bed 6.00 The Simpsons 6.30 Hollyoaks

FIVE

6.00am Milkshake! 9.15 The Wright Stuff
10.45 Trisha Goddard (R) 11.45 House
Doctor (R) 12.15pm House Doctor (R)
12.40 Five News 12.50 Ice Patrol (R) 1.45
Neighbours 2.15 Home and Away 2.50
Animal Rescue Squad (R) 3.05 Film
Journey of the Heart: Social drama
starring Cybill Shepherd. 5.00 Five News,
Weather 5.30 Neighbours (R) 6.00 Home
and Away (R) 6.25 Live from Studio Five

7pm

7.00 The One Show

Topical tittle-tattle.

7.30 EastEnders

Ryan is torn between two women. And
we're expected to feel sorry for him?

8.00 Holby City

Faye goes into labour. Avert your eyes!

9.00 Turn Back Time -
The High Street

The businesses undergo radical
transformations as the traders enter the
'60s. Huh? Do they have a time machine?

10.00 BBC News, Weather

10.35 Imagine

The life of 19th-century photographer
Eadweard Muybridge, a bloke with
exactly two too many vowels in his name.

11.35 Away From Her

FILM A man has to deal with
jealousy and remorse when
his wife develops Alzheimer's disease
and goes into a nursing home.

7.00 Coast

Renee Godfrey spies on seals via a journey
from Cornwall to South Wales. (R)

8.00 Alan Titchmarsh's
Garden Secrets

The clandestine activities of crocuses.
Something like that, anyway.

9.00 The Foods
That Make Billions

A look at how grain became one of the
food industry's most lucrative
commodities. Stands to reason - grain
helps make dough, after all. Sorry!

10.00 Miranda

Things look up for Miranda's love life
when she finds herself with two dates.
She'll have the same problem as Ryan
from EastEnders if she's not careful. (R)

10.30 Newsnight

11.20 Limbo Babies

Catholic teachings regarding the burial of
stillborn infants.

12.20am American Dream

People who could not square the dream
with the reality of their lives. (R)

7.00 Emmerdale

Declan and Alicia continue their flirting.
Well, sheep will be sheep...

7.30 River Monsters

Jeremy Wade searches for a deadly fish in
Alaska. The loon!

8.00 All New You've
Been Framed!

"Hilarious" mobile phone footage.

8.30 I'm a Celebrity
Get Me Out of Here!

Critter-crunching antics.

10.00 ITV News, Weather

10.35 Olly Murs Revealed

Profile of the X Factor 2009 runner-up.
We're outta here! (R)

11.35 Swingtown

Melinda assures Susan nothing happened
between her and Bruce.

12.30am The Zone

7.00 News

7.55 4thought.tv

8.00 Kirstie's
Homemade Home

Pad-pimping with Kirstie Allsopp.

9.00 The Family

10.00 Frankie Boyle's
Tramadol Nights

MUST-SEE Sketches and stand-up
performances from the hilariously angry Scottish comic.

10.35 The Morgana Show

MUST-SEE Sketches with
Morgana Robinson performs a batch of fast-paced sketches.

11.10 3 Minute Wonder:
The Turner Prize 2010

11.15 The Big Bang Theory

11.40 Robert's Web (R)

12.15am Bull Run

SPORT The New York to Las Vegas
rally continues.

12.50 World B-Boy Series (R)

7.00 Five News at 7

7.30 Street Market Chefs

Two Leicester chefs produce meals using
tropical fruit, washed down with jugs of
Um Bongo, presumably.

8.00 Sea Patrol UK

A diver is reported missing.

9.00 CSI: Miami

MUST-SEE Delko helps the team
crack the case of a
diamond robbery that ended in murder.

10.00 CSI: NY

A teenager is shot. (R)

11.00 CSI: Crime
Scene Investigation

A cop is murdered during a relay race. OK,
who had the starter gun? (R)

11.55 True CSI

The murders of a former state trooper's
wife and children. (R)

12.55am SuperCasino

1.25am Sign Zone: See Hear (R) 1.55

MasterChef: The Professionals (R) 2.55

Renaissance Revolution (R) 3.55 The

Bionic Vet (R) 4.25-6.00am BBC News

1.20-4.25am BBC News

2.30 The Rockford Files (R) 3.25 The

Jeremy Kyle Show: Shouty show. (R)

4.20-5.30am ITV Nightscreen

1.15 Freesports 1.45 Beach Volleyball

2.40 KOTV 3.05 World Sport 3.30 Great

Salford Swim 4.25 Sailing 4.55 Deadliest

Catch 5.45-6.30am One Tree Hill

4.00 The FBI Files (R) 4.45 House Doctor:
A House in Darlington. (R) 5.10 Michaela's

Wild Challenge (R) 5.35-6.00am
Michaela's Wild Challenge (R)

Regional Variations

BBC1 SCOTLAND: 7.00pm Jimmie MacGregor -
80 Years Young 8.00 River City 11.35 The One Show

12.05am FILM Away From Her BBC1 NORTHERN
IRELAND: 10.35pm Northern Ireland's Greatest

Haunts 11.05 Imagine 12.05am The Graham

Norton Show 12.50 Where Music Matters 12.55am

Sign Zone: Coast BBC1 WALES: 10.35pm The

Indian Doctor 11.20 Imagine 12.20am Sign Zone:

The Apprentice BBC2 SCOTLAND: 7.00pm Dè a-nis?

9.00 Men of Rock 10.00 Grand Slam 90 11.00

Newnight Scotland, Weather 11.20 The Foods That

Make Billions BBC2 NORTHERN IRELAND: 7.00pm

Jackie's the Boy 7.30 An Bhearna Baoil 10.00

Great Unanswered Questions 11.20 Stormont Today

11.50 Limbo Babies 12.50am American Dream

1.50 BBC News

BBC2 WALES: 7.00pm Making

Scotland's Landscape STV: 7.30pm Malawi: Hope

Delivered 10.30 STV News, Weather 10.40 FILM

Pieces of April: Comedy. 12.05am Brain Box 1.00

The Jeremy Kyle Show 2.00-5.30am The Nightshift

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD)
9.00 Netbusters 9.30 Football (HD)
11.00 Spanish Football (HD)
12.30pm SPL Round-Up (HD)
1.00 Football (HD)
2.30 Spanish Football (HD)
4.00 Soccer AM: The Best Bits
5.00 Premier League Review (HD)
6.00 Spanish Football
7.00 Sky Sports News at Seven (HD)
7.30 MUST-SEE Football: West Ham vs Man
United, kick-off 7.45pm. (HD)
10.00 Spanish Football
11.00 Football Asia
11.30 A-League
12.00m't Football (HD)
1.30am Spanish Football
2.30 Football Asia
3.00 A-League
3.30 Football (HD)
5.00-6.00am Spanish Football

sky SPORTS 2

6.00am Aerobics
6.30 Snow Ride
7.00 WWE: Afterburn (HD)
8.00 Premier League Review (HD)
9.00 Golf (HD)
10.00 Wonderful World of Golf
11.30 PGA Tour Classic
12.30pm Golf (HD)
1.30 Wonderful World of Golf
3.00 Cricket: The fifth day of the first Test
between Australia and England. (HD)
5.00 Sports Unlimited
6.00 Snow Ride
6.30 Carp Academy
7.00 Motorsport (HD)
8.00 Basketball
10.00 The Ultimate Fighter (HD)
11.00 Poker (HD)
1.00am The Ultimate Fighter (HD)
2.00 Motorsport (HD)
3.00-3.30am Asian Tour Golf Show

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

7.05pm The Seeker: The Dark is Rising:

Fantasy adventure starring Alexander

Ludwig. 9.00 Braveheart: Oscar-winning

historical epic starring Mel Gibson.

12.20am PREMIERE Meet the Spartans:

Historical spoof with Sean Maguire. 2.00-

3.55am Room to Rent: Comedy drama.

COMEDY CENTRAL (126)

6.00pm Two and a Half Men 7.30 Scrubs

8.30 Two and a Half Men: Alan thinks

about retiring. 10.00 Peter Kay at the

Comedy Store 10.30 Mike & Molly 11.00

Sex and the City 12.15am Two and a Half

Men 1.15 South Park 2.15 The Office: An

American Workplace 3.15 Scrubs 3.45

Two and a Half Men 4.10 Shortcuts

Shuffle 4.20 The King of Queens 5.10

Frasier 6.00-9.00am Teleshopping

DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They

Do It? 8.30 How It's Made 9.00 Swamp

Loggers 10.00 Built from Disaster 11.00

River Monsters 12.00m't Deadliest Catch

1.00am Dear Grylls: Born Survivor

2.00 Industrial Revelations 3.00 World

War Two in HD Colour 3.50 How the

Universe Works 4.40 Unsolved History

5.30-6.00am How Does That Work?

BBC3 (115)

7.00pm Total Wipeout 8.00 Beyond

Walford: Roxy Mitchell 9.00 Mad About the

House 10.00 EastEnders 10.30

Young Plumber of the Year 11.30 Family

Guy 12.10am Beyond Walford: Roxy

Mitchell 1.10 Mad About the House 2.10

Young Plumber of the Year 3.10 Total

Wipeout 4.10-5.10am Can't Bully Me

E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00

FILM Zoolander: Catwalk comedy starring

Ben Stiller. 10.50 The Event 11.50

Scrubs 12.50am The Event 1.40 Life

Unexpected: A storm hits Portland.

2.20 What About Brian 3.05 Reno 911!

3.45 Switched 4.10 Accidentally on

Purpose 4.30-6.00am Switched

DAVE (111)

6.40pm QI 8.00 Top Gear 9.00 QI XL:

With Phillip Jupitus, Hugh Dennis and Andy

Hamilton. 10.00 Have I Got News for

You: With guest host Bill Bailey. Cool!

10.40 Mock the Week 11.20 QI XL

12.20am Have I Got News for You 1.00

Mock the Week 1.40 Lead Balloon

2.10-3.00am Whose Line Is It Anyway?

NEW
ISSUE
ON SALE
TODAY!

30 NOVEMBER

TUESDAY

FULL 7
DAY TV
GUIDE!

sky 1

6.00am X-Weighted (R) **7.00** Brainiac: Science Abuse (R)(HD) **8.00** Oops TV (R) **9.00** It's Me or the Dog USA (HD) **10.00** Bones (R)(HD) **11.00** Kim's Rude Awakening (R)(HD) **11.30** The Real A&E (R)(HD) **12.00noon** X-Weighted (R) **1.00pm** UK Border Force (R)(HD) **2.00** Stargate Atlantis (R)(HD) **3.00** Stargate Atlantis (R)(HD) **4.00** Bones (R)(HD) **5.00** Malcolm in the Middle: Chaos ensues on a trip to the zoo. (R) **5.30** Futurama (R) **6.00** Oops TV (R) **6.30** The Simpsons (R)

7.00 The Simpsons
Lisa investigates her ancestry. (R)(HD)

7.30 Modern Family
Mitchell and Cameron hire a Hispanic gardener. (R)(HD)

8.00 UK Border Force
A pregnant woman causes a flight to be delayed. (R)(HD)

9.00 Stargate Universe
Chloe prepares her final goodbyes. (HD)

10.00 Fringe
Olivia and Peter's lives hang in the balance when a virus is released. (R)(HD)

11.00 Black Swarm
FILM An exterminator encounters a highly sinister wasp infestation. Nasty. (HD)

12.50am Road Wars
Simon and Chris chase a drug dealer on a Milton Keynes estate. (R)

1.40 Surviving Prison (R) **2.30** Brainiac (R) **2.40** Oops TV (R) **3.30** Lost (R)(HD) **4.20** Sell Me the Answer (R)(HD) **5.10-6.00am** Smarter Than a 10 Year Old? (R)

ULSTER: **10.30pm** UTV Live Tonight **11.05pm** Homes from Hell **12.00m't** Brain Box **ITV1**

WALES: **7.30pm** **NEW** Fishlock's Wales

MTV (350)
7.00pm Hogan Knows Best **8.00** If You Really Knew Me **9.00** Teen Mom **10.00** Jersey Shore **11.00** Nitro Circus **11.30** Jackass: Where Are They Now?

12.00m't South Park: The boys go on a crusade. **1.00am** Jersey Shore **2.00** South Park **3.00-6.00am** All the Hits

SYFY (129)
7.00pm A Town Called Eureka **8.00** Medium **9.00** I Haven **10.00** **NEW** Out for a Kill: Action adventure starring Steven Seagal. **11.50** **NEW** Airline Disaster: Thriller. **1.50am** Fact or Faked: Paranormal Files **4.00** Quantum Leap **5.00-6.00am** Buffy the Vampire Slayer

FX (164)
7.00pm NCIS **9.00** King of the Hill **10.00** American Dad! **11.00** Life **12.00m't** Nip/Tuck **1.00am** Farscape **2.00** Babylon 5: Drama. **3.00-4.00am** ReGenesis

TODAY'S MUST-SEES

"Don't suppose
you've got a razor
I could borrow?"



FUNNY BLOKE!



"Which way to
the Men In Black
III audition?"



"Fancy a quick game of
paper, scissors, stone?"

CSI: Miami

Five, 9pm

DRAMA

A diamond robbery leads to a murder investigation but as the case unfolds, some of the jewels disappear from the crime lab. Eric Delko also makes a re-appearance after his money troubles. Coincidence? What do you think? **★★★**

"The flowers
are from
Simon, but the
wig is Louis'!"



The Morgana Show

Channel 4, 10.35pm

COMEDY

Morgana Robinson's new sketch show could establish her as the funniest woman on TV. Watch out for schoolboy interviewer Gilbert, and a pair of rival TV news reporters. **★★★**

**Frankie Boyle's
Tramadol
Nights** **Channel 4, 10pm**

COMEDY

Not seen much of Boyle lately, have we? The bearded lunatic left *Mock The Week* and his *Nuts* column behind, and this is what he's been up to! *Tramadol Nights* mixes his ace stand-up with pre-recorded sketches to take down all aspects of modern life. You'll be rewinding half of it to double-check what you heard was for real! Leave your political correctness at the door, and enjoy! **★★★★★**

West Ham vs Man United

Sky Sports 1/HD, 7.30pm

SPORT

The Carling Cup is a bit of a sanctuary to the Hammers while they prop up the Premier League. However, the smart money says their run may come to an abrupt end this evening! **★★★**



Nuts TV

BBC
ONE

6am

6.00am Breakfast 9.15 Rip Off Britain: Consumer Show. 10.00 Homes Under the Hammer 11.00 Real Rescues 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Missing (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC
TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Daily Politics 1.00pm See Hear 1.30 Car Booty (R) 2.15 Ready Steady Cook: Pan-wielding. (R) 3.00 Murder, She Wrote (R) 3.45 Flog It! Ten of the Best 4.30 Pointless (R) 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

itv 1

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning: With Joe McElderry. 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 House Gift 3.00 Dickinson's Real Deal (R) 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

4

6.30am Planet Cook (R) 6.50 Yo Gabba Gabba (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.40 Frasier (R) 9.10 According to Jim (R) 9.40 Friends (R) 10.10 One Tree Hill 11.10 Smallville 12.00noon Channel 4 News Summary 12.05pm A Place in the Sun: Home or USA? (R) 1.10pm Operation Petticoat: World War Two comedy. 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Four in a Bed 6.00 The Simpsons 6.30 Hollyoaks

FIVE

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House Doctor (R) 12.15pm House Doctor (R) 12.40 Five News 12.50 Ice Patrol (R) 1.45 Neighbours 2.15 Home and Away 2.50 Meals in Moments (R) 3.05 Meals in Moments (R) 3.15pm Undercover Angel: Romantic drama starring Yasmine Bleeth and Dean Winters. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7pm

7.00 The One Show
Jason Manford does serious...ish.

7.30 Wallace & Gromit's World of Invention

8.00 Jimmy's Food Factory

8.30 Nigel Slater's Simple Suppers

9.00 The Apprentice

MUST-SEE The seven berks buy weird items at bargain prices, then try to sell them on.

10.00 BBC News, Weather

10.35 The National Lottery Draws

10.45 Film 2010 with Claudia Winkleman

A look at the movies *Rare Exports: A Christmas Tale* and *Secretariat*.

11.25 The League Cup Show

SPORT Quarter-final highlights, including West Ham vs Man United and Arsenal vs Wigan.

12.30am Sign Zone: Country Tracks (R)

1.25 MasterChef: The Professionals (R)
2.25 Lost Land of the Tiger (R)
3.25-6.00am BBC News

7.00 Escape to the Country (R)

7.30 Miranda

Things look up for Miranda's love life when she finds herself with two dates. (R)

8.00 Edwardian Farm

The hardships of winter take their toll. Course they do, it's flipping freezing!

9.00 Ancient Worlds

The legacy of Alexander the Great.

10.00 The Apprentice: You're Fired!

The latest loser complains. Inevitably.

10.30 Newsnight

11.20 RTS Huw Wheldon Lecture 2010 - Science: A Challenge to TV Orthodoxy

Even the title of this show confuses us.

12.00m't The Foods That Make Billions

How grain became one of the food industry's most lucrative commodities. If you needed help getting off to sleep this evening, this'll do it. Thanks, BBC2! (R)

7.00 Emmerdale

Moira goes out to buy more heroin for Holly. Blimey, sounds a bit heavy to us.

7.30 Coronation Street

Jim McDonald makes a reappearance on the street. This might mean something to us, if we knew who he actually was.

8.00 Coronation Street

Oh, no - there's more!

8.30 I'm a Celebrity Get Me Out of Here!

Another celeb gets booted out the jungle and straight into a life of luxury/obscenity.

10.00 ITV News, Weather

10.35 Raw Deal

FILM Oldie action thriller starring renowned politician Arnold Schwarzenegger as an ex-FBI agent sent to infiltrate the Chicago underworld.

12.30am The Zone

7.00 News

7.55 4thought.tv

8.00 Animal Madhouse

The vets treat a dog that needs a hip replacement, and a cat that struggles to control its bladder. How old are they? 96?

9.00 Grand Designs

Another fancy house, this time in France.

10.00 Rude Tube

Bonkers stuff from the interweb. (R)

11.05 3 Minute Wonder: The Turner Prize 2010.

11.10 The Event

President Martinez asks Blake to root out the mole among their staff. (R)

12.10am Music on 4: On Track

12.25 Live at Russian Standard Originals

12.40 The Album Chart Show Spotlight

12.55 4Play: Mumford & Sons A gig by the folk-rock band. (R)

7.00 Five News at 7

7.30 UEFA Europa League Football

LIVE Man City attempt to get their stuttering campaign moving in the right direction with a match against rock-bottom Austrian side Red Bull Salzburg. It kicks off at 8.05pm.

10.10 The Art of War

FILM Action thriller starring Wesley Snipes and Anne Archer. A United Nations agent is framed for the murder of a Chinese ambassador.

12.30am Poker

SPORT Card-flipping fun with a top event in London.

1am

1.25 MasterChef: The Professionals (R)
2.25 Lost Land of the Tiger (R)
3.25-6.00am BBC News

1.00-3.25am BBC News

2.35 **FILM** The Appaloosa: Western with Marlon Brando. 4.15 The Jeremy Kyle Show (R) 5.10-5.30am ITV Nightscreen

1.10 **FILM** Mister Lonely 3.05 Studio 60 on the Sunset Strip (R) 3.50 Brothers & Sisters (R) 4.40 Hill Street Blues (R) 5.30-6.15am Countdown (R)

1.25 SuperCasino 4.00 The FBI Files (R)
4.45 House Doctor (R) 5.10 Michaela's Wild Challenge (R)
5.35-6.00am Michaela's Wild Challenge (R)

REGIONAL VARIATIONS

BBC1 SCOTLAND: 7.30pm **NEW** Films of Scotland 8.00 Holby City 12.25am Scottish Questions, Weather 12.55 BBC News **BBC1 NORTHERN IRELAND:** 10.45pm LOL 11.15 Film 2010 with Claudia Winkleman 11.55 **SPORT** The League Cup

Show 12.55am Sign Zone: See Hear **BBC1 WALES:** 7.30pm Coming Home: Siân Williams 10.45 The Indian Doctor 11.30 Film 2010 with Claudia Winkleman 12.10am **SPORT** The League Cup Show 1.10am BBC News, Weather **BBC2 SCOTLAND:**

7.00pm Nigel Slater's Simple Suppers 7.30 Nigel Slater's Simple Suppers 11.00 Newsnight Scotland, Weather 11.20 Limbo Babies 12.20am RTS Huw Wheldon Lecture 2010 - Science: A Challenge to TV Orthodoxy 1.00 The Foods That Make Billions 2.00-

3.25am BBC News **BBC2 NORTHERN IRELAND:** 7.00pm House on the Hill 7.30 Santer **BBC2 WALES:** 7.00pm Gardeners' World Special **STV:** 10.30pm STV News, Weather 10.40 October Road 11.35 Dating the Enemy 12.00m't Brain Box

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD)
9.00 Football (HD) 10.30 A-League
11.00 Football Asia 11.30 Spanish Football
12.30pm A-League
1.00 Football (HD)
2.30 Football Asia
3.00 Spanish Football
4.00 Football (HD)
5.30 A-League
6.00 Football Asia
6.30 FIFA Futbol Mundial
7.00 Sky Sports News at Seven (HD)
7.30 **MUST-SEE** Football: *The Carling Cup* quarter-final match between Birmingham and Villa, kick-off 7.45pm. (HD)
10.00 You're on Sky Sports!
11.30 FIFA Futbol Mundial
12.00m't Football (HD) 1.30am Total Rugby 2.00 FIFA Futbol Mundial 2.30 You're on Sky Sports! 4.00 Football (HD) 5.30-6.00am FIFA Futbol Mundial

sky SPORTS 2

6.00am Aerobics 6.30 Snow Ride 7.00 WWE: Vintage Collection 8.00 Spanish Football 9.00 Carp Academy 9.30 Asian Tour Golf Show 10.00 Sailing 11.00 Poker (HD) 1.00pm Carp Academy 1.30 Bowls 2.30 Basketball 4.30 Carp Academy 5.00 Watersports World 6.00 European Tour Weekly 7.00 Total Rugby 7.30 **LIVE** Greyhound Racing: *The Essex Vase Final from Romford*. 10.00 The Ultimate Fighter (HD) 11.00 Cricket (HD) 12.00m't Bowls 1.00am The Ultimate Fighter (HD) 2.00-2.30am Cage Fighter

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

6.25pm Master and Commander: The Far Side of the World 9.00 **AVP: Alien Vs Predator 10.45** **PREMIERE** Dogtooth: Satirical drama starring Christos Stergioglou. 12.35-3.35am Maurice

COMEDY CENTRAL (126)

6.00pm Two and a Half Men 7.30 Scrubs 8.30 Two and a Half Men 10.00 The Office: An American Workplace 11.00 Sex and the City 12.10am Two and a Half Men 1.10 South Park 2.10 Grouchy Young Men 2.40 Scrubs 3.40 Two and a Half Men 4.05 Shortcuts Shuffle:

Comedy shorts. 4.20 The King of Queens 5.10 Frasier 6.00-9.00am Teleshopping

DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It? 8.30 How It's Made 9.00 Secret Science of the Secret Service 10.00 Behind Bars 11.00 Frontline Battle Machines with Mike Brewer 12.00m't Deadliest Catch 1.00am Bear Grylls: Born Survivor 2.00 Industrial Revelations: The City of Birmingham. 3.00 World War Two in HD Colour 3.50 How the Universe Works 4.40 Unsolved History 5.30-6.00am How Does That Work?

BBC3 (115)

7.00pm Beyond Walford 8.00 The World's Strictest Parents 9.00 **MUST-SEE** **ConAir 10.45** Family Guy 11.30 Can't Bully Me 12.30am Russell Howard's Good News 1.00 Beyond Walford: Roxy Mitchell 2.00 The World's Strictest

Parents 2.55 Can't Bully Me 3.55 Russell Howard's Good News 4.25-5.25am Kara Tointon: Don't Call Me Stupid

E (136)

7.00pm Hollyoaks 7.30 Friends 9.00 Ugly Betty 10.00 Desperate Housewives 11.00 Natalie Cassidy: Becoming Mum 12.00m't RuPaul's Drag Race 1.00am Scrubs: *JD comes down with appendicitis*. 1.50 Natalie Cassidy: Becoming Mum 2.45 RuPaul's Drag Race 3.30 Reno 911! 3.50 Switched 4.15 Accidentally on Purpose 4.35-6.00am Switched

DAVE (111)

6.40pm Have I Got News for You 7.20 QI 8.00 Top Gear: *Motoring mag*. 9.00 QI 9.40 Mock the Week 10.20 Have I Got News for You 11.00 QI 11.40 Mock the Week 12.20am Have I Got News for You 1.00 Men Behaving Badly 1.40 Pulling 2.10-3.00am Lead Balloon

1 DECEMBER

WEDNESDAY

FULL 7
DAY TV
GUIDE!

sky1

6.00am X-Weighted (R) **7.00** Brainiac: Science Abuse (R)(HD) **8.00** Oops TV (R) **9.00** It's Me or the Dog USA (HD) **10.00** Bones (R)(HD) **11.00** The Fifth File (R) **11.30** Medical Emergency (R) **12.00noon** X-Weighted (R) **1.00pm** UK Border Force (R)(HD) **2.00** Stargate Atlantis (R)(HD) **3.00** Stargate Atlantis (R)(HD) **4.00** Bones (R)(HD) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV (R) **6.30** The Simpsons (R)

7.00 The Simpsons

Lisa becomes attached to a beached whale. Then it dies. (R)(HD)

7.30 Modern Family

Mitchell convinces Jay that one of his old friends could be gay. (R)(HD)

8.00 The Little Couple

Docu following dippy people. (R)(HD)

8.30 Raising Hope

Jimmy's new babysitter turns out to be a former conquest. Uh-oh! (R)(HD)

9.00 Bones

Brennan is caught up in a shoot-out at a local restaurant. (R)(HD)

10.00 The Siege

FILM Political thriller starring Denzel Washington, Bruce Willis and Annette Bening. An FBI agent tries to trace a terrorist cell that is planting bombs in New York. (HD)

12.15am Road Wars

Chris captures a supermarket thief. (R)

1.15 Road Wars (R) **2.10** Inside: Teen Lockdown (R) **3.05** Oops TV (R) **3.30** Lost (R)(HD) **4.20** Sell Me the Answer (R)(HD) **5.10-6.00am** Are You Smarter Than...

1.00am The Jeremy Kyle Show **2.00-**
5.30am The Nightshift **ULSTER:** **10.30**
UTV Live Tonight **11.05** Real Crime with Mark Austin: PC Sharon Beshenivsky - Death on Duty **12.00m't** Brain Box

MTV (350)

7.00pm Hogan Knows Best **8.00** Teen Mom **9.00** Jersey Shore **10.00** Baby High **11.00** World AIDS Day: Me, Myself and HIV **11.30** If You Really Knew Me **12.30am** Teen Mom **2.00** Jersey Shore **3.00-6.00am** All the Hits

SYFY (129)

7.00pm A Town Called Eureka **8.00** **FILM** Paradox: Thriller. **9.40** **FILM** Pandorum: Horror. **11.50** **FILM** Beauty and the Beast **1.30am** Mysterious Ways **2.30** 3rd Rock from the Sun **3.00** Dollhouse **4.00** Quantum Leap **5.00-6.00am** Buffy the Vampire Slayer

FX (164)

7.00pm NCIS **9.00** American Dad! **10.00** Burn Notice **11.00** The Walking Dead **12.00m't** Nip/Tuck **1.00am** Farscape **2.00** Babylon 5: An assassin lies in wait. **3.00-4.00am** ReGenesis

TODAY'S MUST-SEES

**2012**

Sky Movies Premiere/HD, 8pm

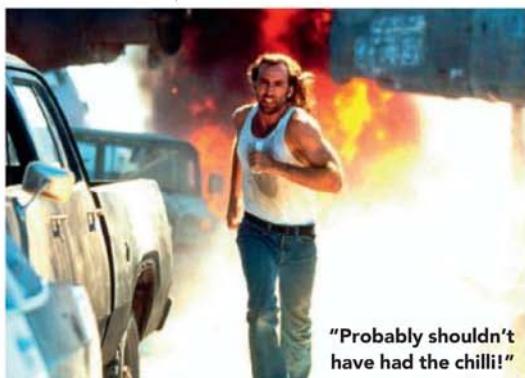
FILM OK, let's not mince words here: if it's a tight script and good acting you're after, better to swerve 2012 completely and look elsewhere – at one point, a character utters the immortal phrase, "You can download my blog!" However, if you're after spectacular explosions and the general feeling that the world really is coming to an end, then look this way! A series of solar eruptions heat up the Earth's core to cataclysmic levels, and only John Cusack and his chums can save the day. Well, actually, they can't, as most of the planet dies... ★★★★

APOCALYPSE!

"This is the last time I fly with easyJet!"

**Birmingham City vs Aston Villa** **Sky Sports 1/HD, 7.30pm**

SPORT Fierce Brum rivals meet for the quarter-finals of the Carling Cup. Expect passion, pride and maybe even a wee bit of football. ★★★★

**Con Air**

BBC3, 9pm

FILM Quite simply, the greatest action film of the last 20 years. John Malkovich leads a hijack on an aeroplane full of convicts, Nicolas Cage is the short-timer out to stop him, and John Cusack the US Marshal on the ground. Ace! ★★★★★



"Nothing beats a Matalan suit for shininess!"

The Apprentice **BBC1, 9pm**

REALITY Lord Sugar must wonder what he's let himself in for, given the calibre of the contestants this series. Thankfully, only seven of them remain, and this week it's boys vs girls in an unusual bargain hunt. Brilliant stuff! ★★★★

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PKR *let's play*

BBC
ONE

6am

6.00am Breakfast 9.15 Rip Off Britain
10.00 Homes Under the Hammer (R)
11.00 Real Rescues 11.45 To Buy or
Not to Buy 12.15pm Bargain Hunt (R)
1.00 BBC News, Weather 1.30 Regional
News, Weather 1.45 Doctors 2.15
Missing (R) 3.00 BBC News, Weather,
Regional News 3.05 CBBC 5.15 Weakest
Link (R) 6.00 BBC News, Weather 6.30
Regional News Programmes, Weather

BBC
TWO

6.00am CBeebies 7.00 CBBC 8.30
CBeebies 11.30 Animal Park: Wild in
Africa (R) 12.00noon Daily Politics
12.30pm GMT with George Alagiah 1.00
Due South (R) 1.45 Car Booty (R) 2.15
Ready Steady Cook (R) 4.45 **LIVE** The
2018 World Cup Bid: *The host nations for*
the 2018 and 2022 football World Cups are
announced. Come on England! 3.45 Flog
It! Ten of the Best 4.30 **LIVE** (R) 5.15
The Hairy Bikers' Cook Off 6.00 Eggheads
6.30 Strictly Come Dancing - It Takes Two

itv 1

5.30am ITV News 6.00 Daybreak 8.30
Lorraine 9.25 The Jeremy Kyle Show
10.30 This Morning 12.30pm Loose
Women 1.30 ITV News 1.55 Regional
News, Weather 2.00 House Gift 3.00
Dickinson's Real Deal (R) 4.00 Midsomer
Murders (R) 5.00 The Alan Titchmarsh
Show: *With music by Duffy.* 6.00 Regional
News, Weather 6.30 ITV News

4

6.15am Sali Mali (R) 6.20 The Treacle
People (R) 6.30 Planet Cook (R) 6.50 Yo
Gabba Gabba (R) 7.15 Freshly Squeezed
7.40 Everybody Loves Raymond (R) 8.40
Frasier (R) 9.10 According to Jim (R) 9.40
Friends (R) 10.05 One Tree Hill 11.00
Smallville 12.00noon Channel 4 News
Summary 12.05pm A Place in the Sun:
Home or Away (R) 1.05 **LIVE** North to
Alaska: *Western adventure.* 3.25
Countdown 4.10 Deal or No Deal 5.00
Come Dine with Me 5.30 Four in a Bed
6.00 The Simpsons 6.30 Hollyoaks

FIVE

6.00am Milkshake! 9.15 The Wright Stuff
10.45 Trisha Goddard (R) 11.45 House
Doctor (R) 12.15pm House Doctor (R)
12.40 Five News 12.50 Ice Patrol (R) 1.45
Neighbours 2.15 Home and Away 2.50
Meals in Moments (R) 3.00 **LIVE** Home
Fires Burning: *Social drama starring*
Barnard Hughes. 5.00 Five News,
Weather 5.30 Neighbours (R) 6.00 Home
and Away (R) 6.25 Live from Studio Five

7pm

7.00 The One Show

Topical stories.

7.30 EastEnders

Glenda is up to her usual tricks when she
finds herself in financial trouble. We
recommend denial for stuff like that.

8.00 Motorway Cops

Officers pursue a thief disrupting rush-
hour traffic in a nicked van. (R)

9.00 Have I Got News for You

Lee Mack hosts the current affairs quiz.

9.30 Live at the Apollo

MUST-SEE More Lee Mack as he
welcomes grizzly comic Rich Hall to the show.

10.00 BBC News, Weather

10.35 Question Time

More politicians being smug.

11.35 This Week

12.30am Sign Zone: Fifa's
Dirty Secrets: Panorama

Allegations of corruption among some
footy bigwigs. (R)

7.00 The Culture Show

Danny Boyle talks about *127 Hours.*

8.00 Nigella Kitchen

More cookery-related innuendo.

8.30 Rick Stein's

Cornish Christmas

The chef joins in the ancient tradition of
wassailing. We've no idea either.

9.00 At Home

with the Georgians

NEW Historian Amanda Vickery
visits some 250 year-olds.
Something like that, anyway.

10.00 Never Mind
the Buzzcocks

MUST-SEE Tim Westwood hosts
the top music quiz.

10.30 Newsnight

11.20 The Culture Show

The show from earlier. (R)

12.20am The Apprentice:
You're Fired!

With Sarah Millican and Alvin Hall.

7.00 Emmerdale

Everyone gets mad cow disease. Maybe.

8.00 Coronation Street

Tyrone makes a discovery. So do we -
Sky's looking promising at the moment.

8.30 I'm a Celebrity

Get Me Out of Here!

Another celebrity faces getting the boot.

10.00 ITV News, Weather

10.35 The Chronicles
of Riddick

FILM Sci-fi adventure sequel to *Pitch*
Black, starring Vin Diesel.
Intergalactic fugitive Riddick encounters a
ruthless race of warriors determined to
take over the universe. The scamps.

12.40am The Zone

7.00 News

7.55 4thought.tv

8.00 Beeny's
Restoration Nightmare

The project to transform a crumbly stately
home comes to an end. Good!

9.00 Secret Millionaire
Changed My Life

Tony Banks revisits the people and places
he helped in Liverpool.

10.00 John Tucker Must Die

FILM Three high school girls
persuade the new girl to break
the heart of the basketball captain.

11.45 3 Minute Wonder:
The Turner Prize 2010

A preview of one of this year's contenders.

11.50 Reaper

Sam is outwitted by an obnoxious man
when he tries to get him to sign a contract
with the Devil. Drat!

12.50am Music on 4:
Mumford & Sons:
Gentlemen of the Road (R)

7.00 Five News at 7

7.30 Highland Emergency

The Rescue 177 team tries to help a man
who has fallen 30ft down a cliff. Ouch!

8.00 Emergency Bikers

The work of Birmingham's paramedic
bikers and the Essex police bike squad.

9.00 NCIS

More crime-related stress as Fornell and
his daughter are threatened. (R)

10.00 Law & Order:
Criminal Intent

A student's apparent suicide turns out to
be murder. Not entirely surprisingly, given
the track record of this show.

10.55 Law & Order

A motivational speaker is pushed from a
hotel balcony. (R)

11.55 Cops in Crisis

Harrowing tales of survival. (R)

12.15am SuperCasino

1.00 Countryfile (R) 1.55 Antiques
Roadshow (R) 2.55 Lost Land of the
Tiger (R) 3.55-6.00am BBC News

1.00-3.55am BBC News

2.45 Surface (R) 3.30 The Jeremy Kyle
Show (R) 4.25-5.30am ITV Nightscreen

1.05 Mumford & Sons 1.25 King of the
Hill 2.10 Coppers 3.05 Our Drugs War
4.00 Unreported World 4.25 Brothers &
Sisters 5.10-5.55am One Tree Hill

4.00 The FBI Files (R) 4.45 House
Doctor (R) 5.10 Michaela's Wild
Challenge (R) 5.35-6.00am
Michaela's Wild Challenge (R)

REGIONAL VARIATIONS
BBC1 NORTHERN IRELAND: 11.35pm Hearts and
Minds 12.05am This Week 12.50 BBC News
1.25am Sign Zone: Fifa's Dirty Secrets: Panorama

Symphony Orchestra 75th Anniversary Concert
11.00pm Newsnight Scotland, Weather

BBC2 NORTHERN IRELAND: 7.00pm Getaways

7.30 Hearts and Minds 10.00 Blas Ceoil 11.20
Party Political Broadcast 11.25 Never Mind the

Sharon Beshenivsky - Death on Duty 11.40 Politics
Now 12.10am Brain Box 1.00 The Jeremy Kyle

Show 2.00-5.30am The Nightshift **ULSTER:**
10.30pm UTV Live Tonight 11.05 Martina Cole's
Lady Killers 12.00m't Brain Box 2.30am UTV

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD)
9.00 Football (HD)
10.30 FIFA Futbol Mundial
11.00 Total Rugby
11.30 Cricket (HD)
12.30pm Football Asia
1.00 Football (HD)
2.30 FIFA Futbol Mundial
3.00 Football Asia
3.30 Football (HD)
5.00 European Tour Weekly
6.00 Football (HD)
7.00 Sky Sports News at Seven (HD)
7.30 Premier League World (HD)
8.00 The Rugby Club (HD)
9.00 Ringside (HD)
10.00 Time of Our Lives: A look back at
snooker in the '80s. Expect Chas & Dave.
11.00-6.00am MUST-SEE: Cricket: The first
day of the second Test between the
Aussies and England in Adelaide. (HD)

sky SPORTS 2

6.00am Aerobics 6.30 Snow Ride 7.00
WWE: Experience (HD) 8.00 Transworld
Sport 9.00 Watersports World 10.00
Bowls 11.00 Racing News 11.30
Aerobics 12.00noon Watersports World
1.00pm Transworld Sport 2.00
Windsurfing 2.30 Total Rugby
3.00 Sports Unlimited 4.00 FIA GT1
World Championship (HD) 5.00
Transworld Sport 6.00 Snow Ride
6.30 FEI Equestrian World
7.00 ATP Tour Uncovered
7.30 **LIVE** Football: *Under 16 footy*
between England and Scotland. (HD)
9.45 Football (HD)
10.45 The Rugby Club (HD)
11.45 Ringside (HD)
12.45pm Sky Sports Classics
1.00 **LIVE** American Football:
Philadelphia vs Houston. (HD)
4.30-5.00am Premier League World (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

7.10pm Big Business: *Comedy drama*
starring Bette Midler. 9.00 *A Mighty
Heart: Fact-based drama* starring Angelina
Jolie. 11.05 *Good Luck Chuck: Comedy*
starring Dane Cook. 1.00-3.10am
Premiere: *Silk: Period drama* starring
Michael Pitt and Keira Knightley.

COMEDY CENTRAL (126)

6.00pm Two and a Half Men 7.30 **Scrubs**
8.30 Two and a Half Men: *Alan thinks
about retiring.* 10.00 Michael McIntyre:
Live & Laughing 11.20 Sex and the City
12.30am Two and a Half Men 1.30 South

Park 2.30 *Rules of Engagement* 3.25
Scrubs 4.20 *The King of Queens* 5.10
Frasier 6.00-9.00am *Teleshopping*

DISCOVERY (520)

6.00pm *Mythbusters* 8.00 *How Do
They Do It?* 8.30 *How It's Made* 9.00
Wheelie Dealers 10.00 *Swamp Loggers*
11.00 *Death Machines* 12.00m't
Deadliest Catch 1.00am *Bear Grylls:
Born Survivor* 2.00 *Industrial Revelations*
3.00 *World War Two in HD* Colour 3.50
Raging Planet 4.40 *Unresolved History*
5.30-6.00am *How Does That Work?*

BBC3 (115)

7.00pm *Mad About the House* 8.00
Young Plumber of the Year 9.00 *My
Boyfriend the War Hero* 10.00
EastEnders 10.30 *Russell Howard's Good
News* 11.00 *Family Guy* 11.45 *Freak Like
Me* 12.15am *My Boyfriend the War Hero*
1.15 *Russell Howard's Good News* 1.45

Young Plumber of the Year 2.45 Beyond
Walford: *Roxy Mitchell* 3.45 *Love Me,
Love My Face* 4.45-5.15am *Freak Like Me*

E4 (136)

7.00pm *Hollyoaks* 7.30 **Friends** 9.00 *The
Big Bang Theory* 9.30 *Meet the Parents*
10.00 MUST-SEE: *Misfits* 11.05 *This Is
England '86: Milky and Woody compete
for Lol's affections.* 12.10am *Scrubs: JD*
falls foul of Dr Cox. 1.10 *Misfits* 2.05 *This
Is England '86* 3.00 *Glee* 3.40 *Reno 911!*
4.05 *Being Erica* 4.45-6.00am *Switched*

DAVE (111)

6.30pm *Seaside Rescue* 7.10 *Have I Got
News for You: With Graeme Garden and
Penny Smith.* 7.50 QI: *With Peter
Serafinowicz.* 8.30 *Carpool* 9.00 QI XL
10.00 Mock the Week 10.40 *Have I Got
News for You* 11.20 QI XL 12.20am *Mock
the Week* 1.00 *Have I Got News for You*
1.40 *Pulling* 2.10-3.00am *Lead Balloon*

2 DECEMBER

THURSDAY

FULL 7
DAY TV
GUIDE!

sky1

6.00am X-Weighted (R) **7.00** Brainiac: Science Abuse (R)(HD) **8.00** Oops TV (R) **9.00** It's Me or the Dog USA (HD) **10.00** Bones (R)(HD) **11.00** The Fifth Files (R) **11.30** Medical Emergency (R) **12.00noon** X-Weighted (R) **1.00pm** UK Border Force (R)(HD) **2.00** Stargate Atlantis (R)(HD) **3.00** Stargate Atlantis (R)(HD) **4.00** Bones (R)(HD) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Ops TV (R) **6.30** The Simpsons (R)

7.00 Modern Family

Claire is made to feel inadequate when an old friend visits. (R)(HD)

7.30 The Simpsons

A psychiatrist recommends the family re-homes Santa's Little Helper. (HD)

8.00 Modern Family

The families prepare to woo their partners on Valentine's Day. In other words, they're after some action. (R)(HD)

8.30 The Simpsons

Lisa makes a docu about her family. (R)

9.00 An Idiot Abroad

"Round-headed buffoon" Karl Pilkington arrives in India. (R)(HD)

10.00 Raising Hope

Jimmy tries to baby-proof the house. (HD)

10.30 A League of Their Own

With Michael Owen. (R)(HD)

11.00 Street Striker

The remaining players compete in an obstacle course challenge. (R)(HD)

12.00m't NCIS: Los Angeles

The hunt for the elusive black book continues. (R)(HD)

1.00am Road Wars **1.50** Inside: Predator Task Force **2.40** Oops TV **3.30** Lost **4.20** Sell Me the Answer **5.10-6.00am** Are You Smarter Than a 10 Year Old?

Rewind **ITV1 WALES:** **10.35pm** Wales This Week **11.05** Sharp End **11.35** The Wales Show **12.00m't** River Monsters **12.30am** A Little Piece of Paradise

MTV (350)

7.00pm Hogan Knows Best **8.00** If You Really Knew Me **9.00** Teen Mom **10.00** Jersey Shore **11.00** South Park: Back-to-back eps. **1.00am** Jersey Shore **2.00** South Park **3.00-6.00am** All the Hits

SYFY (129)

7.00pm A Town Called Eureka **8.00** Fact or Faked: Paranormal Files **9.00** Warehouse 13 **10.00** Haven **11.00** **film** The Da Vinci Treasure: Action adventure starring C Thomas Howell. **12.50pm** **film** Hydra: Horror starring Texas Battle. **3.00** Dollhouse **4.00** Quantum Leap **5.00-6.00am** Buffy the Vampire Slayer

FX (164)

7.00pm NCIS **9.00** Family Guy **10.00** Eastbound & Down: Comedy. **10.35** American Dad! **11.05** Family Guy **12.05am** Nip/Tuck **1.05** Farscape **2.05** Babylon 5 **3.05-4.00am** ReGenesis

TODAY'S MUST-SEES



SUPERHEROES!



The swingers' party was quickly losing its appeal



There was always one who had to eat everybody's else's lunch

Live At The Apollo

BBC1, 9.30pm

COMEDY

Thank heavens for the cold nights, because your screens are about to go comedy mad! This week sees Lee Mack hosting Danny Bhoy and brilliant Yank, Rich Hall. ★★★★



Australia vs England

Sky Sports 1/HD, 11pm

SPORT

The Ashes head to Adelaide where, in 2006, England racked up 551-6 in their first innings and still managed to lose the Test! They won't make that mistake again, right, chaps? ★★★★

Misfits

E4, 10pm

DRAMA

It's not often a show comes back for a second series that lives up to the first, but they've only and gone and done it right here! So far, this series has been cracking! And it continues tonight with a new bloke – Ollie – starting his community service with the bunch of misfits. Environmental protester by day, by night he has the power to teleport – surely one of the best superpowers there can be? The gang also find themselves in desperate need of the mysterious masked misfit as Kelly is kidnapped. ★★★★

Never Mind

The Buzzcocks

BBC2, 10pm

COMEDY

Tim Westwood is guest host tonight, joined by JLS, Wiley, funnywoman Holly Walsh and singer Russell Watson. ★★★★

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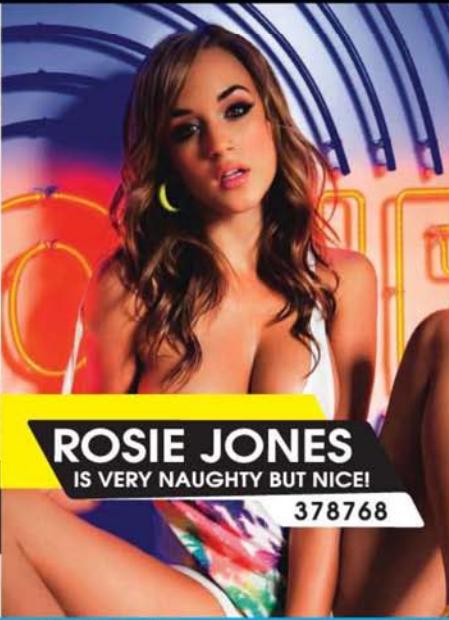
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Big Bang Theory	374497	Step Brothers - Boats N Hoes	377007
Stop The Pidgeon	375776	Hawaii Five-O	377287
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Top Gear	373808	Roobarb and Custard	372164
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Nat (19) MIDLANDS/UK
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Lily, UK (40)
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Lee, 20 Leeds
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Daze, anywhere UK
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Beth, North East (38)
Lets have some fun
Get my hot pix...text
BETH38 to 68889



Lib, NORTH WEST (21)
Get my hot pix...and HOT VIDEOS...text
LIB to 68889



Nici, LANCS 38 and HOT!
Get my hot pix...text
NICI to 68889



Leah, London/UK (19)
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LEAH to 68889



Tani, South West/UK (43)
Get my hot pix...text
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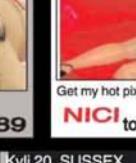
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18+. This is NOT a subscription service. Standard network charges apply to messages sent. Your mobile should be able to send and receive MMS photos and videos. Texts billed at £1.50 per message. Meetings not implied or guaranteed. MMM Ltd Helpline: 0844 824 7446 PO Box 55766 London E14 1DT



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Get one vid for just 1p. Other items on site are charged at £3 for 3 videos, £1.50 for 3 pics, charged per page, pay only for what you view, games and tones priced individually. Messages to 81833 charged at standard network rate. 16+ only. Send Stop to 81833 to stop service. Provided by BS Mobile PO Box 2952, London, WC1N 3XX. Help tel - 0870 100 1024, help@blingmob.com

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FREE SEXY MOBILE VIDEO For Every Reader!

TEXT: SEXY To: 84455

SMALL PRINT

*There is NO CHARGE to receive the movie.

18+. Mags sent to 84455 max 12p. FTXT support@bt.com. Help 0870 905204. Stop? text stop to 84455. Chat mag cost £1.50. We may send you free promotional and/or service messages.

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TEXT CHAT

1P SEXY MOVIES

VIDS UPDATED WEEKLY

MIN SPEND £1.50

Men: Text 'mwall' to 88199
Women: Text 'wwall' to 88199
Gay: Text 'gwall' to 88199

25p per msg sent/recvd.

Men: Text 'mpea' to 88199
Women: Text 'wpea' to 88199
Gay: Text 'gpea' to 88199

MIN SPEND £1.50

TEXT CHAT!

**women text: ewall
men text: mwall
gay text: gwall**

to: 69866

FREE FOR WOMEN

1st 5 mags FREE, £1.50 for 5 mags sent/recvd thereafter.

18+ only. Helpdesk 0844 944 0002. Standard network charges apply. Women: Network charges only. Men/Gay: Join for 10p per msg for 1st 15 mags sent/recvd; 25p thereafter. Pic mags cost £1.50 each. This is a subscription service, costing 25p per msg sent/recvd until you send STOP to 88199. SP: X-On.

RELAX & GET SEXY

Amazing SEXY TEXT hook up with local girls to relieve your stress x See our lovely pics now on your mobile xxx

TEXT EASY TO 67111

SEXY TEXT EASY AND QUICK

Hot girls at home always ready & sexy FOR YOU! Text in now for girls pics -a great time guaranteed, full satisfaction xxx

TEXT KISS TO 67111

LL PO6538 NN27YN. Help 0844 3160265. 18+. SMS cost £1.50 each - standard network charges apply. To stop text 'STOP' to 69469.

LL PO6538 NN27YN. Help 0844 871 4497. 18+. SMS cost £1.50 each - standard network charges apply. To stop text 'STOP' to 69469.

GET LIVE & SEXY WITH NAUGHTY GIRLS AT HOME

**MATURE LADIES**
Hot mature Ladies know how to get sexy with you! They're always willing to please new callers xxx

0909 897 2053

**45P SWEET 18'S +**
So very adventurous & fit bodies wanting men of all ages for adventure, fun and thrills
xxx xxx xxx xxx

0908 145 2545

**45P SEXY GIRLS**
Ask what you really want and we will do everything you like. You'll come back for more! xxx

0908 145 0576

**SEXY & MATURE OPEN ALL HOURS**
Experienced Ladies - do you need it hard & fast? Well just call these tasty oldies - best get off in the UK!

0909 897 9111

**40+ YEAR OLD SHARON**
Ladies at home that are mature in so many special ways. Chat now to mature women xxx

0909 897 9416

**45P GIRLFRIENDS JUST FOR YOU**
Sexy babes at home desperate to be your girlfriend & to please you in everyway possible.

0908 145 0581

**MATURE WOMAN CRAVES ATTENTION**
We just know how to get you off as fast as you want. Superfast, mind-blowing satisfaction from very experienced fit ladies xxx

0909 897 0888

**45P GIRLS AT HOME**
Live flirty chat Single girls who do all the work. Total pure sexy 1on1 xxx

0908 145 0580

**45P ON THE PULL**
The baddest girls in town who just adore horny guys looking for a quick fix and some adult relief at anytime
PER MINUTE xxx xxx

0908 145 0575

**45P GORGEOUS SINGLES**
Casual singles seriously up for it with as many guys as you can believe. 30 secs to serious heaven when you just need to get off

0909 897 9412

**45P SUPERFAST RELIEF!**
For a super fast sexy relief that is mind blowing, just give us a call. Girls giving live sexy 121!

0909 897 9442

**JUST 18+**
18+ hot, alone & ready to excite! Really naughty girls behaving badly live just for your pleasure. Call now talk to girls live xxx

0909 897 2038

**45P FAST RELIEF**
Get ready to enjoy yourself. Cheap get off with lovely sexy girls desperate to relieve you and their own urges xxx

0908 145 0579

**45P COLLEGE GIRLS 18+**
Looking for horny guys to fill their recreation time! Eager and willing to please, all guys needed urgently for the ultimate get off today x

0908 145 0582

**45P I'LL BLOW YOUR MIND**
Fun thrills that'll blow your mind! If you want it live call now for the ultimate relief xxx

0908 145 2543

**45P VERY BROAD MINDED**
Live sexy girls over 18 who do not mess around and get straight down to action! serious xxx

0909 897 9333

**45P HAVE FUN & RELAX**
Up close and personal - lovely girls at home just eager to go live with you 1 on 1 x

0908 145 2542

**45P BEAUTIFUL LADIES**
Lovely larger ladies who just want to give pleasure. 100% private and offering a real sexy adult time

0909 897 9405

**45P HUNGRY HOUSEWIVES**
Just hungry for a wicked time. These gorgeous ladies just looking for an erotic time. 100% totally sexy stimulation xxx

0909 897 9447

**45P SEXY GIRLS AT HOME**
Beautiful funny intelligent sexy girls with lots of energy that needs to be used now x

0908 145 2544

**45P VERY HOT LADIES**
Girls that are at home that want any guys any age to totally satisfy. Horny sexy 121 x

0909 897 0612

**45P DIVORCED & SEXY**
Very bad women who will do all you ask anytime. Various horny partners needed urgently xxx

0908 145 0577

**45P HOT & SEXY**
When you just cannot wait and need a real fast quickie session. Call now for relief

0908 145 0578

**SEXY TEXT WITH LOCAL GIRLS - JUST TEXT 'EASY' TO 69469
FOR CASUAL SEXY DATING VISIT www.DATES-4U.co.uk**

Nuts PUB AMMO

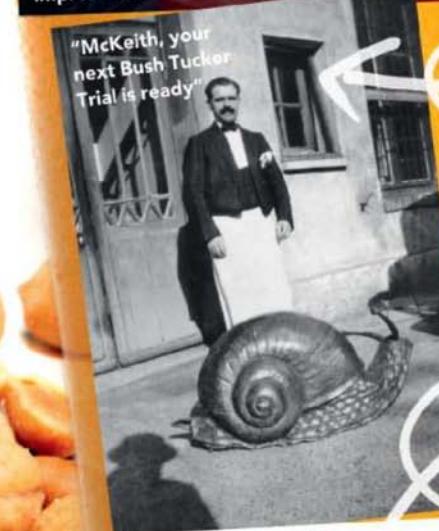
A frothy-headed pint of pure fact!



"We're just checking for hits"



"Check out my Prince Charles impression"



"McKeith, your next Bush Tucker Trial is ready"



"Orange? No, I'm brown"

Man City scored a record low of just ten goals at home in the 2006/07 Premier League season, including an eight-match scoreless run to end the season. Even so, they finished in 14th spot

In 1981, US President Ronald Reagan tried to reclassify tomato ketchup as a vegetable to meet school dinner nutritional standards.

Frankie Boyle quit as a columnist for the *Daily Record* in 2009 because they wouldn't print any of his Michael Jackson jokes after the singer's death

Fournier gangrene is a rare condition that only affects the male genitals.

The A-Team actors Bradley Cooper and Rampage Jackson have appeared together on film once before - in the gory 2008 horror *Midnight Meat Train*, which also starred Vinnie Jones.

The world's largest snail, known as the false trumpet, can grow up to 91cm long and weigh 18kg

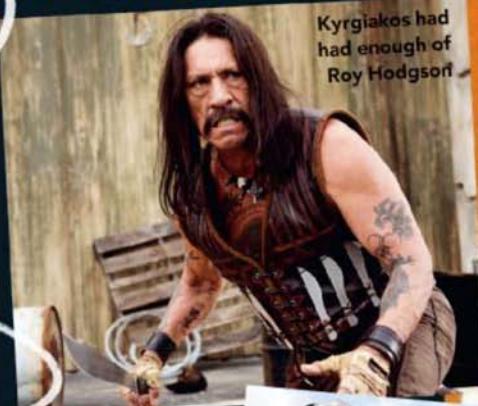
Dance music DJ Eric Prydz is afraid of flying, and had to cancel a 2008 tour of Australia when he had a panic attack shortly before his plane took off.

In addition to the famous Chocolate Orange, Terry's once made a Chocolate Apple, which was phased out in the 1950s due to its unpopularity.

The fleshy protuberance on the top of a turkey's beak is called a snood.

The world's most powerful supercomputer, China's Tianhe-1A, can perform 2,500 trillion calculations per second.

PUB AMMO ON... MACHETE



Kyrgiakos had had enough of Roy Hodgson



"How many bullets? Nun"

- The character of Machete appears in all three of director Robert Rodriguez's *Spy Kids* films.

- Oscar-winning actor Chris Cooper turned down a role in the film, calling the script, "The most absurd thing I've ever read."

- Machete** was one of the fake trailers in Quentin Tarantino's *Grindhouse*.

- Danny Trejo, who plays the lead role, was the lightweight and welterweight boxing champion in San Quentin jail, where he was serving time for armed robbery.

- Machete** is in cinemas from Friday 26 November.



Optimus Prime had yet again drunk Superman under the table

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